



# NOVEMBER 2023 • INDEPENDENT LIVING Activities Calendar

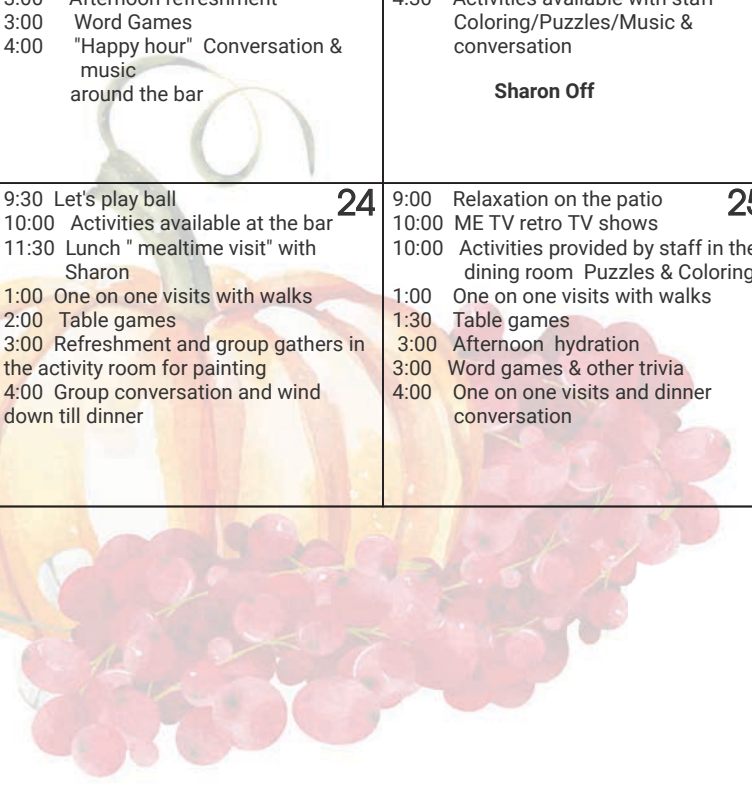
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h2>November 2023</h2> <p>Events may be rescheduled or cancelled due to low turnout or inclement weather.</p>			<b>1 All Saints Day</b> 9:00 <b>Devotions</b> (EC) The Rev. Dr. Wilson Boots 9:30 <b>Costco Bus Trip</b> 10:15 <b>Catholic Communion</b> (PR) 11:00 <b>Exercise w/ Leo</b> (EC)  1:00 <b>Rice Lecture Series</b> 2 PM Character of Faith Biblical Studies 2 PM <b>Water Exercise w/ Leo</b>	<b>2 All Souls Day</b> 9:30 <b>Early Voting at NRG</b> 10:00 <b>Exercise w/ Leo</b> (AR) 10:45 <b>Sing-a-Long</b> (L) "Favorites" w/ Louise Frowe 7:00 <b>Classic Movie Night</b> (C3) "The Mississippi Gambler" Starring Tyrone Power, Piper Laurie, Julia Adams	<b>3 Sandwich Day</b> 9:00 <b>Coffee Talk</b> (B) 11:00 <b>Exercise w/ Leo</b> (EC) 12:30 <b>Catholic Charity Guild Resale Shop</b> Benefiting Houston's Children in Need	<b>4 Don't forget to set your clocks back one hour tonight!</b> 10:00 <b>Card Craft</b> (Craft Rm) 1:00 <b>Canasta</b> (Lounge) 2:00 <b>Needlework</b> (3rd Floor) 7:00 <b>Bingo</b> (EC)
<b>5 Daylight Savings Time Ends</b>  11:30—1:30 <b>Sunday Brunch</b> (Main Dining Room)  6:00 <b>Episcopal Worship w/ Father George</b> (AR)	<b>6 Saxophone Day</b> 11:00 <b>Exercise w/ Leo</b> (AR) 1:00 <b>Line Dance w/ Gayle</b> (AR) 1:00 <b>Brazos Needle Group</b> (L)  3:00 <b>BTBM Senior Follies</b> (EC) 1st Performance 7:15 <b>BTBM Senior Follies</b> (EC) 2nd Performance	<b>7 Election Day</b> 10:00 <b>Exercise w/ Leo</b> (EC) 10:30 <b>Kroger Grocery</b> 2:00 <b>Walgreens Senior Day</b> 3:00 <b>Corn Hole Tourney</b> (EC)	<b>8</b> 9:00 <b>Devotions</b> (EC) Chaplain Charles O'Bryant 10:15 <b>Catholic Communion</b> (PR)  11:00 <b>Exercise w/ Leo</b> (EC) 1:00 <b>J's Treat: MFAH Rice Lecture Series</b> 2 PM Character of Faith Biblical Studies 2:00 <b>Water Exercise w/ Leo</b>	<b>9 World Freedom Day</b> 10:00 <b>Exercise w/ Leo</b> (EC) 10:45 <b>Sing-a-Long</b> (L) w/ Ginny Croft at the piano Patriotic Salute 3:00 <b>Caring Friends Meeting</b> (Sol)  6:30 <b>Stages Theatre</b> "Always ... Patsy Cline" Tickets must be purchased in advance!	<b>10 Veteran's Day Observed</b> 9:00 <b>Coffee Talk</b> (B) 11:00 <b>Exercise w/ Leo</b> (EC) 11:30 <b>Grillin' with Scott</b> Hamburgers & Hot Dogs 3:00 <b>The Fort Bend Brass Big Band &amp; Patriotic Concert</b> (EC)	<b>11 Veteran's Day</b> 10:00 <b>Card Craft</b> (Craft Rm) 1:00 <b>Canasta</b> (Lounge) 2:00 <b>Needlework</b> (3rd Floor) 7:00 <b>Bingo</b> (EC) 8:00 <b>Houston Symphony Livestream</b> (C3) Live from Jones Hall
<b>12 Nat'l French Dip Day</b> 11:30—1:30 <b>Sunday Brunch</b> (Main Dining Room)  1:30 <b>Houston Symphony</b> "Valcuha conducts Rachmaninoff"	<b>13 World Kindness Day</b> 11:00 <b>Exercise w/ Leo</b> (EC) 1:00 <b>Line Dance w/ Gayle</b> (AR) 1:00 <b>Brazos Needle Group</b> (L)  7:15 <b>Book Club</b> (7W) The Secret Chord By Geraldine Brooks Led by Elaine Adams	<b>14</b> 10:00 <b>Exercise w/ Leo</b> (EC) 10:30 <b>Kroger Grocery</b> 2:00 <b>Poetry Readings</b> (EC) Bring your favorite poem and enjoy sharing and hearing others 3:30 <b>Party at the Pool Table</b> Open to everyone! Light refreshments  5:00 <b>November Birthday Dinner</b> (EC) 7:00 <b>Tuesday Theater</b> (C3) "Mona Lisa Smile" Starring Julia Roberts	<b>15</b> 9:00 <b>Devotions</b> (EC) The Rev. Greg Funderburk 10:15 <b>Catholic Communion</b> (PR) 11:00 <b>Exercise w/ Leo</b> (EC) 1:00 <b>Rice Lecture Series</b> 2 PM Character of Faith Biblical Studies 2:00 <b>Water Exercise w/ Leo</b>  3:00 <b>Day of Remembrance</b> (EC)	<b>16</b> 10:00 <b>Exercise w/ Leo</b> (AR) 10:45 <b>Sing-a-Long</b> (L) w/ Ava Laing at the piano 2:00 <b>Third Thursday w/ Margaret Desmond</b> (7W)  3:00 <b>Aroma &amp; Lotion Therapy</b> (PR) Please sign up in the Excursion Book!	<b>17</b> Sorry no coffee talk today! 11:00 <b>Exercise w/ Leo</b> (AR) 10 AM—2 PM <b>Sugar Plum Market</b> (EC)  3:00 <b>Shabbat Service</b> (7W)	<b>18</b> 10:00 <b>Card Craft</b> (Craft Rm) 1:00 <b>Canasta</b> (Lounge) 2:00 <b>Needlework</b> (3rd Floor) 7:00 <b>Bingo</b> (EC) 8:00 <b>Houston Symphony Livestream</b> (C3) Live from Jones Hall
