## OCTOBER 2022 • INDEPENDENT LIVING Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Room Legend  EC - Event Center L - Lounge 7W - 7th Floor Conference Rm A/L 2R - Assisted Living/Living Rm PVD - Private Dining Room AR - Aerobics Room PR - Prayer Room SOL- Solarium DR - Discovery Room (Marketing Off) B - Bistro	ı	ay be rescheduled or cancelled due to low or inclement weather.	<del></del>	Tune to Channel 103 for daily and upcoming events  Inside/Outside/Religious Activities		I 10:00 Card Craft (Craft Rm) 1:00 Afternoon Popcorn Just outside the Event Center 1:00 Canasta (Lounge) 2:00 Needlework (3rd Floor) 7:00 Bingo (EC) 8:00 Houston Symphony Livestream (C3) Live from Jones Hall
2 World Communion Sunday 11:30—1:30 Sunday Brunch (Main Dining Room) 1:15 Houston Ballet "Good Vibrations"	3 World Architecture Day  10:00 Exercise w/ Virginia (EC)  1:00 Line Dance w/ Gayle (EC)  1:00 Brazos Needle Group (L)  2:30 Monday Matinee (EC & C3)  "Friday Night Lights"  Starring Billy Bob Thornton	4 Yom Kippur Begins at sunset  10:00 Exercise w/ Leo (EC) 10:30 Kroger Grocery 2:00 Walgreens Senior Day  3:00 Rice University Fall Lecture Series Speaker, Korin Brody (EC)	5 Sorry, No water exercise today!  9:00 Devotions (EC) The Rev. Trisha Taylor, Willow Meadows Baptist Church 9:45 Galveston Day Trip Ride the Ferry & Lunch at Shrimp n Stuff 10:15 Catholic Communion (PR) 11:00 Exercise w/ Leo (EC) 1:30 Character of Faith Biblical Studies	6 10:00 Exercise w/ Leo (AR) 10:45 Sing-a-Long (L) w/ Louse Frowe  1:30 Let's Talk about Pretty Glassware! w/ Flo & Bankie (7W) 7:00 Classic Movie Night (EC & C3) "The Quiet Man" Starring John Wayne & Maureen O'Hara	7 World Smile Day 9:00 Coffee Talk w/ Frances (B) 10:00 Exercise w/ Frances (EC) 10:45 Walk Down the Bayou with Friends (meet in the main lobby) 3:00 Presentation on Preventing, Detecting & Reporting Medicare Fraud Angel Hanzik TX Senior Medicare Patrol (SMP) Outreach Specialist Better Business Bureau Education Foundation (EC)	8 10:00 Card Craft (Craft Rm) 1:00 Afternoon Popcorn Just outside the Event Center 1:00 Canasta (Lounge) 2:00 Needlework (3rd Floor) 7:00 Bingo (EC) 8:00 Houston Symphony Livestream (C3) Live from Jones Hall
9  11:30—1:30 Sunday Brunch (Main Dining Room)  1:30 U of H Musicians (EC)	10:00 Exercise w/ Frances (EC) 1:00 Line Dance w/ Gayle (EC) 1:00 Brazos Needle Group (L) 1:30 Aroma & Lotion Therapy (PR) 2:00 Voting Q & A w/ Mary Grace Greenwood & Bob Row (EC) 7:00 BTBM Book Club (7W) The Personal Librarian By Marie Benedict & Victoria C. Murray Led by Jean Rosenbaum	I I Nat'l Sausage Pizza Day  10:00 Exercise w/ Leo (AR)  10:30 Kroger Grocery  1:00 Visit The Blue Bird Circle Resale Shop  7:00 Blessing of the Animals w/ Rev Mary Currie (EC)	9:00 Devotions (EC) The Rev. Jim Harrington Willow Meadows Baptist Church 10:15 Catholic Communion (PR) 11:00 Exercise w/ Leo (EC) 1:00 Water Exercise