## DECEMBER 2022 • INDEPENDENT LIVING Activities Calendar

						Covered to the second
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
December  Events may be rescheduled or cand turnout or inclement weather the second se	relied due to low	Room Legend  EC - Event Center L - Lounge  7W - 7th Floor Conference Rm  A/L 2R - Assisted Living/Living Rm  PVD - Private Dining Room  AR - Aerobics Room  PR - Prayer Room  SOL- Solarium  DR - Discovery Room  B - Bistro  C3 - Channel 3	Tune to Channel 103 for daily and upcoming events  Inside/Outside/Religious Activities	10:00 Exercise w/ Leo (AR)  10:45 Sing-a-Long (L) Favorites & Holiday Music w/ Louise Frowe  7:00 Classic Movie Night (C3) "I'll Be Home for Christmas"	9:00 Coffee Talk w/ Kathy (B) 11:00 Exercise w/ Leo (EC) 10:45 Walk Down the Bayou with Friends (meet in the main lobby) 6:30 Rice Symphony Orchestra Concert @ the Morrison Theater—Free Concert Houston Ballet "Jubilee of Dance"	10:00 Card Craft (Craft Rm) 1:00 Afternoon Popcorn Just outside the Event Center 1:00 Canasta (Lounge) 2:00 Needlework (3rd Floor) 4:30 Christmas on the Porch St. Mark's Episcopal Caroling, Cocoa & Wine 7:00 Bingo (EC)
4 11:30—1:30 Sunday Brunch (Main Dining Room)	5 10:00 Exercise w/ Virginia (EC) 10:30 Bus Trip to Costco 1:00 Brazos Needle Group (L) 7 PM Wine & Music Night (EC) "The Nutcracker"	6 Constitution Day  10:00 Exercise w/ Leo (EC)  10:30 Kroger Grocery  2:00 Walgreens Senior Day  7:00 Tree Lighting Ceremony (L)  Music of the Season  with Ginny Croft at the piano	9:00 Devotions (EC) Father Houston Okonma 9:45 Confessions in PR 10:15 Catholic Communion & Anointing (PR) 11:00 Exercise w/ Leo (EC) 1:00 Water Exercise w/ Paula 1:00 The Guild Shop of St. John the Divine Resale Shopping 1:30 Character of Faith Biblical Studies	8  10:00 Exercise w/ Leo (AR)  1-3 FUNctional Fitness w/ FUNctional Pathways (EC) (Please refer to your Banner insert for instruction)  6:00 Holiday Light Tour River Oaks	9:00 Coffee Talk w/ Frances (B) 10:00 Exercise w/ Frances (EC) 10:45 Walk Down the Bayou with Friends (meet in the main lobby) 11:30 Grillin' with Scott & Jim Hamburgers & Hot Dogs 3:00 Ginny Croft 's 57th Annual Christmas Carol Sing-a-Long (L)	10 Human Rights Day 10:00 Card Craft (Craft Rm) 1:00 Afternoon Popcorn 1:00 Canasta (Lounge) 1:30 AD Players "A Texas Carol" 2:00 Needlework (3rd Floor) 7:00 Bingo (EC) 7:30 Houston Symphony Livestream (C3) "Messiah"
11:30—1:30 Sunday Brunch (Main Dining Room) 6:30 Christmas Carolers from S. Main Baptist Church (L) Please join them for a lovely evening	10:00 Exercise w/ Francs (EC) 10:30 Meyer Park Shopping Resident's Choice 10:45 Cook's Corner Making Tamales with Mayra (7W) 1:00 Line Dance w/ Gayle (AR) 1:00 Brazos Needle Group (L) 3:00 Monday Holiday Matinee "Irving Berlin's White Christmas" (C3)	10:00 Exercise w/ Leo (EC) 10:30 Kroger Grocery 11—1:30 PM Mulishi Makirritos Japanese x Mexican Fusion Food Truck Come check it out! 2:00 Houston Tuesday Music Club Chorus (EC) 6:00 Holiday Light Tour Tanglewood	9:00 Devotions (EC) Elaine Adams & Virginia Jacoby Special Music  10:15 Catholic Communion (PR) 