<b>19</b> 11:30—1:30 <b>Sunday Brunch</b> (Main Dining Room)  6:00 <b>Episcopal Worship w/ Father George</b> (EC)	<b>20 Beautiful Day</b> 11:00 <b>Exercise w/ Leo</b> (EC) 11:30 <b>Monthly Lunch Bunch</b> Los Tios (new location in West U) 1:00 <b>Line Dance w/ Gayle</b> (EC) 1:00 <b>Brazos Needle Group</b> (L) 4:00 <b>Cook's Corner w/ Frances</b> (at the Bar) Holiday Appetizers Wine available for purchase.	<b>21</b> 9:30 <b>Docent-led Tour by Gail Peterkin, Ph.D at Rice U Campus</b> Exploration for Everyone: Senan Shaibani Marsh Arabs Project 10:00 <b>Exercise w/ Leo</b> (EC) 10:30 <b>Kroger Grocery</b> 3:00 <b>Brazos Towers Therapy Presentation:</b> Cognition & Brain Health (EC)	<b>22</b> 9:00 <b>Devotions</b> (EC) Carl Williams, BTBM Resident 9:45 <b>Walk in the Park Willow Water Hole</b> 10:15 <b>Catholic Communion</b> (PR) 11:00 <b>Exercise w/ Leo</b> (EC) 2 PM Character of Faith Biblical Studies 2:00 <b>Water Exercise w/ Leo</b> 7:00 <b>Movie Group 1st Showing</b>	<b>23 Thanksgiving Day</b> Thanksgiving Buffet 11:30—1:30 PM 	<b>24 Retail Black Friday</b> Sorry no coffee talk today! 10:00 <b>Episcopal Worship</b> (AR) w/ The Rev. David Goldberg 11:00 <b>Exercise w/ Leo</b> (EC) 2:00 <b>Friday Feature</b> (C3) "Moneyball" Starring Brad Pitt	<b>25</b> 10:00 <b>Card Craft</b> (Craft Rm) 1:00 <b>Canasta</b> (Lounge) 2:00 <b>Needlework</b> (3rd Floor) 2:00 <b>Movie Group 2nd Showing</b> (C3) 7:00 <b>Bingo</b> (EC)
<b>26 Shopping Reminder Day</b> 11:30—1:30 <b>Sunday Brunch</b>	<b>27 Cyber Monday</b> 11:00 <b>Exercise w/ Leo</b> (EC) 1:00 <b>Line Dance w/ Gayle</b> (EC) 1:00 <b>Brazos Needle Group</b> (L)  2:00 <b>Barbie DVD Movie Party</b> (EC) Refreshments will be served. You have to wear something pink to enter!	<b>28 Red Planet Day</b> 10:00 <b>Exercise w/ Leo</b> (EC) 10:30 <b>Kroger Grocery</b>  2:00 <b>Speaker/Presenter:</b> (EC) Dominique Royem, BTBM Marketing "How Music Makes the Musical"	<b>29 Square Dance Day</b> 9:00 <b>Devotions</b> (EC) The Rev. Katie Eichler 10:15 <b>Catholic Communion</b> (PR) 11:00 <b>Exercise w/ Leo</b> (EC) 2 PM Character of Faith Biblical Studies 2:00 <b>Water Exercise w/ Leo</b> 7 PM <b>Movie Group Meet Up</b> (Sol)	<b>30</b> 10:00 <b>Exercise w/ Leo</b> (EC) 10:45 <b>Sing-a-Long</b> (L) w/ Glennie Scott 3:00 <b>Town Hall w/ Scott</b> (EC) 6:15 <b>Dinner Night Out</b> Ouisie's Table—American Restaurant	<b>Room Legend</b> EC - Event Center L - Lounge 7W - 7th Floor Conference Rm PVD - Private Dining Room AR - Aerobics Room PR - Prayer Room SOL - Solarium	<div style="border: 2px dashed black; padding: 5px; text-align: center;"> <b>Tune to Channel 103 for daily and upcoming events</b> </div> <div style="border: 1px solid black; padding: 5px; text-align: center; margin-top: 5px;"> <b>Inside/Outside/Religious Activities</b> </div>

# NOVEMBER 2023 • ASSISTED LIVING Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>November 2023</h1>			<p>9:00- Devotions (EC) <b>1</b>            10:15- Catholic Communion (PR)            11:00- Exercise w/ Leo (EC)            1:30- Music &amp; Memory (In rooms)            3:00- Afternoon Movie (DR3)</p>	<p>9:00- AM visits &amp; Deliveries <b>2</b>            10:00- Exercise w/ Leo (EC)            10:45- Sing a Long (L)            1:30- Hydration Cart            2:00- Back to Basic Bible group (AR2)            3:00- 1:1 Visits (in rooms)            7:00- Classic Movie Night (C3)</p>	<p>9:00- AM Visits &amp; Deliveries <b>3</b>            10:15- Chair Yoga (DR3)            10:30- BINGO (AR3)            2:30- Snack Cart (DR3)            3:00- Friday Movie</p>	<p>10:00- Daily Chronicles Reading (AR3) <b>4</b>            10:30- Open Table