

DECEMBER 2023 • INDEPENDENT LIVING Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h2>December 2023</h2> <p><i>Events may be rescheduled or cancelled due to low turnout or inclement weather.</i></p>			<p>Tune to Channel 103 for daily and upcoming events</p> <p>Inside/Outside/Religious Activities</p>	<p>Room Legend</p> <p>EC - Event Center L - Lounge 7W - 7th Floor Conference Rm PVD - Private Dining Room AR - Aerobics Room PR - Prayer Room SOL - Solarium Bar - Bar</p>	<p>1</p> <p>9:00 Coffee Talk (B) 11:00 Exercise w/ Leo (EC)</p> <p>2:00 Tree Lighting Ceremony (L) w/ Ginny Croft at the piano</p> <p>6:15 Houston Ballet "Jubilee of Dance"</p> <p>7:30 Classic Movie Night (C3) "Holiday Inn"</p>	<p>2</p> <p>10:00 Card Craft (Craft Rm)</p> <p>1:00 Canasta (Lounge) 2:00 Needlework (3rd Floor)</p> <p>7:00 Bingo (EC)</p> <p>8:00 Houston Symphony Livestream (C3)</p>
<p>3</p> <p>11:30—1:30 Sunday Brunch (Main Dining Room)</p> <p>1:30 Houston Symphony "Andres Returns"</p> <p>6:00 Episcopal Worship w/ Father George (EC)</p> <p>7:00 Sunday Night Cinema (C3) Movie TBA</p>	<p>4</p> <p>10:00 Bus trip to the NRG to vote</p> <p>11:00 Exercise w/ Leo (EC) 1:00 Line Dance w/ Gayle (AR) 1:00 Brazos Needle Group (L)</p> <p>2:00 Presentation by Amazing Place "Understanding the Dementia Umbrella" (EC)</p>	<p>5</p> <p>10:00 Exercise w/ Leo (AR)</p> <p>10:30 Kroger Grocery</p> <p>1:30 Walgreens Senior Day</p> <p>3:00 Ginny Croft's 58th Annual Traditional Carol Sing-a-Long (L)</p>	<p>6 Constitution Day</p> <p>9:00 Devotions (EC) The Rev. Patrick Miller St. Mark's Episcopal Church</p> <p>10:15 Catholic Communion (PR)</p> <p>11:00 Exercise w/ Leo (EC) 2 PM Character of Faith Biblical Studies</p> <p>2:00 Water Exercise w/ Leo</p> <p>3:00 Wednesday Matinee (C3) "Miracle on 34th Street"</p>	<p>7 Hanukkah Begins at Sunset Pearl Harbor Day</p> <p>10:00 Exercise w/ Leo (EC)</p> <p>10:45 Sing-a-Long (L) "Favorites" w/Louise Frowe</p> <p>7:00 Gulf Coast Concert Band (EC) <i>Beautiful Holiday Music</i></p>	<p>8</p> <p>9:00 Coffee Talk (B) 11:00 Exercise w/ Leo (EC)</p> <p>12:00 The Guild Shop of St. John the Divine <i>Resale Shopping</i></p> <p>3:00 Holiday Movie Party (EC) "Elf" <i>Must wear Green to Enter!</i></p>	<p>9 Christmas Card Day</p> <p>10:00 Card Craft (Craft Rm) 1:00 Canasta (Lounge) 2:00 Needlework (3rd Floor)</p> <p>7:00 Bingo (EC)</p>
<p>10</p> <p>11:30—1:30 Sunday Brunch</p> <p>2:00 Cookie Decorating with the Young Men's Service League (Bar)</p> <p>7:00 South Main Baptist Carolers (L) <i>Ava Laing at the piano</i></p>	<p>11</p> <p>10:00 Shopping at Meyer Park</p> <p>11:00 Exercise w/ Leo (EC) 1:00 Line Dance w/ Gayle (AR) 1:00 Brazos Needle Group (L)</p> <p>2:00 Brazos Towers Therapy Presentation: Preparing for the New Year (EC)</p> <p>4:00 The Village School Jazz Band—Holiday Concert (EC)</p>	<p>12</p> <p>10:00 Exercise w/ Leo (EC) 10:30 Kroger Grocery</p> <p>2:00 Poetry Readings (EC) <i>Bring your favorite poem and enjoy sharing and hearing others</i></p> <p>3:30 Party at the Pool Table <i>Open to everyone!</i></p>	<p>13</p> <p>9:00 Devotions (EC) First Presbyterian Church Advent Service w/ Communion</p> <p>10:15 Catholic Communion (PR)</p> <p>11:00 Exercise w/ Leo (AR)</p> <p>1 PM J's Treat: MFAH</p> <p>1—3 Employee Holiday Party (EC)</p> <p>2 PM Character of Faith Biblical Studies</p> <p>2:00 Water Exercise w/ Leo</p> <p>6:15 River Oaks Light Tour</p>	<p>14</p> <p>10:00 Exercise w/ Leo (EC) 10:45 Sing-a-Long (L) Christmas Carols w/ Ava Laing at the piano</p> <p>2:00 The Longest Night <i>Grief Support</i> (EC) <i>Facilitated by Margaret Desmond & Charles O'Bryant</i></p>	<p>15 Bill of Rights Day</p> <p><i>Sorry, No Coffee Talk Today!</i></p> <p>11:00 Exercise w/ Leo (AR)</p> <p>1 PM—3 PM Resident Holiday Party</p> <p>3:00 Shabbat Service (7W)</p>	<p>16</p> <p>10:00 Card Craft (Craft Rm) 1:00 Canasta (Lounge) 2:00 Needlework (3rd Floor)</p> <p>7:00 Bingo (EC)</p> <p>7:30 Houston Symphony Livestream (C3)</p>