11:00 Exercise w/ Leo (AR) 1—3 PM Employee Holiday Party (EC) 1:00 J's Treat, MFAH 1:00 Water Exercise w/ Paula 1:30 Character of Faith Biblical Studies (L)	15 Bill of Rights Day  10:00 Exercise w/ Leo (EC)  10:45 Christmas Sing-a-Long (L) w/ Ava Laing  2:00 Third Thursday w/ Margaret Desmond (7W)  5:00 December Birthday Dinner (EC)	16  10:00 Exercise via video (C3 today)  1-3 PM Resident Holiday Party  3:00 Shabbat Service (7W)  7:00 Gulf Coast Concert Band (EC)  Beautiful Holiday Music	17  10:00 Card Craft (Craft Rm) 1:00 Afternoon Popcorn Just outside the Event Center 1:00 Canasta (Lounge) 2:00 Needlework (3rd Floor) 2:00 Alison Tyler (EC) Christmas Music 7:00 Bingo (EC) 8:00 Houston Symphony Livestream (C3) "Very Merry Pops"
18 Hanukkah  Begins at Sunset  11:30—1:30 Sunday Brunch  (Main Dining Room)  3:00 Holy Ghost Affinity Choir Christmas Music (EC)	10:00 Exercise w/ Frances (EC) 10:30 Brunch at The Buffalo Grille 1:00 Line Dance w/ Gayle (EC) 1:00 Brazos Needle Group (L) 7:00 Bayou City Singers (EC)	10:00 Exercise w/ Leo (AR) 10:30 Kroger Grocery  2-4 PM Santa is Here! (EC) Photography, Family & Fun Refreshments too! 7:00 Holiday Movie (C3) "Miracle on 34th Street"	21 First Day of Winter  9:00 Devotions (EC) The Rev. Dr. Birchfield, First Presbyterian 10:15 Catholic Communion (PR) 11:00 Exercise w/ Leo (EC)  1:00 Water Exercise w/ Paula 1:30 Character of Faith Biblical Studies (L) 6:00 Holiday Light Tour Pecan Grove	10:00 Exercise w/ Leo (EC) 2:00 Tour of the Trees & Tree Judging Contest (community wide) More info to follow 7:00 Music for Christmas Eve St. Thomas' Episcopal Church Choir Christmas Collection DVD Composed by Ginny Croft (L)	9:00 Coffee Talk w/ Frances (B) 10:00 Exercise w/ Frances (EC) 10:45 Walk Down the Bayou with Friends (meet in the main lobby) 7:00 Holiday Movie (C3) "It's a Wonderful Life"	24 Christmas Eve 10:00 St. Mark's Episcopal (PR) 10:00 Card Craft (Craft Rm) 1:00 Afternoon Popcorn 1:00 Canasta (Lounge) 2:00 Needlework (3rd Floor) Sorry, no Bingo Tonight! Time: TBA Christmas Eve Service (EC)
25 Christmas Day  CHRISTMAS  11:30—1:30 Holiday Brunch  (Main Dining Room)	26 Hanukkah Ends At Sunset  10:00 Exercise w/ Francs (EC) 1:00 Line Dance w/ Gayle (EC) 1:00 Brazos Needle Group (L) 3:30 Party at the Pool Table Open to everyone & light refreshments	10:00 Exercise w/ Leo (EC) 10:30 Kroger Grocery 2:00 Pam Gates, MFAH (EC) "The Loves of Picasso"	9:00 Devotions (EC) Meditation Service, BTBM 10:15 Catholic Communion (PR) 11:00 Exercise w/ Leo (EC) 1:00 Water Exercise w/ Paula 1:30 Character of Faith Biblical Studies (L)	10:00 Exercise w/ Leo (EC)  10:45 Sing-a-Long (L) w/ Glennie Scott  3:00 Town Hall w/ Scott Perlman (EC)	30 Bacon Day – Yes, today is Bacon Day—a day to celebrate that tasty morsel many people enjoy with breakfast.  9:00 Coffee Talk w/ Frances (B) 10:00 Exercise w/ Frances (EC)  2:00 Aroma & Lotion Therapy (PR)	31 New Years Eve  10:00 Card Craft (Craft Rm) 1:00 Afternoon Popcorn 1:00 Canasta (Lounge) 2:00 Needlework (3rd Floor) Sorry, no Bingo Tonight! 7:00 Celebrating New Year's Eve with live entertainment and a champagne toast (EC)

