## JUNE 2023 • INDEPENDENT LIVING Activities Calendar

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Room Legend  EC - Event Center L - Lounge 7W - 7th Floor Conference Rm A/L 2R - Assisted Living/Living Rm PVD - Private Dining Room AR - Aerobics Room PR - Prayer Room SOL- Solarium	F	ne 20 heduled or cancelled due to low turnout or		I World Milk Day  10:00 Exercise w/ Leo (EC)  10:45 Sing-a-Long (L)  "Favorites" with Louise Frowe  7:00 Classic Movie Night (C3)  "Hello Dolly"	9:00 Coffee Talk (Bistro) 10:00 Exercise w/ Frances (EC) 10:30 Costco Wholesale Club 1:30 Walk in the Park Evelyn's Park 1:30 Beginning Bridge w/ Patty McGinty 6th Floor Social Area—West Tower	3  10:00 Card Craft (Craft Rm) 1:00 Canasta (Lounge) 1:00 Fresh Popcorn Just outside the EC 2:00 Needlework (3rd Floor) 7:00 Bingo (EC)
4 11:30—1:30 Sunday Brunch (Main Dining Room)  1:15 Houston Ballet Wortham Theater "Divergence"	5 World Environment Day 10:30 Meyer Park Shopping 11:00 Exercise w/ Leo (EC) 1:00 Line Dance w/ Gayle (AR) 1:00 Brazos Needle Group (L) 2:00 Speakers: Matt & Sara Broussard, Founders of the New Toy Museum (EC)	6 10:00 Exercise w/ Leo (EC) 10:30 Kroger Grocery 2:00 Walgreens Senior Day 3:00 Tuesday Theater (EC & C3) "Queen Bees" Popcorn & Sodas in the EC	9:00 Devotions (EC) Chaplain Charles O'Bryant 10:15 Catholic Communion (PR) 11:00 Exercise w/ Leo (EC) 2:00 Water Exercise w/ Leo 2:00 Character of Faith Bible Study (L) 2:30—4:30 Chair Massage w/ Adam West Tower Residents in the PR	8  10:00 Exercise w/ Leo (AR)  10:45 Sing-a-Long (L) with Ava Laing at the piano  12:30 Resale Shopping at the Charity Guild on Lovett Ave.	9 10:00 Exercise w/ Frances (EC) 11:30 Grillin' w/ Scott Pick up and Enjoy in the Bistro! 1:30 Beginning Bridge w/ Patty McGinty 6th Floor Social Area—West Tower 4:30 Cook's Corner w/ Chef Chris Amazing Fruit Carvings at the Bar	10:00 Card Craft (Craft Rm) 1:00 Canasta (Lounge) 1:00 Fresh Popcorn Just outside the EC 2:00 Needlework (3rd Floor) 7:00 Bingo (EC)
11:30—1:30 Sunday Brunch (Main Dining Room) 2:00 Zachary Montasser, BM, MM Violinist (EC) 3 PM—5 PM Art Class w/ Sheryl Woodall (Craft Room)	11:00 Exercise w/ Leo(EC) 11:30 Monthly Lunch Bunch "Acme Oyster House" 1:00 Line Dance w/ Gayle (AR) 1:00 Brazos Needle Group (L) 7:00 BTBM Book Club (7W) An Immense World By Ed Yong Led by Mary Grace Greenwood	10:00 Exercise w/ Leo (AR) 10:30 Kroger Grocery 3:00 Caring Friends Mtg (Sol) 7:00 Tuesday Theater (C3) "Cocoon" A Ron Howard Film	9:00 Devotions (EC) Michelle Shonbeck Executive Director, CCSC 10:15 Catholic Communion (PR) 11:00 Exercise w/ Leo (EC) 1:00 J's Treat: MFAH Masterpieces from the Pearlman Foundation 2:00 Water Exercise w/ Leo 2:00 Character of Faith Bible Study (L)	10:00 Exercise w/ Leo (EC) 10:45 Sing-a-Long (L) with Ginny, Anne & Alan  2:00 Third Thursday w/ Margaret Desmond (7W)  5:00 June Birthday Dinner (EC)	9:00 Coffee Talk (Bistro) 10:00 Exercise w/ Frances (EC)  11:30 Father's Day Celebration Entertainment w/ David La Duca's "Ode to Fathers" (EC) 1:30 Beginning Bridge w/ Patty McGinty 6th Floor Social Area—West Tower 3:00 Shabbat Service (7W)	17  10:00 Card Craft (Craft Rm) 1:00 Canasta (Lounge) 1:00 Fresh Popcorn Just outside the EC 2:00 Needlework (3rd Floor) 7:00 Bingo (EC)