Games (AR3)            2:30- Hydration Station (DR3)            3:00- Movie (DR3)</p>
<p>10:00 Sunday Devotional Reading (AR3) <b>5</b>            10:30- Sunday Songs (AR3)            2:30- Afternoon Movie (DR3)            4:00- Residents Choice (DR3) (Assorted puzzles, word games, and coloring all available in AR3)</p>	<p>10:15- Chair Yoga (DR3) <b>6</b>            10:30- Coffee Talk (Bistro)            11:00- Meet at the Juke Box (DR3)            3:00- <b>BTBM Senior Follies</b> (EC)            4:00- Room Visits w/ Activity Cart</p>	<p>9:00- AM Visits &amp; Deliveries <b>7</b>            10:00- Exercise w/Leo (EC)            11:00- <b>Residents Council Meeting</b> (AR3)            1:30- BINGO (DR3)            2:30- Adult Coloring (AR3)            4:00- Books &amp; Magazines (Library 3rd floor)</p>	<p>9:00- Devotions (EC) <b>8</b>            10:15- Catholic Communion (PR)            11:00- Exercise w/ Leo (EC)            1:30- Music &amp; Memory (In rooms)            3:00- Afternoon Movie (DR3)</p>	<p>9:00- AM visits &amp; Deliveries <b>9</b>            10:00- Exercise w/ Leo (EC)            10:45- Sing a Long (L)            2:00- Back to Basic Bible group (AR2)            2:30- <b>Bake Cookies</b> (DR3)            3:00- 1:1 Visits(in rooms)            7:00- Classic Movie Night (C3)</p>	<p>9:00- AM Visits &amp; Deliveries <b>10</b>            10:15- Chair Yoga (DR3)            10:30- BINGO (AR3)            11:30- <b>Grillin' w/ Scott</b> (Bistro)            2:30- Snack Cart (DR3)            3:00- <b>The Fort Bend Brass Big Band &amp; Patriotic Concert</b> (EC)</p>	<p>10:00- Daily Chronicles Reading (AR3) <b>11</b>            10:30- Open Table Games (AR3)            2:30- Hydration Station (DR3)            3:00- Movie (DR3)            8:00- <b>Houston Symphony Livestream</b> (C3)            Veterans Day</p>
<p>10:00 Sunday Devotional Reading (AR3) <b>12</b>            10:30- Sunday Songs (AR3)            2:30- Afternoon Movie (DR3)            4:00- Residents Choice (DR3) (Assorted puzzles, word games, and coloring all available in AR3)            Diwali (Hindi)</p>	<p>10:15- Chair Yoga (DR3) <b>13</b>            10:30- Coffee Talk (Bistro)            11:00- <b>Cooks Corner</b> (DR3)            2:00- Open table games (DR3)            3:00- Monday Matinee (DR3)</p>	<p>9:00- AM Visits &amp; Deliveries <b>14</b>            10:00- Exercise w/Leo (EC)            1:30- BINGO (DR3)            2:30- <b>Poetry Reading</b> (EC)            4:00- Books &amp; Magazines (Library 3rd floor)</p>	<p>9:00- Devotions (EC) <b>15</b>            10:15- Catholic Communion (PR)            11:00- Exercise w/ Leo (EC)            1:30- Music &amp; Memory (In rooms)            3:00- Afternoon Movie (DR3)</p>	<p>9:00- AM visits &amp; Deliveries <b>16</b>            10:00- Exercise w/ Leo (EC)            10:45- Sing a Long (L)            1:30- Hydration Cart            2:00- <b>Third Thursday w/ Margret Desmond</b>            3:00- <b>Aroma &amp; Lotion Therapy</b> (PR)            7:00- Classic Movie Night (C3)</p>	<p>9:00- AM Visits &amp; Deliveries <b>17</b>            10:15- Chair Yoga (DR3)  <b>10AM- 2PM-- Sugar Plum Market (EC)</b></p>	<p>10:00- Daily Chronicles Reading (AR3) <b>18</b>            10:30- Open Table Games (AR3)            2:30- Hydration Station (DR3)            3:00- Movie (DR3)            8:00- <b>Houston Symphony Livestream</b> (C3)</p>