## DECEMBER 2022 · ASSISTED LIVING Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
De	ecemb	oer 20	22	9:00- Morning Greetings 10:00- Holiday Decorating (Meet in AR2) 10:45- Sing-a-Long (L) 1:30- Virtual Reality (in rooms) 3:00- Rolling W. Activities 7:00- Classic Movie Night (EC&CH3) "I'll Be Home For Christmas"	9:00- Morning Greetings 9:30- Coffee Corner DR3 11:30- Daily Chronicles 2:00- 1-1 Visits 3:00- Movie AR2	10:00- Daily Chronicles 1:00- Popcorn (just outside the Event Center) 2:00- Residents choice AR3 3:00- BINGO w/Sharon
AR3 for pickup 2:30- Sunday Sing-a-long with Sharon 3:00- Movie AR2 5:00- 1:1 Visits W Sharon	1:00- Room Visits 2:30- Armchair Travel AR2 3:00- Holiday Movie AR2	9:00- Morning Greetings 11:00- Resident Council AR3 3:00 Peppermint and Pine Cones Social! With Special guest Linda Wright. 7:00- Tree Lighting Ceremony (L)	9:00- Morning Devotions EC 9:30- Coffee Corner DR3 10:15- Catholic Communion PR 2:00- Cooks Corner: Christmas Cookie Decorating DR3 3:00- Movie AR2	9:00- Morning Greetings 10:00- Use it or Lose it. AR2 10:45- Sing-a-Long (L) 1:30- Virtual Reality (in rooms) 3:00- Rolling W. Activities	9:00- Morning Greetings 9:30- Coffee Corner DR3 11:00- Daily Chronicles 11:30- Grillin' with Scott (Bistro) 2:00- 1-1 Visits 3:00- Movie AR2	10:00- Daily Chronicles 1:00- Popcorn (just outside the Event Center) 2:00- Residents choice AR3 3:00- BINGO w/Sharon 8:00- Houston Symphony Livestream Ch3
2:30- Sunday Sing-a-long with Sharon 3:00- Movie AR2 5:00- 1:1 Visits W Sharon	9:00- Morning Greetings 10:45- Making Tamales w/Mayra (7W) 11:00- Sunshine Club AR3 1:00- Room Visits 2:00- Monday Holiday Matinee. (EC&CH3)	9:00- Morning Greetings 13 10:30- Craft Corner: Let's make Christmas Cards AR3 2:00- Houston Tuesday Music Club Chorus (EC) 3:00- BINGO DR3 4:30- Moving & Grooving to Music	9:00- Morning Devotions EC 9:30- Coffee Corner DR3 10:15- Catholic Communion PR 3:00- Movie AR2	9:00- Morning Greetings 10:00- Use it or Lose it. AR2 10:45- Christmas Sing-a- Long (L) 1:30- Virtual Reality (in rooms) 3:00- Rolling W. Activities	9:00- Morning Greetings 9:30- Coffee Corner DR3 1-3PM- Resident Holiday Party!	10:00- Daily Chronicles 1:00- Popcorn (just outside the Event Center) 2:00- Allison Tyler (EC) Christmas Music. 3:00- BINGO w/Sharon 8:00- Houston Symphony Livestream Ch3
2:30- Sunday Sing-a-long with Sharon 3:00- Holy Ghost Affinity Choir Christmas Music (EC) 5:00- 1:1 Visits W Sharon	1:00- Build a Ginger Bread House AR2 5:30- Holiday Light Bus Tour!!	9:00- Morning Greetings 11:00- Sunshine Club AR3 2-4- Santa is Here! (EC) Photography, family & fun Refreshments too! 3:00- BINGO DR3 7:00- Holiday Movie "Miracle on 34th Street"	9:00- Morning Devotions EC 9:30- Coffee Corner DR3 10:15- Catholic Communion PR 1:00-SnowCones DR3 2:00- Open table games AR3 3:00- Movie AR2  Winter Begins	9:00- Morning Greetings 10:00- Use it or Lose it. AR2 10:45- Sing-a-Long (L) 2:00- Holiday Theater (EC&CH3) 7:00- Music for Christmas Ev. (Lounge)	9:00- Morning Greetings 9:30- Coffee Corner DR3 11:30- Daily Chronicles 2:00- 1-1 Visits 3:00- Movie AR2	10:00- Daily Chronicles 1:00- Popcorn (just outside the Event Center) 2:00- Residents choice AR3 3:00- BINGO w/Sharon Time: (TBA) Christmas Eve Service in the Event Center