w/ Paula 12:30 Rice Lecture Series 12:30 J's Treat: MFAH 1:30 Character of Faith Biblical Studies (L)	13 10:00 Exercise w/ Leo (EC) 10:45 Sing-a-Long (L) w/ Ginny Croft & Anne Brown "Preview of the Senior Follies"  1-3 PM Chico's Trunk Show (EC) 7:00 Resident Association Meeting (EC)	9:30—1:30 PM Private Event in the EC 9:00 Coffee Talk w/ Frances (B) 10:00 Exercise via video (C3 only) 10:45 Walk Down the Bayou with Friends (meet in the main lobby) 11:30 Grillin' with Scott & Jim Hamburgers & Hot Dogs 7:00 Desserts & Coffee for All Celebrating Nat'l Dessert Day	15 10:00 Card Craft (Craft Rm) 1:00 Afternoon Popcorn Just outside the Event Center 1:00 Canasta (Lounge) 1:30 AD Players "Miss Maude" 2:00 Needlework (3rd Floor) 7:00 Bingo (EC)
16 11:30—1:30 Sunday Brunch (Main Dining Room) 3:00 Wine & Music with Joan Bitar at the piano (Lounge)	17 Nat'l Pasta Day  10:00 Exercise w/ Frances (EC)  11:00 Bus Trip to Costco  1:00 Line Dance w/ Gayle (EC)  1:00 Brazos Needle Group (L)	18 10:00 Exercise w/ Leo (AR) 10:30 Kroger Grocery 12:30 Monthly Lunch Bunch Buffalo Grille 3:30 Party at the Pool Table Open to everyone! Light refreshments	9:00 Devotions (EC) The Rev. Trisha Taylor, Willow Meadows Baptist Church 10:15 Catholic Communion (PR) 11:00 Exercise w/ Leo (EC) 1:00 Water Exercise w/ Paula 1:30 Character of Faith Biblical Studies (L) 12:45 Rice Lecture Series 7:00 Movie Group 1st Showing (EC&C3)	20  10:00 Exercise w/ Leo (EC) 10:45 Sing-a-Long (L) w/ Ava Laing  2:00 Third Thursday w/ Margaret Desmond (7W)  5:00 October B-day Dinner (EC)	9:00 Coffee Talk w/ Frances (B) 10:00 Exercise w/ Frances (EC) 10:45 Walk Down the Bayou with Friends (meet in the main lobby) 2-4 PM Happy Hour & Resident Karaoke Event (EC) 3:00 Shabbat Service (7W)	10:00 Card Craft (Craft Rm) 1:00 Afternoon Popcorn 1:00 Canasta (Lounge) 2:00 Needlework (3rd Floor) 2:00 Movie Group 2nd Showing (EC & C3) 7:00 Bingo (EC) 8:00 Houston Symphony Livestream (C3) Live from Jones Hall
11:30—1:30 Sunday Brunch 1:30 U of H Musicians (EC)  30 Nat'l Candy Corn Day 11:30—1:30 Sunday Brunch 1:30 Houston Symphony	10:00 Exercise w/ Frances (EC) 1:00 Line Dance w/ Gayle (EC) 1:00 Brazos Needle Group (L) 7:00 Movie Group Meet Up (EC)  31 HAPPY HALLOWEEN 11:00 Meyer Park Shopping 3:00 Liars Club (EC)	25 10:00 Exercise w/ Leo (EC) 10:30 Kroger Grocery  2:00 Early Voting Bus Trip NRG Stadium  3:00 Tuesday Theater (EC&C3) "Swing Vote" Starring Kevin Costner	9:00 Devotions (EC) The Rev. Jim Harrington Willow Meadows Baptist Church  10:15 Catholic Communion (PR) 11:00 Exercise w/ Leo (EC) 12:45 Rice Lecture Series  1:00 Water Exercise w/ Paula 1:30 Character of Faith Biblical Studies (L)	27 Navy Day 10:00 Exercise w/ Leo (EC) 10:45 Sing-a-Long with w/ Glennie Scott (L)  3:00 Town Hall Meeting (Live in the EC) 6:00 BTBM Dinner Night Out Kasra Persian Grill	9:00 Coffee Talk w/ Frances (B) 10:00 Exercise w/ Frances (EC) 10:00 Episcopal Worship with The Reverend David Goldberg (AR)  I PM—3 PM Fall Festival (Backyard)	29 Nat'l Cat Day  10:00 Card Craft (Craft Rm) 1:00 Afternoon Popcorn Just outside the Event Center 1:00 Canasta (Lounge) 2:00 Needlework (3rd Floor) 7:00 Bingo (EC)