<p>17</p> <p>11:30—1:30 Sunday Brunch (Main Dining Room)</p> <p>3:00 Affinity Carolers (L) w/ resident Anne Brown</p> <p>6:00 Episcopal Worship w/ Father George (EC)</p> <p>7:00 Sunday Night Cinema (C3) Movie TBA</p>	<p>18</p> <p>11:00 Exercise w/ Leo (EC) 1:00 Line Dance w/ Gayle (EC) 1:00 Brazos Needle Group (L) 2 PM Pam Gates, MFAH (EC) "Edouard Vuillard: The Ultimate Decorative Artist of the French Rich & Famous"</p> <p>7:00 Bayou City Singers (EC)</p>	<p>19</p> <p>10:00 Exercise w/ Leo (EC) 10:30 Kroger Grocery</p> <p>2:00 Houston Symphony Musicians Violins (EC)</p> <p>6:15 Pecan Grove Light Tour <i>Refreshments at the Davenport</i></p>	<p>20</p> <p>9:00 Devotions (EC) Advent in Scripture & Song w/ Elaine Adams & Virginia Jacoby</p> <p>10:15 Catholic Communion (PR)</p> <p>11:00 Exercise w/ Leo (EC)</p> <p>2 PM Character of Faith Biblical Studies</p> <p>2:00 Water Exercise w/ Leo</p> <p>4:00 Cook's Corner w/ Chef Paul at the Bar</p> <p>7:00 Movie Group 1st Showing</p>	<p>21 First Day of Winter</p> <p>10:00 Exercise w/ Leo (EC) 10:45 Sing-a-Long (L) w/ Ginny Croft at the piano</p> <p>2:00 Third Thursday w/ Margaret Desmond (7W)</p> <p>5 PM December Birthday Dinner (EC)</p> <p>6:30 Christmas Revels in Concert</p> <p>7:00 Music for Christmas Eve Traditional Christmas Collection CD Composed by Ginny Croft (L)</p>	<p>22</p> <p>9:00 Coffee Talk (B) 10:00 Episcopal Worship (AR) w/ The Rev. David Goldberg</p> <p>11:00 Exercise w/ Leo (EC)</p> <p>3:00 Music of the Season/ Holiday Sing a long with Bob Henschen (EC)</p>	<p>23</p> <p>10:00 Card Craft (Craft Rm) 1:00 Canasta (Lounge)</p> <p>2:00 Needlework (3rd Floor) 2:00 Movie Group 2nd Showing (C3)</p> <p>7:00 Bingo (EC)</p> <p>7:30 Houston Symphony Livestream (C3)</p>
<p>24 Christmas Eve</p> <p>11:30—1:30 Holiday Brunch</p> <p>7:30-10 PM Christmas Eve Service (EC)</p> <p>31 New Years Eve</p> <p>11:30—1:30 Sunday Brunch</p> <p>7-8 PM Ring in the New Year with Bob Inger & the Quiktones (EC)</p>	<p>25 Merry Christmas</p> <p style="text-align: center;">  </p>	<p>26</p> <p>10:00 Exercise w/ Leo (EC)</p> <p>10:30 Kroger Grocery</p> <p>3:00 Video Re-Play of The Senior Follies (EC & C3)</p>	<p>27</p> <p>9:00 Devotions (EC) Rev. Margaret Desmond, Resident</p> <p>9:30 Willow Water Hole</p> <p>10:15 Catholic Communion (PR)</p> <p>11:00 Exercise w/ Leo (EC)</p> <p>2 PM Character of Faith Biblical Studies</p> <p>2:00 Water Exercise w/ Leo</p> <p>3:00 Aroma & Lotion Therapy (PR)</p> <p>7 PM Movie Group Meet Up (Sol)</p>	<p>28</p> <p>10:00 Exercise w/ Leo (EC)</p> <p>10:45 Sing-a-Long (L) w/ Glennie Scott at the piano</p> <p>3:00 Town Hall w/ Scott (EC)</p>	<p>29</p> <p>9:00 Coffee Talk (B) 11:00 Exercise w/ Frances (EC)</p> <p>11:30 Monthly Lunch Bunch Buffalo Grille</p> <p>3:00 Corn Hole Tourney (EC)</p>	<p>30</p> <p>10:00 Card Craft (Craft Rm) 1:00 Canasta (Lounge)</p> <p>2:00 Needlework (3rd Floor) 2:00 Movie Group 2nd Showing (C3)</p> <p>7:00 Bingo (EC)</p>

DECEMBER 2023 • ASSISTED LIVING Activities Calendar

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



December 2023

	<h2>December 2023</h2>					<p>9:00- AM Visits & Deliveries 1 10:30- Daily Chronicles (AR3) 11:00- Exercise w/Leo (EC) 2:00- Tree Light Ceremony (L) <i>w/Ginny Croft at the piano</i> 7:30- Classic Movie Night (CH3) "Holiday Inn"</p>	<p>10:00- Daily Chronicles (AR3 for pickup) 2 10:30- Open Table Games (AR3) 2:30- Library 3rd floor for reading 3:00- Movie (DR3)</p>