25 11:30-1:30- Holiday B runch (Main Dining Room)  Christmas	9:00- Morning Greetings 11:00- Sunshine Club AR3 1:00- Room Visits 2:30- Armchair Travel AR2 3:00- Monday Movie AR2 4:00- Rolling w Activities	9:00- Morning Greetings 27 11:00- Awake & Shake! AR3 1:00- Crosswords & Puzzles 2:00- Pam Gates, MFAH (EC) "The Loves of Picasso" 3:00- BINGO AR3 4:30- Moving & Grooving to Music.	9:00- Morning Devotions EC 9:30- Coffee Corner DR3 10:15- Catholic Communion PR 2:00- Open table games AR3 3:00- Movie AR2	10:00- Use it or Lose it. AR2 10:45- Sing-a-Long (L)	9:00- Morning Greetings 9:30- Coffee Corner DR3 11:30- Daily Chronicles 2:00- HAPPY HOUR - & New Years Eve (Eve) Party	10:00- Daily Chronicles 31 1:00- Popcorn (just outside the Event Center) 2:00- Residents choice AR3 3:00- BINGO w/Sharon 7PM-Celebrating New Years Eve w/ Live entertainment & Champagne toast (EC)  New Year's Eve
Brazos Towers at Bayou Manor. Assisted Living Activities.						

## DECEMBER 2022 • MEMORY CARE Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Decem	<i>ber</i> 202	2	9:00 Morning Greetings 9:45 Daily Chronicles delivered 10:00 Virtual Reality 10:45 Music and Memory 1:30 Relaxation on the patio (weather permitting) 1:45 Western Movie (Ch91) 3:00 Resident's Choice AR2	9:00 Morning Greetings 9:45 Daily Chronicles delivered 10:00 Move to Music (AR2) 10:30 Refreshment Cart 1:00 1:1 Visits 3:00 Movie (DR2)	9:45 Daily Chronicles delivered 1:30 Reminiscing Days Gone By 2:00 Story Time with Sharon AR2 2:30 Music Appreciation 4:15 Dominoes 5:00 1:1 visits
10:00 St. Luke's Methodist Church Channel 61 (LR) 1:30 Devotional Reading w/ Sharon (AR2) 1:45 Hymns w/Suzie Q (AR2) 2:00 Puzzles and coloring 3:30 Dominoes	9:00 Morning Greetings 9:45 Daily Chronicles delivered 10:00 Creative Coloring 2:15 Easy does it Stretch 2:30 Reminisce with Christmas Story 3:00 Table Games 4:00 Christmas Movie	9:45 One on one visits/ with walk 10:30 Daily Chronicle Reading 11:00 Sensory Station (The Smells of Christmas) 1:00 Dominoes 3:00 Peppermint & Pine Cone Social w/Linda Wright (AR3) 3:00 Christmas Movie (AR2) 6:00 Tree Lighting (L) 1st Floor	9:00 Morning Greetings 9:45 Daily Chronicle delivered 1:00 1:1 Visits 2:00 Cook's Corner Christmas Cookie Decorating (DR3) 3:30 Cookies served from the Cook's Corner 4:00 Movie (DR2)	9:00 Morning Greetings 9:45 Daily Chronicles delivered 10:00 Virtual Reality 10:45 Music and Memory 1:30 Relaxation on the patio (weather permitting) 1:45 Western Movie (Ch91) 3:00 Resident's Choice (AR2)	9:00 Morning Greetings 9:45 Daily Chronicles delivered 10:00 Move to Music (AR2) 10:30 Refreshment Cart 1:00 1:1 Visits 3:00 Movie DR2	9:45 Daily Chronicles delivered 0 1:30 Balloon Ball 2:00 Story Time w/Sharon (AR2) 2:30 Music Appreciation 4:15 Dominoes 5:00 1:1 Visits