Father's  11:30—1:30 Sunday Brunch (Main Dining Room)  1:15 Houston Ballet Wortham Theater "Swan Lake"	11:00 Exercise w/ Leo (EC) 1:00 Line Dance w/ Gayle (AR) 1:00 Brazos Needle Group (L) 2:00 Speaker: BTBM Resident, Sarah Grace Monroe Family History Cookbook Genealogy & Recipes (EC)	10:00 Exercise w/ Leo (EC) 10:30 Kroger Grocery  2:00 Presentation: (EC) Mobility & Balance w/ Leo  3:30 Party at the Pool Table Open to everyone! Light refreshments!	21 First Day of Summer 9:00 Devotions (EC) Frances Davenport, BTBM Staff 10:15 Catholic Communion (PR) 11:00 Exercise w/ Leo (EC) 2:00 Water Exercise w/ Leo 2:00 Character of Faith Bible Study (L) 3:00 New Kids on the Black (EC) 6:30 Alley Theatre "Servant of Two Masters" 7:00 Movie Watch #1 (C3)	10:00 Exercise w/ Leo (EC)  10:45 Hymn Sing a Long Evelyn & Friends (L)  7:00 Live Entertainment (EC) Bob Inger & The Quiktones	9:00 Coffee Talk (Bistro) 10:00 Exercise via Video Today! EC & Channel 3 1:30 Beginning Bridge w/ Patty McGinty 6th Floor Social Area—West Tower 2:30 Aroma & Lotion Therapy (PR) Please sign up in the Excursion Book!	10:00 Card Craft (Craft Rm) 1:00 Canasta (Lounge) 1:00 Fresh Popcorn Just outside the EC 2:00 Needlework (3rd Floor) 2:00 Movie Watch #2 (C3) 7:00 Bingo (EC)
11:30—1:30 Sunday Brunch (Main Dining Room)  3 PM—5 PM Art Class w/ Sheryl Woodall (Craft Room)	10::00 Exercise w/ Leo (EC) 1:00 Line Dance w/ Gayle (AR) 1:00 Brazos Needle Group (L) 3:00 Trivia Hour (EC) 7:00 Movie Group Meet Up (Sol) "The Peanut Butter Falcon"	10:00 Exercise w/ Leo (EC)  10:30 Kroger Grocery  2:00 Speaker: Pam Gates (EC) Senior Docent at the MFAH "Toulouse-Lautrec"  7:00 Tuesday Theater (C3) "Moulin Rouge"	9:00 Devotions (EC) Rev. John Wurster, St. Philip 10:15 Catholic Communion (PR) 11:00 Exercise w/ Leo (EC) 2:00 Water Exercise w/ Leo 2:00 Character of Faith Bible Study (L) 3:00 Wednesday Cinema (C3) "Field of Dreams"	29 National Statistics Day 10:00 Exercise w/ Leo (AR) 3:00 Town Hall w/ Scott (EC) 6:30 BTBM Dinner Night Out "Fung's Kitchen"	9:00 Coffee Talk (Bistro) 10:00 Episcopal Worship with The Reverend David Goldberg (AR) 10:00 Exercise w/ Frances (EC) 1:30 Beginning Bridge w/ Patty McGinty 6th Floor Social Area—West Tower 2:30 Flower & Cream Artisan Ice Cream Shop Enjoy an afternoon treat!	Tune to Channel 103 for daily and upcoming events  Inside/Outside/Religious Activities

## JUNE 2023 • ASSISTED LIVING Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(EC) Event Cer (AR) Aerobics	June	Activity Room (AR2) (PR) Prayer Room  2023  ibrary always open 3rd Floor Assisted		9:00 Morning Greetings 10:00 Exercise w/Leo (EC) 10:45 Sing along (L) Favorites w/Louise Frowe 1:30 1:1 visits with activity cart 2:30 Dominoes (AC3) 7:00 Classic Movie Night "Hello Dolly"	9:00 Morning Greetings 9:00 Coffee Talk (bistro) 10:00 Exercise w/Frances (EC) 1:30 Music & Memory (AR2) 3:00 Friday Bingo DR3 4:00 Chill & Chat with the group	Activity Room 3rd Floor Resident's choice "On your own" Puzzles Word Games Coloring No Saturday Bingo (DR3) 1:00 Fresh Popcorn (just outside the EC) 7:00 Bingo (EC) (SHARON OFF)
Activity Room 3rd Floor Assorted Puzzles Word Games Coloring Resident's choice Also the library next to the activity room is always open Go