<p>10:00- Sunday Devotional (AR3 for pickup) 3 10:30- Sunday Songs (AR3) 2:30- Afternoon Movie (DR3) 4:00- Residents Choice (AR3)</p>	<p>10:00- AM Visits & Delivery 4 11:00- Exercise w/Leo (EC) 1:30- Open Table Games (AR3) 2:00- Presentation by Amazing Place "Understanding the Dementia" 3:00- Movie Matinee (DR3)</p>	<p>9:00- AM Visits & Deliveries 5 10:00- Exercise w/Leo (EC) 11:00- Resident Council Meeting (AR3) 1:30- BINGO (AR3) 3:00- Ginny Croft's 59th Annual Traditional Carol Sing-a-Long (L)</p>	<p>9:00- Devotions (EC) 6 10:15- Catholic Communion (PR) 11:00- Exercise w/Leo (EC) 2:00- Music & Memory (in rooms) 3:00- Wednesday Matinee (C3) <i>"Miracle on 34th Street"</i></p>	<p>9:00- AM visits & Deliveries 7 10:00- Exercise w/ Leo (EC) 10:45- Sing-a-Long (L) 1:30- 1:1 Visits (in rooms) 2:00- Back to Basic Bible Study w/ Chaplin Charles 3:00- Hydration Cart 7:00- Gulf Coast Concert Band (EC)</p>	<p>9:00- AM Visits & Deliveries 8 10:30- Daily Chronicles (AR3) 11:00- Exercise w/ Leo (EC) 2:00- Holiday Craft (AR3) 3:00- Holiday Movie Party (EC) "ELF" <i>Must wear Green to Enter</i></p>	<p>10:00- Daily Chronicles (AR3 for pickup) 9 10:30- Open Table Games (AR3) 2:30- Library 3rd floor for reading 3:00- Movie (DR3)</p>	
<p>10:00- Sunday Devotional (AR3 for pickup) 10 10:30- Sunday Songs (AR3) 2:30- Afternoon Movie (DR3) 4:00- Residents Choice (AR3)</p>	<p>10:00- AM Visits & Delivery 11 11:00- Exercise w/Leo (EC) 1:30- Open Table Games (AR3) 2:00- Brazos Towers Therapy Presentation (EC) 4:00- The Village School Jazz Band- Holiday Concert (EC)</p>	<p>9:00- AM Visits & Deliveries 12 10:00- Exercise w/Leo (EC) 11:00- Daily Chronicles (AR3) 1:00- BINGO (AR3) 2:00- Poetry Readings (EC) 3:30- Party at the Pool Table</p>	<p>9:00- Devotions (EC) 13 10:15- Catholic Communion (PR) 11:00- Exercise w/Leo (EC) 2:00- Music & Memory (in rooms) 3:00- Movie (DR3)</p>	<p>9:00- AM visits & Deliveries 14 10:00- Exercise w/ Leo (EC) 10:45- Sing-a-Long (L) 1:30- 1:1 Visits (in rooms) 2:00- The Longest Night <i>Grief Support (EC)</i> <i>Facilitated by Margaret Desmond & Charles O'Bryant</i></p>	<p>9:00- AM Visits & Deliveries 15 10:30- Daily Chronicles (AR3) 11:00- Exercise w/ Leo (EC) 1PM-3PM Resident Holiday Party</p>	<p>10:00- Daily Chronicles (AR3 for pickup) 16 10:30- Open Table Games (AR3) 2:30- Library 3rd floor for reading 3:00- Movie (DR3)</p>	
<p>10:00- Sunday Devotional (AR3 for pickup) 17 10:30- Sunday Songs (AR3) 2:30- Afternoon Movie (DR3) 4:00- Residents Choice (AR3)</p>	<p>10:00- AM Visits & Delivery 18 11:00- Exercise w/Leo (EC) 1:30- Open Table Games (AR3) 2:00- Pam Gates, MFAH (EC) 3:00- Movie Matinee (DR3) 7:00- Bayou City Singers (EC)</p>	<p>9:00- AM Visits & Deliveries 19 10:00- Exercise w/Leo (EC) 10:30- BINGO (AR3) 2:00- Houston Symphony Musicians (EC)</p>	<p>9:00- Devotions (EC) 20 10:15- Catholic Communion (PR) 11:00- Exercise w/Leo (EC) 2:00- Holiday Songs w/Jon Dameron (DR3) 3:15- Movie (DR3)</p>	<p>9:00- AM visits & Deliveries 21 10:00- Exercise w/ Leo (EC) 10:45- Sing-a-Long (L) 1:30- 1:1 Visits (in rooms) 3:00- Hydration Cart 7:00- Music for Christmas Eve Composed by Ginny Croft (L) <i>Winter Begins</i></p>	<p>9:00- AM Visits & Deliveries 22 10:30- Daily Chronicles (AR3) 11:00- Exercise w/ Leo (EC) 2:00- Cookie Decorating (AR3) 3:00- Music of the Season/ Holiday Sing a long with Bob Henschen (EC)</p>	<p>10:00- Daily Chronicles (AR3 for pickup) 23 10:30- Open Table Games (AR3) 2:30- Library 3rd floor for reading 3:00- Movie (DR3)</p>	