10:00 St. Luke's Methodist 11 Church Channel 61 (LR) 1:30 Staff Led Activities 3:00 Christmas Movies Galore  Sharon is off this day	9:00 Morning Greetings 12 9:45 Daily Chronicles delivered 10:00 Creative Coloring 2:15 Easy does it Stretch 2:30 Reminisce with Christmas Story 3:00 Table Games 4:00 Christmas Movie	9:45 One on one visits/ with walk 10:15 Daily Chronicle Reading 10:30 Christmas Craft 1:00 Music Appreciation and Coloring 2:00 Houston Tuesday Music Club Chorus (EC) 3:00 Movie	9:00 Morning Greetings 9:45 Daily Chronicle delivered 1:00 1:1 Visits 2:00 Rolling with activities 3:00 Snack social (AR3) 4:00 Movie	9:00 Morning Greetings 9:45 Daily Chronicles delivered 10:00 Picture Puzzle Detective 10:45 Music and Memory 1:30 Relaxation on the patio (weather permitting) 1:45 Western Movie (Ch91) 3:00 Resident's Choice AR	9:00 Morning Greetings 9:45 Daily Chronicles delivered 10:00 Move to Music AR2 10:30 Refreshment Cart 1:00 1:1 Visits 3:00 Movie DR2	9:45 Daily Chronicles delivered 7 1:30 Balloon Ball 2:00 Resident's Choice (AR2) 4:15 Dominoes 5:00 1:1 Visits
10:00 St. Luke's Methodist Church Channel 61 (LR) 1:30 Devotional Reading w/ Sharon (AR2) 1:45 Hymns w/Suzie Q (AR2) 2:00 Puzzles and coloring 3:30 Dominoes  Hanukkah Begins	9:00 Morning Greetings 19 9:45 Daily Chronicles delivered 10:00 Creative Coloring 2:15 Easy does it Stretch 2:30 Reminisce with Christmas Story 3:00 Table Games 4:00 Christmas Movie	9:45 One on one visits/ with walk  10:15 Daily Chronicle Reading 10:45 Mind Joggers 1:00 Music Appreciation and coloring 2:00 Sensory Station (feeling Christmas) 2:00-4:00 Santa is Here (EC) 3:00 Movie Matinee	9:00 Morning Greetings 9:45 Daily Chronicle delivered 1:00 1:1 Visits 2:00 Rolling with activities 3:00 Snack social (AR3) 4:00 Movie  Winter Begins	9:00 Morning Greetings 22 9:45 Daily Chronicles delivered 10:00 Mind Joggers 10:45 Music and Memory 1:30 Relaxation on the patio (weather permitting) 1:45 Western Movie (Ch91) 3:00 Resident's Choice AR	9:00 Morning Greetings 23 9:45 Daily Chronicles delivered 10:00 Move to Music AR2 10:30 Refreshment Cart 1:00 1:1 Visits 3:00 Movie DR2	1:30 Greatest Christmas Carols 2:00 Reading: The Night Before Christmas 2:30 Reminiscing Christmas 3:00 Christmas Party Punch and Cookies (AR2) 5:00 1:1 visits
Merry Christmas	9:00 Morning Greetings 9:45 Daily Chronicles delivered 10:00 Creative Coloring 2:15 Easy does it Stretch 2:30 Armchair Travel AR2 3:00 Table Games 4:00 Christmas Movie  Boxing Day (Canada)	9:45 One on one visits/ with walk  10:15 Daily Chronicle Reading 10:30 Trivia 1:00 Music Appreciation and Coloring 2:00 Sensory Station 3:00 Movie Matinee	9:00 Morning Greetings 9:45 Daily Chronicle delivered 1:00 1:1 Visits 2:00 Rolling with activities 3:00 Snack social (AR3) 4:00 Movie	9:00 Morning Greetings 29 9:45 Daily Chronicles delivered 10:00 Mind Joggers 10:45 Music and Memory 1:30 Relaxation on the patio (weather permitting) 1:45 Western Movie (Ch91) 3:00 Resident's Choice AR	9:00 Morning Greetings 9:45 Daily Chronicles delivered 10:00 Move to Music AR2 10:30 Refreshment Cart 1:00 1:1 Visits 3:00 Movie DR2	9:45 Daily Chronicles 1:30 Table Games 2:30 New Year's Jokes and Riddles 3:00 Movie 4:30 1:1 visits
Christmas	Kwanzaa Begins					New Year's Eve
Brazos Towers at Bayou Manor Memory Care						