<p>10:00 Sunday Devotional Reading (AR3) <b>19</b>            10:30- Sunday Songs (AR3)            2:30- Afternoon Movie (DR3)            4:00- Residents Choice (DR3) (Assorted puzzles, word games, and coloring all available in AR3)</p>	<p>10:15- Chair Yoga (DR3) <b>20</b>            10:30- Coffee Talk (Bistro)            11:30- <b>Thanksgiving Pizza Party!</b> (DR3)            2:00- Open table games (DR3)            3:00- Monday Matinee (DR3)</p>	<p>9:00- AM Visits &amp; Deliveries <b>21</b>            10:00- Exercise w/Leo (EC)            11:00- Daily Chronicles (AR3)            1:30- BINGO (DR3)            3:00- <b>Brazos Towers Therapy Presentation</b> (EC)</p>	<p>9:00- Devotions (EC) <b>22</b>            10:15- Catholic Communion (PR)            11:00- Exercise w/ Leo (EC)            2:30- <b>Pie tasting</b> (DR3)            3:00- Afternoon Movie (DR3)</p>	<p><b>23</b>              Thanksgiving Day (US)</p>	<p>9:00- AM Visits &amp; Deliveries <b>24</b>            10:15- Chair Yoga (DR3)            10:30- BINGO (AR3)            2:00- <b>Friday Feature</b> (C3) "Moneyball" Starring Brad Pitt</p>	<p>10:00- Daily Chronicles Reading (AR3) <b>25</b>            10:30- Open Table Games (AR3)            2:30- Hydration Station (DR3)            3:00- Movie (DR3)</p>
<p>10:00 Sunday Devotional Reading (AR3) <b>26</b>            10:30- Sunday Songs (AR3)            2:30- Afternoon Movie (DR3)            4:00- Residents Choice (DR3) (Assorted puzzles, word games, and coloring all available in AR3)</p>	<p>10:15- Chair Yoga (DR3) <b>27</b>            10:30- Coffee Talk (Bistro)            11:00- Craft Corner (DR3)            2:00- <b>Hot cocoa Social</b> (DR3)            3:00- Monday Matinee (DR3)</p>	<p>9:00- AM Visits &amp; Deliveries <b>28</b>            10:00- Exercise w/Leo (EC)            11:00- <b>Residents Council Meeting</b> (AR3)            1:30- BINGO (DR3)            2:00- <b>Speaker/Presenter:</b> (EC) Dominique Royem "How music Makes the Musical"</p>	<p>9:00- Devotions (EC) <b>29</b>            10:15- Catholic Communion (PR)            11:00- Exercise w/ Leo (EC)            1:30- <b>Scenic Bus Ride &amp; Treat</b>            3:00- Afternoon Movie (DR3)</p>	<p>9:00- AM visits &amp; Deliveries <b>30</b>            10:00- Exercise w/ Leo (EC)            10:45- Sing a Long (L)            2:00- Back to Basic Bible group (AR2)            2:30- <b>Bake Cookies</b> (DR3)            3:00- 1:1 Visits(in rooms)            7:00- Classic Movie Night (C3)</p>	<p>AR3- Activity Room 3rd floor            DR3- Dining Room 3rd floor            AR2- Activity Room 2nd floor            C3- Channel 3            L- Lounge</p>	

Brazos Tower at Bayou Manor Assisted Living Activities

# NOVEMBER 2023 • MEMORY CARE Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h2 style="color: red;">November 2023</h2>			<p>9:30 Let's play ball 10:00 Activities available at the bar 11:30 Lunch "mealtime visit" with Sharon 1:00 One on one visits with walks 2:00 Table games 3:00 Refreshment and group gathers in the activity room for painting 4:00 Group conversation and wind down till dinner</p>	<p>9:30 Stimulation packet delivered 10:30 Depart to Thursday Sing a long <b>Favorites with Louise Frowe</b> 1:00 One on one visits 2:00 Dominoes 3:00 Refreshment 3:15 Puzzles &amp; Games Activity Room 4:00 One on one visit &amp; walks before Dinner</p>	<p>9:30 Relaxation on the patio Morning conversation and enjoy the weather 10:30 1/1 visits as we prepare for lunch 1:00 Hand massage 2:00 Start projects for Thanksgiving 2:30 Refreshment 3:00 Table games 4:00 "Happy hour" conversation &amp; music around the bar</p>	<p>9:00 Relaxation on the patio 10:00 ME TV retro TV shows 10:00 Activities provided by staff in the dining room Coloring/Puzzles 3:00 Movie available for VCR viewing 4:30 Activities available with staff Coloring/Puzzles/Music &amp; conversation</p> <p style="text-align: center;"><b>Sharon Off</b></p>
<p>9:00 Activities provided by staff in dining room, Coloring/Puzzles 10:00 Channel91 Encore "Western Movie" 3:00 Afternoon hydration-Juice 3:30 Devotion and music with Margaret Desmond and/or Dr. Buford Nichols plus Sunday visits with Caring Friends</p> <p style="text-align: center;"><b>Sharon Off</b></p>	<p>9:30 Monday "Funday" stretch 10:00 Activities available with the staff 11:30 Lunch mealtime visit with Sharon 1:00 One on one visits with walks 2:00 Table games 3:00 Afternoon refreshment 3:30 Cornhole 4:00 Conversation and music around the bar</p>	<p>9:30 