<p>10:00- Sunday Devotional (AR3 for pickup) 24 10:30- Sunday Songs (AR3) 2:30- Afternoon Movie (DR3) 4:00- Residents Choice (AR3)</p>	<p>Merry Christmas Christmas</p>	<p>9:00- AM Visits & Deliveries 26 10:00- Exercise w/Leo (EC) 3:00- Video Re-Play of the The Senior Follies (CH3) Kwanzaa Begins Boxing Day (Canada)</p>	<p>9:00- Devotions (EC) 27 10:15- Catholic Communion (PR) 11:00- Exercise w/Leo (EC) 2:00- Music & Memory (in rooms) 3:00- Aroma Therapy (PR) <i>(please rsvp to Lily)</i> 3:00- Movie (DR3)</p>	<p>9:00- AM visits & Deliveries 28 10:00- Exercise w/ Leo (EC) 10:45- Sing-a-Long (L) 1:30- 1:1 Visits (in rooms) 2:00- Back to Basic Bible Study w/ Chaplin Charles 3:00- Town Hall Meeting (EC)</p>	<p>9:00- AM Visits & Deliveries 29 10:30- Daily Chronicles (AR3) 11:00- Exercise w/ Frances (EC) 3:00- Corn Hole Tourney (EC)</p>	<p>10:00- Daily Chronicles (AR3 for pickup) 30 10:30- Open Table Games (AR3) 2:30- Library 3rd floor for reading 3:00- Movie (DR3)</p>	
<p>10:00- Sunday Devotional (AR3 for pickup) 31 10:30- Sunday Songs (AR3) 2:30- Afternoon Movie (DR3) 4:00- Residents Choice (AR3) New Year's Eve</p>	<p>AR3- Activity Room 3rd floor DR3- Dining Room 3rd floor EC- Event Center 1st floor L- Lounge 1st floor</p>						

DECEMBER 2023 • MEMORY CARE Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h2 style="color: red; font-size: 48px;">December 2023</h2>						<p>9:30 Let's play ball 10:00 One on one visits with walks 11:00 Lunch mealtime visit with Sharon 1:00 Hand massage 3:00 Get ready to "Party" Families arriving at 4:00 pm 3:30 Depart to the Event Center 4:00 Meet & Greet with Families, Caring Friends and Volunteers (EC) Dinner will be served</p> <p style="text-align: right;">1</p>
<p>9:00 Activities provided by staff in the dining Room (Coloring/Puzzles) 10:00 Channel 91 Encore Western Movie 1:00 ME TV retro and activities with staff always available 3:00 Afternoon hydration - Juice 3:30 Devotion and music with Margaret Desmond and/or Dr. Buford Nichols. Visits with Caring Friends to follow</p> <p style="text-align: center;">Sharon Off</p> <p style="text-align: right;">3</p>	<p>9:30 Morning Greeting and delivery of daily chronicle 10:00 Activities available with staff in the dining room 11:30 Lunch "mealtime visit with Sharon" 1:15 One on one visits with walks 2:00 Table games 2:30 Afternoon refreshment 3:00 Conversation and afternoon stroll 4:00 Music appreciation and group gathers for ball toss & stimulation</p> <p style="text-align: right;">4</p>	<p>9:45 Exercise with the group Noodle Ball-Parachute-Basketball 10:30 Zoey, Therapy Dog visit 10:30 Christmas decorating 1:00 One on one visits and walks 2:00 Table games 3:00 Group gathers in the activity room match & sort, puzzles, residents choice with refreshment 4:00 Balloon toss and group gathers for conversation</p> <p style="text-align: right;">5</p>	<p>9:45 Morning stimulation and exercise with music 10:00 Activities available at the bar provided by staff 11:30 Lunch "mealtime with Sharon" 1:00 One on one with walks 2:00 Table games 3:00 Wednesday "Miracle on 34th Street" (CH3) 4:00 Group gathers for Music appreciation and active conversation</p> <p style="text-align: right;">6</p>	<p>9:30 Morning greeting & stimulation packet delivered 10:30 Depart for sing-a-long Favorites with Louise Frowe 1:00 One on one visits 2:00 Dominoes 3:00 Refreshment Horse Race game Activity Room 4:00 Conversation and music at the bar</p> <p style="text-align: center;">Hanukkah Begins</p> <p style="text-align: right;">7</p>	<p>9:45 Morning stimulation and exercise with music 10:15 One on one visits with walks 1:00 One on one continued with walks 2:00 Dominoes 3:00 Group gathers in the activity room match & sort, puzzles, residents choice with refreshment 4:30 Balloon toss and group gathers for conversation prior to dinner</p> <p style="text-align: right;">8</p>	<p>9:00 Enjoy the patio (weather permitting) 9:30 Morning greeting and delivery of daily chronicle 10:00 Activities provided by staff in the dining room (residents choice) ME TV retro tv shows 1:00 One on one visits with walks 2:00 Dominoes 3:00 Afternoon refreshment Table games 4:00 Movie Long Long Trailer</p> <p style="text-align: right;">9</p>