in and browse Grab something to read (SHARON OFF)	9:00 Daily facts and snacks (AR3) 10:45 Morning walk w/Lily 11:00 Exercise with Leo (EC) 2:00 Speaker: Matt & Sara Broussard, Founders of the New Toy Museum (EC) 3:00 Afternoon movie (DR3)	10:30 Mail Call 10:30 Therapy Dog "Zoe" on request 11:00 Resident Council Meeting (AR-3)	9:00 Devotions (EC) 7 10:15 Catholic Communion (PR) 11:00 Exercise w/ Leo (EC) 2:00 Aroma Lotion Therapy (Please let Lily know if you would like to reserve a spot) 2:00 Water Exercise w/Leo 3:00 Afternoon movie (DR3)	9:00 Morning Greetings 10:00 Morning Walk w/Lily 10:00 Excercise w/Leo (EC) 10:45 Sing along (L) w/Ava Laing at the piano 1:30 1:1 visits with activity cart 2:30 Dominoes (AC3)	9:00 Coffee Talk (DR3) w/Lily 10:00 Exercise w/Frances (EC) 11:30 Grillin' w/ Scott Bistro pick up or enjoy in the Bistro 1:00 Dominoes w/ Sharon (AR3) 3:00 Movie DR3 "Queen Bees" 4:30 Cook's Corner w/ Chef Chris Beautiful fruit carvings at the Bar 1st floor	Activity Room 3rd Floor Resident's choice "On your own" Puzzles Word Games Coloring 1:00 Fesh Popcorn (just outside the EC) 3:00 Bingo DR3 group 4:00 Let's catch up on conversation (DR3) 7:00 Bingo (EC)
Activity Room 3rd Floor Assorted Puzzles Word Games Coloring Resident's choice Also the library next to the activity room is always open Go in and browse Grab something to read (SHARON OFF)	9:00 Daily facts and snacks (AR3) 10:45 Morning walk w/Lily 11:00 Exercise with Leo (EC) 1:30 Monday manicures (by request) 3:00 Afternoon movie (DR3)  (SHARON OFF)	10:00 Exercise w/Leo EC 10:30 Therapy Dog "Zoe" on request	9:00 Devotions (EC 3) 10:15 Catholic Communion (PR) 11:00 Exercise w/ Leo (EC) 2:00 Water exercise w/Leo 2:15 Discussion group (DR3)     Movies & Stars" Henry Fonda 3:00 Afternoon movie "On Golden Pond" with Henry Fonda, Kathryn Hepburn & Jane Fonda	9:00 Morning Greetings 10:00 Morning Walk w/Lily 10:00 Exercise w/Leo (EC) 10:45 Sing along (L) with Ginny,Anne & Alan 1:30 1:1 visits with activity cart 2:00 Third Thursday w/Margaret Desmond (7W) 3:00 Open Table Games	9:00 Coffee Talk (Bistro) 10:00 Exercise w/Frances (EC)  11:30 Father's Day Celebration An Ode to Fathers (EC)  2:00 Dominoes w/ Sharon (AR3) 3:00 Friday Bingo (DR3) 3:00 Shabbat Service (7W)	Activity Room 3rd Floor 17 Resident's choice "On your own" Puzzles Word Games Coloring 1:00 Fresh Popcorn (just outside the EC) No Saturday Bingo (DR3) 7:00 Bingo (EC) (Sharon Off)
HAPPY FATHER'S DAY Activity Room 3rd Floor Assorted Puzzles Word Games Coloring Resident's choice Also the library next to the activity room is always open Grab something to read (SHARON OFF)	9:00 (AR3) Daily facts and snacks 10:45 Morning walk w/Lily 11:00 Exercise with Leo (EC) 1:30 Floral arranging (DR3) 2:00- Speaker: BTBM Resident. Sarah Grace Monroe Family history cookbook genealogy & recipes (EC) 3:00 Movie (DR3)	10:00 Mail Call 10:00 Exercise w/Leo (EC) 10:30 Therapy Dog "Zoe" on request 1:00 Arts & Crafts (AR3) 2:00- Presentation: (EC) Mobility &	9:00 Devotions with 21 Frances Davenport (EC) 10:15 Catholic Communion (PR) 11:00 Exercise w/ Leo (EC) 1:30 Sip & Paint 2:00 Water exercise w/Leo 3:00 Afternoon movie DR3 3:00 New Kids on the Block (EC)  Summer Begins	9:00 Morning Greetings 10:00 Morning