Morning greeting &amp; stretch 10:30 Therapy Dog Zoey comes to visit 11:00 Balloon Ball 1:00 One/one visits with walks 2:00 Dominoes 2:30 Afternoon refreshment 3:00 <b>BTBM Senior Follies</b> 4:00 "Happy hour" Conversation &amp; music around the bar</p>	<p>9:30 Let's play ball 10:00 Activities available at the bar 11:30 Lunch mealtime visit with Sharon 1:00 One on one visits with walks 2:00 Bingo 3:00 Refreshment and group gathers in the activity room for painting 4:00 Group conversation and wind down till dinner</p>	<p>9:30 Morning Greeting with individual conversation - Ball Toss 10:30 Depart for Sing a Long <b>featuring Ginny Croft Patriotic Salute</b> 11:30 Lunch - Mealtime visits 1:00 One on one hand massage available 2:00 Dominoes 3:00 Refreshment Activities available at the bar in dining room Puzzles, and Coloring 4:00 One on one visit &amp; walks before Dinner</p>	<p>9:30 Let's play ball 10:00 Activities available at the bar 11:30 Lunch "mealtime visit" with Sharon 1:00 One on one visits with walks 2:00 Table games 3:00 Refreshment and group gathers in the activity room for painting 4:00 Group conversation and wind down till dinner</p>	<p>9:00 Relaxation on the patio 10:00 ME TV retro TV shows 10:00 Activities provided by staff in the dining room Puzzles &amp; Coloring 1:00 One on one visits with walks 1:30 Table games 3:00 Afternoon hydration 3:00 Word games 4:00 One on one visits and dinner conversation</p>
<p>9:00 Activities provided by staff in dining room, Coloring/Puzzles 10:00 Channel91 Encore "Western Movie" 3:00 Afternoon hydration-Juice 3:30 Devotion and music with Margaret Desmond and/or Dr. Buford Nichols plus Sunday visits with Caring Friends</p> <p style="text-align: center;"><b>Sharon Off</b> Diwali (Hindi)</p>	<p>9:00 Relaxation on the patio 10:00 ME TV, retro tv shows 10:00 Residents choice, coloring and puzzles, provided by staff Staff directed activities 3:00 Movie Matinee 4:00 Group conversation around the bar</p> <p style="text-align: center;"><b>Sharon Off</b></p>	<p>9:00 ME TV, retro tv shows 9:30 Let's play ball 10:30 Therapy Dog Zoey comes to visit 11:00 One/one visits 1:00 Hand massage 2:00 Table games 3:00 Activity Room: Sort &amp; Fold, Puzzles and other engaging activity with refreshment 4:00 "Happy hour" conversation &amp; music around the bar</p>	<p>9:30 Let's play ball 10:00 Activities available at the bar 11:30 Lunch mealtime visit with Sharon 1:00 One/one visits with walks 2:00 Afternoon hydration Dominoes 3:00 Group gathers in the activity room for painting 4:30 Conversation and wind down till dinner</p>	<p>9:30 Stimulation packet delivered 10:30 Depart to Thursday Sing a long Favorites with Ava Laing 1:00 One on one visits 2:00 Dominoes 3:00 Refreshment 3:15 Puzzles &amp; Games Activity Room 4:00 One on one visit &amp; walks before Dinner</p>	<p>9:30 Morning greeting &amp; stretch 10:30 Parachute 11:00 Music Appreciation 1:00 One/one visits with walks 2:00 Dominoes 3:00 Afternoon refreshment 3:00 Word Games 4:00 "Happy hour" Conversation &amp; music around the bar</p>	<p>9:00 Relaxation on the patio 10:00 ME TV retro TV shows 10:00 Activities provided by staff in the dining room Coloring/Puzzles 3:00 Movie available for VCR viewing 4:30 Activities available with staff Coloring/Puzzles/Music &amp; conversation</p> <p style="text-align: center;"><b>Sharon Off</b></p>