<p>9:00 Activities provided by staff in the dining Room (Coloring/Puzzles) 10:00 Channel 91 Encore Western Movie 1:00 ME TV retro and activities with staff always available 3:00 Afternoon hydration - Juice 3:30 Devotion and music with Margaret Desmond and/or Dr. Buford Nichols. Visits with Caring Friends to follow</p> <p style="text-align: center;">Sharon Off</p> <p style="text-align: right;">10</p>	<p>9:00 ME TV, retro shows 9:00 Activities available with staff Residents choice 1:00 Activities provided by staff in the dining room Television set to westerns -Encore- Ch.91 3:00 VCR Movies available 4:30 Group conversation prior to dinner, with staff leading</p> <p style="text-align: center;">Sharon Off</p> <p style="text-align: right;">11</p>	<p>9:45 Exercise with the group Noodle Ball-Parachute-Basketball 10:30 Zoey, Therapy Dog visit 10:30 Arts & crafts Pine Cone Christmas decorating 1:00 One on one visits and walks 2:00 Table games 3:00 Ginny Croft's 58th annual Traditional Carol sing-a-long (L) 4:00 Balloon toss and group gathers for conversation</p> <p style="text-align: right;">12</p>	<p>9:30 Delivery of Daily Chronicle & stimulation package 10:00 Activities available at the bar provided by staff 11:30 Lunch "mealtime with Sharon" 1:00 One on one with walks 2:00 Table games 3:00 Refreshment and group gathers in activity room 4:00 Ball toss and group gathers for music & conversation</p> <p style="text-align: right;">13</p>	<p>9:30 Morning greeting & stimulation packet delivered 10:30 Depart for sing-a-long Ava Laing Christmas Carols 1:00 One on one visits 2:00 Dominoes 3:00 Refreshment Group gathers activity room for activities Resident's choice 4:00 Conversation and music at the bar</p> <p style="text-align: right;">14</p>	<p>9:45 Exercise with the group Noodle Ball-Parachute-Basketball 10:15 Patio (weather permitting) One on one visits 1PM - 3 PM RESIDENT HOLIDAY PARTY 4:00 Balloon toss and group gathers for conversation</p> <p style="text-align: right;">15</p>	<p>Relaxation on the patio (weather permitting) 9:30 Morning greeting and delivery of daily chronicle 10:00 Activities provided by staff in the dining room (Coloring/Puzzles) 1:00 Western movie (CH 91) 3:00 Afternoon refreshment Activities and conversation with staff Saturday VCR Movies available</p> <p style="text-align: center;">Sharon Off</p> <p style="text-align: right;">16</p>
<p>9:00 Activities provided by staff in the dining Room (Coloring/Puzzles) 10:00 Channel 91 Encore Western Movie 1:00 ME TV retro and activities with staff always available 3:00 Afternoon hydration - Juice 3:30 Devotion and music with Margaret Desmond and/or Dr. Buford Nichols. Visits with Caring Friends to follow</p> <p style="text-align: center;">Sharon Off</p> <p style="text-align: right;">17</p>	<p>9:30 Morning Greeting and delivery of daily chronicle 10:00 Activities available with staff in the dining room 11:30 Lunch "mealtime visit with Sharon" 1:15 One on one visits with walks 2:00 Table games 2:30 Afternoon refreshment 3:00 Conversation and afternoon stroll 4:00 Music appreciation and group gathers for ball toss & stimulation</p> <p style="text-align: right;">18</p>	<p>9:45 Exercise with the group Noodle Ball-Parachute-Basketball 10:30 Zoey, Therapy Dog 10:30 Activity room Bingo 1:00 One on one visits and walks 2:00 Houston Symphony-Violins (EC) 3:00 Group gathers in the activity room match & sort, puzzles, residents choice with refreshment 4:00 Balloon toss and group gathers for conversation</p> <p style="text-align: right;">19</p>	<p>9:30 Delivery of Daily Chronicle & stimulation package 10:00 Activities available