## OCTOBER 2022 • ASSISTED LIVING Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Octob	ber 20	022	Mass		10:00- Pick up Daily Chronicles in AR3 1:00- Afternoon Popcorn (just outside the Event center) 2:00- Rolling with Activities Room to Room Residents Choice. 3:00- BINGO DR3
3:00- Movie (DR3)	9:00- Morning Greetings 10:45- Coffee Talk AR3 1:00- 1-1 Visits w/ mail delivery 2:00- Bridge AR3 3:00- Movie AR2	9:00- Morning Visits w/ Daily Chronicles 11:00- Resident Council AR3 2:00- ARMCHAIR TRAVEL TO JAPAN (AR2) 3:00- BINGO DR3 4:30- Seated Exercise DR3	9:00- Morning Visits 9:00- Devotions (EC) 10:15- Catholic Comm. (PR) 10:45- Chair Yoga (DR3) 1:30- Virtual Reality! (in room) 3:00- Movie AR2	9:00- Morning Visits & Daily Chronicles 10:45- Sing-a-Long (Lounge) 1:30- Crafts Corner~ Decorating Pumpkins in AR3 3:00- Room Visits with Activity Cart.	2:00- Table Top Games (AR3) 3:00- Friday Movie (AR2)	10:00- Pick up Daily Chronicles in AR3 1:00- Afternoon Popcorn (just outside the Event center) 2:00- Rolling with Activities Room to Room Residents Choice. 3:00- BINGO DR3
2:30- Sunday sing-a-Long w/ Sharon (AR3) 3:00- Movie (DR3) 4:30- 1:1 Visits w/ Sharon.	9:00- Morning Greetings 10:45- Coffee Talk AR3 1:00- 1-1 Visits w/ mail delivery 2:00- Bridge AR3 3:00- Movie AR2	9:00- Morning Visits w/ Dailyl Chronicles 11:00- Chit Chat w Chaplin Charles DR3 2:00- ARMCHAIR TRAVEL TO ISRAEL (AR2) 3:00- BINGO DR3 4:30- Seated Exercise DR3	9:00- Morning Visits 9:00- Devotions (EC) 10:15- Catholic Comm. (PR) 10:45- Chair Yoga (DR3) 11:00- Create a flower center piece! (DR3) 1:30- Virtual Reality (in room) 3:00- Movie AR2	Chronicles	9:00- Morning Greetings 10:45- Seated Exercise (AR3) 11:30- Grillin' w/ Scott (Pick up in the bistro) 2:00- Table Top Games (AR3) 3:00- Friday Movie (AR2)	10:00- Pick up Daily Chronicles in AR3 1:00- Afternoon Popcorn (just outside the Event center) 2:00- Rolling with Activities Room to Room Residents Choice. 3:00- BINGO DR3
2:30- Sunday sing-a-Long w/ Sharon (AR3) 3:00- Movie (DR3)	9:00- Morning Greetings 10:45- Coffee Talk AR3 1:00- 1-1 Visits w/ mail delivery 2:00- Bridge AR3 3:00- Movie AR2	3:00- BINGO DR3	9:00- Morning Visits 9:00- Devotions (EC) 10:15- Catholic Comm. (PR) 10:45- Chair Yoga (DR3) 11:00- Refreshments (DR3) 1:30- Puzzles & Crosswords AR3 3:00- Movie AR2	9:00- Morning Visits & Daily Chronicles 10:45- Sing-a-Long (Lounge) 1:30- Mystery Bus Trip! 3:00- Room Visits with Activity Cart.	9:00- Morning Greetings 10:45- Seated Exercise (AR3) 2:00- Happy Hour & Resident Karaoke Event	10:00- Pick up Daily Chronicles in AR3 1:00- Afternoon Popcorn (just outside the Event center) 2:00- Rolling with Activities Room to Room Residents Choice. 3:00- BINGO DR3