Walk w/Lily 10:00 Exercise w/Leo (EC) 10:45 Sing along (L) 1:30 1:1 visits with activity cart 2:00 Presentation on Mobility & Balance w/Leo (EC) 7:00 Live Entertainment (EC) Bob Iger & The Quiktones	9:00 Coffee Talk (Bistro) 23 10:00 Exercise w/ Frances (EC) 11:00 Daily Chronicles (AR3) 2:00 Dominoes w/Sharon (AR3) 3:00 Friday Feature (DR3)	Activity Room 3rd Floor Resident's choice "On your own" Puzzles Word Games Coloring 1:00 Fresh Popcorn (just outside EC) 3:00 Bingo DR3 group 4:00 Let's catch up on conversation (DR3) 7:00 Bingo (EC)
Activity Room 3rd Floor Assorted Puzzles Word Games Coloring Resident's choice Also the library next to the activity room is always open Go in and browse Grab something to read (SHARON OFF)	9:00 Daily facts and snacks (AR3) 10:00 Exercise with Leo (EC) 10:45 Morning walk w/Lily 1:30 Arts & Crafts (AR3) 3:00 Movie (DR3) 3:00 Trivia Hour (EC)	10:00 Mail Call 10:00 Exercise w/Leo (EC) 10:30 Therapy Dog "Zoe" on request	9:00 Devotions (EC 3) 10:15 Catholic Communion (PR) 11:00 Exercise w/ Leo (EC) 2:15 Discussion group "Movies & Stars" John Travolta 3:00 Afternoon movie (DR3) "Michael" John Travolta, Andie MacDowell & William Hurt 3:00 Wednesday Cinema "Field of Dreams (CH3)	10:00 Exercise w/Leo (EC) 10:45 Morning Walk w/Lily 1:30 Bus Trip for Ice Cream! (Ben & Jerry's) 3:00 Town Hall w/ Scott (EC))	9:00 Coffee Talk (DR3)  10:00 Episcopal Worship with The Reverend David Goldberg (AR)  10:00 Exercise w/ Frances  1-5 PM Miraculous Jewelry Creations by Sandra (EC)  3:00 Friday Movie (DR3)	

## JUNE 2023 • MEMORY CARE Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thu <mark>rsday</mark>	Friday	Saturday
	June	2023		9:30 Relaxation on the patio 10:00 1/1 visits 10:45 Sing along (L) Favorites w/ Louise Frowe 3:00 Daily Afternoon refreshment- Hydration (Activity room) 3:15 Dominoes & other activities as a group (Activity room)	9:30 Morning Greetings w/ delivery of morning Chronicle 10:00 One-one visit & walks 11:00 Activity room - open Table games 3:00 Hydration and refreshment Activity room - Let the Fun begin	Activity room open (resident's choice) Puzzles, coloring & table games  Movie's for VCR available  SHARON OFF
Activity room open (resident's choice)  Movie's for VCR available  3:00 Afternoon hydration  3:30 Devotion and music with Margaret Desmond and/or Dr. Buford Nichols	9:30 Relaxation on the patio 10:30 ME TV, retro old tv shows 1:00 Chronicle and stimulation packet w/ 1/1 visits 3:00 Afternoon hydration and chat Activity room open (group) - Table games 4:30 Wind down until dinner	9:30 Relaxation on the patio 10:00 One/one visits with walks 10:15 Therapy Dog "Zoe" 3:00 Afternoon hydration and chat Activity room open Resident's choice 4:30 Wind down until dinner	9:30 Relaxation on the patio 10:00 ME TV, retro old tv shows 1:00 1/1 visit with walks 3:00 Afternoon hydration & chat 3:15 Bingo 4:00 Beverly Hillbillies	9:30 Relaxation on the patio 10:00 1/1 visits 10:45 Sing along w/Ava Laing at the piano (L) 3:00 Daily Afternoon refreshment- Hydration 3:15 Activities - Puzzles & coloring - Dominoes 4:30 Wind down until dinner with music	9:30 Relaxation on the patio 10:30 ME TV, retro old tv shows 3:00 Afternoon hydration and chat Activity room open (group) 4:30 Wind down until dinner w/music	9:30 Relaxation on the patio 10:00 ME TV, retro old tv shows 1:30 Dominoes Activity Room 3:00 Activity room open (resident's choice)  Movie's for VCR available