at the bar provided by staff 11:30 Lunch "mealtime with Sharon" 1:00 Short story- activity room 2:00 Table games 3:00 Movie Matinee Christmas Movie and Hot Chocolate</p> <p style="text-align: right;">20</p>	<p>9:30 Morning greeting & stimulation packet delivered 10:30 Depart for sing-a-long Ginny Croft 1:00 One on one visits 2:00 Dominoes 3:00 Refreshment Group gathers activity room activities Resident's choice 4:00 Conversation and music at the bar</p> <p style="text-align: center;">Winter Begins</p> <p style="text-align: right;">21</p>	<p>9:45 Morning stimulation and exercise with music 10:15 One on one visits with walks 1:00 Mind joggers/word games 2:00 Table games 3:00 Music of the season/Holiday sing-a-long Bob Henschen (EC) 4:00 Balloon toss and group gathers for conversation</p> <p style="text-align: right;">22</p>	<p>9:00 Enjoy the patio (weather permitting) 9:30 Morning greeting and delivery of daily chronicle 10:00 Activities provided by staff in the dining room (residents choice) ME TV retro tv shows 1:00 One on one visits with walks 2:00 Dominoes 3:00 Afternoon refreshment Table games 4:00 Table conversation and music</p> <p style="text-align: right;">23</p>
<p>9:00 Activities provided by staff in the dining Room (Coloring/Puzzles) 10:00 Channel 91 Encore Western Movie 1:00 ME TV retro and activities with staff always available 3:00 Afternoon hydration - Juice 3:30 Devotion and music with Margaret Desmond and/or Dr. Buford Nichols. Visits with Caring Friends to follow</p> <p style="text-align: center;">Sharon Off</p> <p style="text-align: right;">24</p>	<p>9:00 ME TV, retro shows 9:00 Activities available with staff Residents choice 1:00 Activities provided by staff in the dining room Television set to westerns -Encore- Ch.91 3:00 VCR Movies available 4:30 Group conversation prior to dinner, with staff leading</p> <p style="text-align: center;">Sharon Off</p> <p style="text-align: center;">Christmas</p> <p style="text-align: right;">25</p>	<p>9:30 Morning greeting & delivery of daily chronicle 10:00 Kathy leads morning exercise 10:30 Cornhole 1:00 One on one with walks 2:00 Table games 3:00 Mind joggers and other stimulation 4:00 Living room, ball toss and group conversation</p> <p style="text-align: center;">Kwanzaa Begins Boxing Day (Canada)</p> <p style="text-align: right;">26</p>	<p>9:30 Delivery of Daily Chronicle & stimulation package 10:00 Activities available at the bar provided by staff 11:30 Lunch "mealtime with Sharon" 1:00 One on one with walks 2:00 Table games 3:00 Refreshment and group gathers in activity room 4:00 Ball toss and group gathers for music & conversation</p> <p style="text-align: right;">27</p>	<p>9:30 Morning greeting & stimulation packet delivered 10:30 Depart for sing-a-long with Glennie Scott 1:00 One on one visits 2:00 Dominoes 3:00 Refreshment Group gathers activity room activities resident's choice 4:00 Conversation and music at the bar</p> <p style="text-align: right;">28</p>	<p>9:45 Exercise with the group Noodle Ball-Parachute-Basketball 10:00 One on one visits with walks 1:00 Activity room, short story with Sharon 2:00 Dominoes 3:00 Movie Martinee 4:30 Group gathering for conversation and music</p> <p style="text-align: right;">29</p>	<p>Relaxation on the patio (weather permitting) 10:00 ME TV Shows (Retro TV) 10:00 Activities provided by staff in the dining room (Coloring/Puzzles) Western movie (CH 91) 3:00 Afternoon refreshment Activities and conversation with staff Saturday VCR Movies available</p> <p style="text-align: center;">Sharon Off</p> <p style="text-align: right;">30</p>