<p>9:00 Activities provided by staff in dining room, Coloring/Puzzles 10:00 Channel91 Encore "Western Movie" 3:00 Afternoon hydration-Juice 3:30 Devotion and music with Margaret Desmond and/or Dr. Buford Nichols plus Sunday visits with Caring Friends</p> <p style="text-align: center;"><b>Sharon Off</b></p>	<p>9:30 Monday "Funday" stretch 10:00 Activities available with the staff 11:30 Lunch mealtime visit with Sharon 1:00 One on one visits with walks 2:00 Table games 3:00 Afternoon refreshment 3:30 Mind Joggers &amp; other trivia 4:00 Conversation and music around the bar</p>	<p>9:30 Morning greeting &amp; stretch 10:30 Therapy Dog Zoey comes to visit 11:00 Balloon Ball 1:00 One/one visits with walks 2:00 Dominoes 3:00 Afternoon refreshment 3:00 Word Games 4:00 "Happy hour" Conversation &amp; music around the bar</p>	<p>9:30 Let's play ball 10:00 Activities available at the bar 11:30 Lunch mealtime visit with Sharon 1:00 One/one visits with walks 2:00 Snack/hydration Flower arranging for Thanksgiving 3:00 Puzzles &amp; Coloring 4:00 Balloon ball with music then wind down till dinner with group conversation</p>	<p>AM Enjoy a Thanksgiving Day Parade on TV Activities available Puzzles &amp; Coloring <b>HAPPY THANKSGIVING</b> 3:00 Refreshment &amp; Movie</p> <p style="text-align: center;">Thanksgiving Day (US)</p>	<p>9:30 Let's play ball 10:00 Activities available at the bar 11:30 Lunch "mealtime visit" with Sharon 1:00 One on one visits with walks 2:00 Table games 3:00 Refreshment and group gathers in the activity room for painting 4:00 Group conversation and wind down till dinner</p>	<p>9:00 Relaxation on the patio 10:00 ME TV retro TV shows 10:00 Activities provided by staff in the dining room Puzzles &amp; Coloring 1:00 One on one visits with walks 1:30 Table games 3:00 Afternoon hydration 3:00 Word games &amp; other trivia 4:00 One on one visits and dinner conversation</p>
<p>9:00 Activities provided by staff in dining room, Coloring/Puzzles 10:00 Channel91 Encore "Western Movie" 3:00 Afternoon hydration-Juice 3:30 Devotion and music with Margaret Desmond and/or Dr. Buford Nichols plus Sunday visits with Caring Friends</p> <p style="text-align: center;"><b>Sharon Off</b></p>	<p>9:00 Relaxation on the patio 10:00 ME TV, retro tv shows 10:00 Residents choice, coloring and puzzles, provided by staff Staff directed activities 3:00 Movie Matinee 4:00 Group conversation around the bar</p> <p style="text-align: center;"><b>Sharon Off</b></p>	<p>9:30 Morning greeting &amp; stretch Noodle ball and Basketball 10:30 Therapy Dog Zoey comes to visit 11:00 Mind joggers 1:00 One/one visits with walks 2:00 Dominoes 3:00 Activity Room: Sort &amp; fold, Puzzles and other engaging activity with refreshment 4:00 Living room, ball toss and group conversation with music</p>	<p>9:30 Let's play ball 10:00 Activities available at the bar 11:30 Lunch mealtime visit with Sharon 1:00 One/one visits with walks 2:30 Afternoon hydration Short stories with Cathy (AR) 3:00 Let's create our own story (AR) 4:00 Living room, ball toss and group conversation with music</p>	<p>9:30 Morning greeting &amp; stretch 10:30 Depart for sing a long with Glennie Scott 1:00 One/one visits with walks 2:00 Dominoes 3:00 Afternoon refreshment 3:00 Word Games 4:00 "Happy hour" Conversation &amp; music around the bar</p>		

# NOVEMBER 2023 • HEALTH CARE CENTER Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h2>November 2023</h2> <h3>Thankful, Blessed, &amp; Highly Favored</h3> <h4>AMEN AMEN AMEN</h4>			<p>7:30 Communal Dining 9:00 Devotions (EC) 9:30 Delivering Brain Stimulation Packet 10:00 Fresh Air (Patio) 10:15 Snacks, Sip &amp; Chat (2) 10:15 Catholic Communion (PR) 11:00 Fine Motor Skills Picking up cotton balls w/ clothe pins (2) 11:30 Communal Dining 1:00 Bible Study 3:00 Wine Down &amp; Whiskey Wednesday Slap Jack card game (2) 5:30 Communal Dining 6:00 Music &amp; Lotion Therapy CD</p>	<p>7:30 Communal Dining 9:00 Devotions (EC) 9:30 Delivering Brain Stimulation Packet 10:00 Fresh air on the Patio 10:30 Devotional Reading (2) 10:45 Sing Along w/ Louise Frowe (L) 11:30 Communal Dining 3:30 Thursday Theater w/ Snacks Father of the Bride (2) 5:30 Communal Dining 6:00 PBS&gt; Ch. 8 7:00 TBN CH. 73</p>	<p>7:30 Communal Dining 9:30 Delivering Brain Stimulation Packet 10:15 Story Cubs (2) 10:30 Devotional Reading (2) 10:45 Swat the Fly (2) 11:00 Penny Ante (2) 11:30 Communal Dining 3:00 Design Opportunity (2) Thanksgiving Deco' 5:30 Communal Dining Walk Abouts w/ Brazos Angels</p>	<p>7:30 