Activity room open (resident's choice) Movie's for VCR available  3:00 Afternoon hydration  3:30 Devotion and music with Margaret Desmond and/or Dr. Buford Nichols	9:30 Relaxation on the patio 10:30 ME TV, retro old tv shows 1:00 Chronicle and stimulation packet w/ 1/1 visits 2:30 Afternoon Movie 4:30 Wind down until dinner  SHARON OFF	9:30 Relaxation on the patio 10:00 Enjoy the wild west channel 91 10:15 Therapy Dog "Zoe" 3:00 Afternoon hydration and chat Activity room open 4:30 Wind down until dinner	9:30 Relaxation on the patio 10:00 ME TV, retro old tv shows 1:00 1/1 visits 3:00 Afternoon hydration and refreshment 3:15 Bingo 4:00 Andy Griffith	9:30 Morning Greetings w/ delivery morning Chronicle 10:45 Sing along with Jinny, Ann & Alan (L) 3:00 Daily Afternoon refreshment- Hydration 3:15 Activities - Puzzles & coloring- Dominoes 4:30 Wind down until dinner with music	9:30 Relaxation on the patio 10:30 ME TV, retro old tv shows 11:30 Father's Day Celebration in the solarium (men only) 1:00 Chronicle and stimulation packet w/ 1/1 visits 3:00 Afternoon hydration and chat Activity room open (group) 4:30 Wind down until dinner w/music	Saturday Open  Activity room open (resident's choice)  Movie's for VCR available  SHARON OFF
Activity room open (resident's choice)  Movie's for VCR available  3:00 Afternoon hydration  3:30 Devotion and music with Margaret Desmond and/ or Dr. Buford Nichols  Father's Day	9:30 Relaxation on the patio 10:30 ME TV, retro old tv shows 1:00 Chronicle and stimulation packet w/ 1/1 visits 3:00 Afternoon hydration and chat Activity room open (group) 4:30 Wind down until dinner	9:30 Relaxation on the patio 10:00 1/1 visits w/ walks 10:15 Therapy Dog "Zoe" 3:00 Afternoon hydration and chat Activity Room open 4:30 Wind down until dinner w/music		9:30 Morning Greetings w/ delivery morning Chronicle 10:00 ME TV, retro old tv shows 11:15 1/1 visits 3:00 Daily Afternoon refreshment- Hydration 3:15 Activities - Puzzles & coloring 4:30 Wind down until dinner with music	9:30 Relaxation on the patio 10:30 ME TV, retro old tv shows 1:00 Chronicle and stimulation packet w/ 1/1 visits 3:00 Afternoon hydration and chat Activity room open (group)	1:30 Dominoes Activity Room Activity room open (resident's choice)  Movie's for VCR available
· · · · · · · · · · · · · · · · · · ·	9:30 Relaxation on the patio 10:30 ME TV, retro old tv shows 1:00 Chronicle and stimulation packet w/ 1/1 visits 2:30 Afternoon Movie 4:30 Wind down until dinner  SHARON OFF	9:30 Relaxation on the patio 10:00 Enjoy the wild west channel 91 10:15 Therapy Dog "Zoe" 3:00 Afternoon hydration and chat Activity room open 4:30 Wind down until dinner		9:30 Morning Greetings w/ delivery morning Chronicle 10:00 ME TV, retro old tv shows 11:15 1/1 visits 3:00 Daily Afternoon refreshment- Hydration 3:15 Activities - Puzzles & coloring 4:30 Wind down until dinner with music	9:30 Relaxation on the patio 10:30 ME TV, retro old tv shows 1:00 Chronicle and stimulation packet w/ 1/1 visits 3:00 Afternoon hydration and chat Activity room open (group)	