<p>9:00 Activities provided by staff in the dining Room (Coloring/Puzzles) 10:00 Channel 91 Encore Western Movie 1:00 ME TV retro and activities with staff always available 3:00 Afternoon hydration - Juice 3:30 Devotion and music with Margaret Desmond and/or Dr. Buford Nichols. Visits with Caring Friends to follow</p> <p style="text-align: center;">Sharon Off</p> <p style="text-align: center;">New Year's Eve</p> <p style="text-align: right;">31</p>	<p style="text-align: center;">January 1</p> <p style="text-align: center;">Work Holiday: New Year's Day</p>					
		<p style="text-align: center;">January 2</p> <p style="text-align: center;">Sharon Off</p>		<p style="text-align: center;">January 3</p> <p style="text-align: center;">Sharon Off</p>		

DECEMBER 2023 • HEALTH CARE CENTER Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<i>December 2023</i>							
Quanda Off 3	Quanda Off 4	7:30 Communal Dining 9:30 Daily Chronicles 9:45 Apple Tree Exercise (2) 10:15 Devotional Reading (2) 10:00 Exercise w/ Leo (EC) 11:30 Communal Dining 3:00 Ginny Croft's 58 th Annual Traditional Carol Sing Alog (L) 4:00 Rolling a New York Pizza Game (2) 5:30 Communal Dining 7:00 TBN CH. 73 Walk Abouts w/ Brazos Angels	5 7:30 Communal Dining 9:00 Devotions (EC) 9:30 Delivering Brain Stimulation Packet 10:00 10:15 Snack, Sip & Chat (2) 10:15 Catholic Communion (PR) 11:00 Motor Skills December IQ (2) 11:30 Communal Dining 1:00 Bible Study 3:00 Wine Down & Whiskey Wednesday Slap Jack card game (2) 5:30 Communal Dining 6:00 Music & Lotion Therapy CD	6 7:30 Communal Dining 9:30 Delivering Brain Stimulation Packet 10:00 Exercise w/ Leo (EC) 10:30 Devotional Reading (2) 10:45 Sing Along w/ Louise Frowe (L) 11:30 Communal Dining 3:30 Thursday Theater w/ Snacks Santa Claus is Comin' to Town (2) 5:30 Communal Dining 6:00 PBS- Ch. 8 7:00 TBN CH. 73 Hanukkah Begins	7 7:30 Communal Dining 9:30 Delivering Brain Stimulation Packet 10:15 Story Cubs (2) 10:30 Devotional Reading (2) 10:45 Swat the Fly (2) 11:00 Penny Ante (2) 11:30 Communal Dining 3:00 Holiday Movie Party "Elf" (EC) 3:00 Design Opportunity (2) Christmas Deco' 5:30 Communal Dining Walk Abouts w/ Brazos Angels	8 7:30 Communal Dining 9:30 Delivering Brain Stimulation Packet 10:15 Story Cubs (2) 10:30 Devotional Reading (2) 10:45 Swat the Fly (2) 11:00 Penny Ante (2) 11:30 Communal Dining 3:00 Holiday Movie Party "Elf" (EC) 3:00 Design Opportunity (2) Christmas Deco' 5:30 Communal Dining Walk Abouts w/ Brazos Angels	9 Quanda Off
Quanda Off 10	11 7:30 Communal Dining 8:00 Make-Up Monday 9:45 Delivering Brain Stimulation Packet 10:00 Monday Facts & Snacks (2) 10:15 Devotional Reading (2) 10:30 Holiday Reminisce (2) 10:45 Lotion Therapy (2) 11:30 Communal Dining 4:00 The Village School Jazz Band (EC) 5:30 Communal Dining 7:00 TBN CH. 73	12 7:30 Communal Dining 9:30 Daily Chronicles 9:45 Apple Tree Exercise (2) 10:15 Devotional Reading (2) 10:00 Exercise w/ Leo (EC) 11:30 Communal Dining 2:00 Poetry Reading (EC) 3:00 NYC Shopping Detective worksheet (2) 5:30 Communal Dining 7:00 TBN CH. 73 Walk Abouts w/ Brazos Angels	13 7:30 Communal Dining 9:00 Devotions (EC) 9:30 Delivering Brain Stimulation Packet 10:00 Fresh Air (Patio) 10:15 Snack, Sip & Chat (2) 10:15 Catholic Communion (PR) 11:00 Motor Skills Secret Holiday Quotes (2) 11:30 Communal Dining 1:00 Bible Study 1:00-3:00 Wine Down & Whiskey Wednesday Go Fish card game (2) 5:30 Communal Dining 6:00 Music & Lotion Therapy CD	14 7:30 Communal Dining 9:30 Delivering Brain Stimulation Packet 10:00 Exercise w/ Leo (EC) 10:30 Devotional Reading (2) 10:45 Sing Along w/ Ava Laing (L) 11:30 Communal Dining 3:30 Thursday Theater w/ Snacks The Little Drummer Boy (2) 5:30 Communal Dining 6:00 PBS- Ch. 8 7:00 TBN CH. 73	15 7:30 Communal Dining 9:30 Delivering Brain Stimulation Packet 10:15 Story Cubs (2) 10:30 Devotional Reading (2) 10:45 Swat the Fly (2) 11:00 Penny Ante (2) 11:30 Communal Dining 1:00-3:00 Open House Party 1 st Floor 5:30 Communal Dining Walk Abouts w/ Brazos Angels	16 7:30 Communal Dining 9:00 Daily Brain Stimulation 9:15 Short Easy Exercise 9:30 Story Cubs (2) 10:00 Christmas Songs Sing Along (2) 11:30 Communal Dining 3:00 Brain Training card game (2) 5:00 Music Therapy CD 5:30 Communal Dining 7:00 Bingo (EC) Caring Friend's	