Communal Dining 9:00 Daily Brain Stimulation 9:15 Short Easy Exercise 9:30 Story Cubes (2) 10:00 Fresh Air on the Patio w/ a chance of Chuckles Weather Permitting (P) 11:30 Communal Dining 3:00 Solve the Riddles #2 (2) 5:00 Music Therapy CD 5:30 Communal Dining 7:00 Bingo (EC) Caring Friend's</p>
<p><b>Quanda Off</b> 5</p> <p>7:30 Communal Dining 10:00 Daily Chronicles 10:30 Worship Service Streamed 11:00 High or low card game 11:30 Communal Dining 3:00 Movie 5:00 Music Therapy CD 5:30 Communal Dining Caring Friend's</p>	<p><b>Quanda Off</b> 6</p> <p>7:30 Communal Dining 8:00 Make-Up Monday 9:45 Daily Chronicles 10:15 I Wiggle &amp; Swat the Fly Exercise (2) 10:30 Gamer Life Trivia (2) 11:00 lotion Therapy (2) 11:30 Communal Dining 3:00 Table Games 3:00 Senior Follies (EC) 5:30 Communal Dining 7:00 TBN CH. 73</p>	<p>7:30 Communal Dining 9:30 Daily Chronicles 9:45 Apple Cider Cake Apple Tree Exercise (2) 10:15 Devotional Reading (2) 10:30 Finish the Movie Title (2) 11:30 Communal Dining 3:00 Wild Animals Trivia (2) 3:00 Corn Hole Tourney (EC) 5:30 Communal Dining 7:00 TBN CH. 73 Walk Abouts w/ Brazos Angels</p>	<p>7:30 Communal Dining 9:00 Devotions (EC) 9:30 Delivering Brain Stimulation Packet 10:00 Fresh Air (Patio) 10:15 Snacks, Sip &amp; Chat (2) 10:15 Catholic Communion (PR) 11:00 Fine Motor Skills Picking up pom pom w/ clothespins (2) 11:30 Communal Dining 1:00 Bible Study 3:00 Wine Down &amp; Whiskey Wednesday Life Goals card game (2) 5:30 Communal Dining 6:00 Music &amp; Lotion Therapy CD</p>	<p>7:30 Communal Dining 9:30 Delivering Brain Stimulation Packet 10:00 Fresh air on the Patio 10:30 Devotional Reading (2) 10:45 Sing Along w/ Ginny Croft (L) 11:30 Communal Dining 3:30 Thursday Theater w/ Snacks French Kiss (2) 5:30 Communal Dining 6:00 PBS&gt; Ch. 8 7:00 TBN CH. 73</p>	<p><b>Quanda Off</b> 11</p> <p>7:30 Communal Dining 10:00 Daily Chronicles 10:00 Music Therapy CD 10:30 Go Fish (2) 11:30 Communal Dining 1:00 Afternoon Popcorn (EC) 3:00 Red or Black Card Game 5:00 Music &amp; Lotion Therapy CD 5:30 Communal Dining 7:00 Bingo (EC) Caring Friend's Veterans Day Remembrance Day (Canada)</p>	
<p><b>Quanda Off</b> 12</p> <p>7:30 Communal Dining 10:00 Daily Chronicles 10:30 Worship Service Streamed 11:00 High or low card game 11:30 Communal Dining 3:00 Movie 5:00 Music Therapy CD 5:30 Communal Dining Caring Friend's Diwali (Hindi)</p>	<p>7:30 Communal Dining 8:00 Make-Up Monday 9:45 Delivering Brain Stimulation Packet 10:00 Monday Facts &amp; Snacks (2) 10:15 Devotional Reading (2) 10:30 Social Media Trivia (2) 10:45 Lotion Therapy (2) 11:30 Communal Dining 3:00 Twister w/ a twist (2) 5:30 Communal Dining 7:00 TBN CH. 73</p>	<p>7:30 Communal Dining 9:30 Daily Chronicles 9:45 Candy Apples Apple Tree Exercise (2) 10:15 Devotional Reading (2) 10:30 Brand Names/Slogans Quiz (2) 11:30 Communal Dining 2:00 Poetry Reading (EC) 3:00 Worldly Travel Trivia (2) 5:30 Communal Dining 7:00 TBN CH. 73 Walk Abouts w/ Brazos Angels</p>	<p>7:30 Communal Dining 9:00 Devotions (EC) 9:30 Delivering Brain Stimulation Packet 10:00 Fresh Air (Patio) 10:15 Snack, Sip &amp; Chat (2) 10:15 Catholic Communion (PR) 11:00 Fine Motor Skills Picking up cotton balls w/ spoons Blindfolded 11:30 Communal Dining 1:00 Bible Study 3:00 Wine Down &amp; Whiskey Wednesday Crazy 8's card game (2) 5:30 Communal Dining 6:00 Music &amp; Lotion Therapy CD</p>	<p>7:30 Communal Dining 9:30 Delivering Brain Stimulation Packet 10:00 Fresh air on the Patio 10:30 Devotional Reading (2) 10:45 Sing Along w/ Ava Lang (L) 11:30 Communal Dining 3:30 Thursday Theater w/ Snacks Miracles in Heaven (2) 5:30 Communal Dining 6:00 PBS&gt; Ch. 8 7:00 TBN CH. 73</p>	<p>7:30 Communal Dining 9:30 Delivering Brain Stimulation Packet 10:00 Sugar Plum Market (EC) 10:15 Story Cubs (2) 10:30 Devotional Reading (2) 10:45 Swat the Fly (2) 11:00 Penny Ante (2) 11:30 Communal Dining 3:00 Design Opportunity (2) Thanksgiving Deco' 5:30 Communal Dining Walk Abouts w/ Brazos Angels</p>	<p>7:30 Communal Dining 9:00 Daily Brain Stimulation 9:15 Short Easy Exercise 9:30 Story Cubes (2) 11:00 Family &amp; Friendsgiving Luncheon Location to be determined 11:30 Communal Dining 3:00 Back to School Sensory (2) 5:00 Music Therapy CD 5:30 Communal Dining 7:00 Bingo (EC) Caring Friend's</p>
<p><b>Quanda Off</b> 19</p> <p>7:30 Communal Dining 10:00 Daily Chronicles 10:30 Worship Service Streamed 11:00 High or low card game 11:30 Communal Dining 3:00 Movie 5:00 Music Therapy CD 5:30 Communal Dining Caring Friend's</p>	<p><b>Quanda Off</b> 20</p> <p>7:30 Communal Dining 8:00 Make-Up Monday 9:45 Daily Chronicles 10:15 I Wiggle &amp; Swat the Fly Exercise (2) 10:30 Real Dumb Laws (2) 11:00 lotion Therapy (2) 11:30 Communal Dining 3:00 Table Games 4:00 Cooks Corner (Bar) 5:30 Communal Dining 7:00 TBN CH. 73</p>	<p><b>Quanda Off</b> 21</p> <p>7:30 Communal Dining 9:30 Daily Chronicles 9:45 Apple Tree &amp; Swat the Fly Exercise (2) 10:15 Devotional Reading (2) 10:30 Table Games 11:30 Communal Dining 3:00 Table Games 5:30 Communal Dining 7:00 TBN CH. 73 Walk Abouts w/ Brazos Angels</p>	<p><b>Quanda Off</b> 22</p> <p>7:30 Communal Dining 9:00 Devotions (EC) 9:30 Delivering Brain Stimulation Packet 10:00 Fresh Air (Patio) 10:15 Snacks, Sip &amp; Chat (2) 10:15 Catholic Communion (PR) 11:00 Fine Motor Skills Painting w/ Q-tips (2) 11:30 Communal Dining 1:00 Bible Study 3:00 Wine Down &amp; Whiskey Wednesday 5:30 Communal Dining 6:00 Music &amp; Lotion Therapy CD</p>	<p><b>Quanda Off</b> 23</p> <p>Activities led by Staff Please 7:30 Communal Dining 9:00 Macy Parade 11:30 Communal Dining 5:30 Communal Dining 6:00 PBS&gt; Ch. 8 7:00 TBN CH. 73 Thanksgiving Day (US)</p>	<p><b>Quanda Off</b> 24</p> <p>7:30 Communal Dining 9:30 Delivering Brain Stimulation Packet 10:15 Story Cubs (2) 10:30 Devotional Reading (2) 10:45 Swat the Fly (2) 11:00 Penny Ante (2) 11:30 Communal Dining 3:00 Table Games 5:30 Communal Dining Walk Abouts w/ Brazos Angels</p>	<p><b>Quanda Off</b> 25</p> <p>7:30 Communal Dining 10:00 Daily Chronicles 10:00 Music Therapy CD 10:30 Go Fish (2) 11:30 Communal Dining 1:00 Afternoon Popcorn (EC) 3:00 Red or Black Card Game 5:00 Music &amp; Lotion Therapy CD 5:30 Communal Dining 7:00 Bingo (EC) Caring Friend's</p>
<p><b>Quanda Off</b> 26</p> <p>7:30 Communal Dining 10:00 Daily Chronicles 10:30 Worship Service Streamed 11:00 High or low card game 11:30 Communal Dining 3:00 Movie 5:00 Music Therapy CD 5:30 Communal Dining Caring Friend's</p>	<p>7:30 Communal Dining 8:00 Make-Up Monday 9:45 Delivering Brain Stimulation Packet 10:00 Monday Facts &amp; Snacks (2) 10:15 Devotional Reading (2) 10:30 Real Dumb Laws (2) 10:45 Lotion Therapy (2) 11:30 Communal Dining 3:00 Twister w/ a twist (2) 5:30 Communal Dining 7:00 TBN CH. 73 Hot chocolate Bar w/ Vincent Hall from Compassus</p>	<p>7:30 Communal Dining 9:30 Daily Chronicles 9:45 Apple Tree &amp; Swat the Fly Exercise (2) 10:15 Devotional Reading (2) 10:30 Autumn Quiz (2) 11:30 Communal Dining 3:00 Taco Bell Card Game (2) 5:30 Communal Dining 7:00 TBN CH. 73 Walk Abouts w/ Brazos Angels</p>	<p>7:30 Communal Dining 9:00 Devotions (EC) 9:30 Delivering Brain Stimulation Packet 10:00 Fresh Air (Patio) 10:15 Snack, Sip &amp; Chat (2) 10:15 Catholic Communion (PR) 11:00 Twister w/ a twister (2) 11:30 Communal Dining 1:00 Bible Study 3:00 Wine Down &amp; Whiskey Wednesday Rolling America Card Game (2) 5:30 Communal Dining 6:00 Music &amp; Lotion Therapy CD</p>	<p>7:30 Communal Dining 9:30 Delivering Brain Stimulation Packet 10:00 Fresh air on the Patio 10:30 Devotional Reading (2) 10:45 Sing Along w/ Glennie Scott (L) 11:30 Communal Dining 3:30 Thursday Theater w/ Snacks Pot o' Gold (2) 5:30 Communal Dining 6:00 PBS&gt; Ch. 8 7:00 TBN CH. 73</p>		

Any changes to the calendar will be posted on the board. Contact your Activities Coordinators Quanda or Sharon with suggests or questions @ 346.571.2222