Quanda Off 17	Quanda Off 18	19 7:30 Communal Dining 9:30 Daily Chronicles 9:45 Apple Tree Exercise (2) 10:15 Devotional Reading (2) 10:00 Exercise w/ Leo (EC) 11:30 Communal Dining 2:00 Houston Symphony Musicians Violins (EC) 3:30 Season's Greetings Detective worksheet (2) 5:30 Communal Dining 7:00 TBN CH. 73 Walk Abouts w/ Brazos Angels	20 7:30 Communal Dining 9:00 Devotions (EC) 9:30 Delivering Brain Stimulation Packet 10:00 Fresh Air (Patio) 10:15 Snack, Sip & Chat (2) 10:15 Catholic Communion (PR) 11:00 Motor Skills Making Peppermint Bark (2) 11:30 Communal Dining 1:00 Bible Study 3:00 Wine Down & Whiskey Wednesday Crazy 8 card game (2) 5:30 Communal Dining 6:00 Music & Lotion Therapy CD	21 7:30 Communal Dining 9:30 Delivering Brain Stimulation Packet 10:00 Exercise w/ Leo (EC) 10:30 Devotional Reading (2) 10:45 Sing Along w/ Ginny Croft (L) 11:30 Communal Dining 3:30 Thursday Theater w/ Snacks Rudolph the Red-Nosed Reindeer (2) 5:30 Communal Dining 6:00 PBS- Ch. 8 7:00 TBN CH. 73 Winter Begins	22 7:30 Communal Dining 9:30 Delivering Brain Stimulation Packet 10:15 Story Cubs (2) 10:30 Devotional Reading (2) 10:45 Swat the Fly (2) 11:00 Penny Ante (2) 11:30 Communal Dining 3:00 Music of the Season/ Holiday Sing Along w/ Bob Henschen (EC) 5:30 Communal Dining Walk Abouts w/ Brazos Angels	23 Quanda Off	
Quanda Off 24	25 Brain Stimulation Packet Available upon request Christmas Parade Merry Christmas Christmas	26 7:30 Communal Dining 9:30 Daily Chronicles 9:45 Apple Tree Exercise (2) 10:15 Devotional Reading (2) 10:00 Resident Council (2) 10:00 Exercise w/ Leo (EC) 11:30 Communal Dining 3:00 Senior Follies (EC & CH. 3) 5:30 Communal Dining 7:00 TBN CH. 73 Walk Abouts w/ Brazos Angels Boxing Day (Canada) Kwanzaa Begins	27 7:30 Communal Dining 9:00 Devotions (EC) 9:30 Delivering Brain Stimulation Packet 10:00 Fresh Air (Patio) 10:15 Snack, Sip & Chat (2) 10:15 Catholic Communion (PR) 11:00 Motor Skills Which What? (Homophones) (2) 11:30 Communal Dining 1:00 Bible Study 3:00 Wine Down & Whiskey Wednesday Snowball Fight (2) 5:30 Communal Dining 6:00 Music & Lotion Therapy CD	28 7:30 Communal Dining 9:30 Delivering Brain Stimulation Packet 10:00 Exercise w/ Leo (EC) 10:30 Devotional Reading (2) 10:45 Sing Along w/ Glennie Scott (L) 11:30 Communal Dining 3:30 Thursday Theater w/ Snacks Holiday w/ Cary Grant 5:30 Communal Dining 6:00 PBS- Ch. 8 7:00 TBN CH. 73	29 7:30 Communal Dining 9:30 Delivering Brain Stimulation Packet 10:15 Story Cubs (2) 10:30 Devotional Reading (2) 10:45 Swat the Fly (2) 11:00 Penny Ante (2) 11:30 Communal Dining 3:00 Corn Hole Tourney (EC) 5:30 Communal Dining Walk Abouts w/ Brazos Angels	30 7:30 Communal Dining 9:00 Daily Brain Stimulation 9:15 Short Easy Exercise 9:30 Story Cubs (2) 10:00 New Years Resolutions (2) 11:30 Communal Dining 3:00 Who's Most Likely To... card game (2) 5:00 Music Therapy CD 5:30 Communal Dining 7:00 Bingo (EC) Caring Friend's	
Quanda Off 31	Sharon H. 12/03 Keith S. 12/14 Ethel S. 12/22						
7:30 Communal Dining 10:00 Daily Chronicles 10:30 Worship Service Streamed 11:00 High or low card game 11:30 Communal Dining 3:00 Movie 5:00 Music Therapy CD 5:30 Communal Dining Caring Friend's New Year's Eve	HAPPY BIRTHDAY						

Any changes to the calendar will be posted on the board. Contact your Activities Coordinators Quanda or Sharon with suggests or questions @ 346.571.2222