2:30- Sunday sing-a-Long w/ Sharon (AR3) 3:00- Movie (DR3)	9:00- Morning Greetings 10:45- Coffee Talk AR3 1:00- 1-1 Visits w/ mail delivery 2:00- Bridge AR3 3:00- Movie AR2	9:00- Morning Visits w/ Daily Chronicles 11:00- Chit Chat w Chaplin Charles DR3 2:30- October Birthday Bash DR3 3:00- BINGO DR3	9:00- Morning Visits 9:00- Devotions (EC) 10:15- Catholic Comm. (PR) 10:45- Chair Yoga (DR3) 1:30- Puzzles & Crosswords AR3 3:00- Movie AR2	9:00- Morning Visits & Dail 27 Chronicles 10:45- Sing-a-Long (Lounge) 11:15- Morning Walk 2:00- Hydration Cart & Room Visits 3:00- Town Hall Meeting w. Scott (Live in the EC)	9:00- Morning Greetings 10:45- Seated Exercise (AR3) 1PM- 3PM- FALL FESTIVAL	10:00- Pick up Daily Chronicles in AR3 1:00- Afternoon Popcorn (just outside the Event center) 2:00- Rolling with Activities Room to Room Residents Choice. 3:00- BINGO DR3
Devotions in AR3 2:30- Sunday sing-a-Long w/ Sharon (AR3) 3:00- Movie (DR3)	10:45- Coffee Talk AR3 1:00- 1-1 Visits w/ Halloween Treats! 2:00- Bridge AR3 3:00- Halloween Movie AR2 Halloween	AR2- Activity Room 2nd Floor AR3- Activity Room 3rd Floor DR3- Dining Room 3rd Floor PR- Prayer Room EC- Event Center	r			

**Brazos Towers at Bayou Manor: Assisted Living Activities Calendar** 

## OCTOBER 2022 • MEMORY CARE Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Octobe	<b>2022</b>	2		9:45- Daily Chronicles DR2 1:30- Noodle Ball DR2 2:00- Music (residents choice) AR2 2:30- Table Games AR2 4:30- 1:1 Visits
10:00- Sunday Songs (AR2) 1:30- Devotional Reading w Sharon AR2 2:00- BINGO AR2 4:30- 1:1 Visits	9:00- Morning Greetings 9:45- Daily Chronicles DR2 10:00- Music Therapy AR2 2:15- Seated Exercise & Stretch 2:30- Refreshments DR2 2:45- Craft Corner (Finger painting) AR2 4:00- Movie AR2	9:45- Daily Chronicles DR2 10:00- Noodle Ball DR2 10:30- Sing-a-Long w/Sharon 11:00- Table Games AR2 1:00- 1-1 Room Visits 2:00- Relaxation Music AR2	9:00- Morning Greetings 5 9:45- Daily Chronicles DR2 10:00- Devotional Reading AR2 1:00- Room Visits w hydration cart 2:00- Sensory Activities (AR2) 2:30- Snack Social (AR2) 4:00- Movie (DR2)	9:00- Morning Greetings 9:45- Daily Chronicles DR2 10:00- Virtual Reality DR2 10:45- Sing-a Long (L) 1:30- Sight Seeing on the Patio 3:00- Residents Choice- Table Games AR2 4:00- Therapeutic Music DR2	9:00- Morning Greetings 9:45- Daily Chronicles DR2 10:00- Move to the Music AR2 10:30- Refreshments AR2 1:00- 1:1 Visits 1:30- Reading/Stories AR2 3:00- Movie DR3	9:45- Daily Chronicles DR2 1:30- Noodle Ball DR2 2:00- Music (residents choice) AR2 2:30- Table Games AR2 4:30- 1:1 Visits
10:00- Sunday Songs (AR2) 1:30- Devotional Reading w Sharon AR2 2:00- BINGO AR2 4:30- 1:1 Visits	9:00- Morning Greetings 10 9:45- Daily Chronicles DR2 10:00- Music Therapy AR2 2:15- Seated Exercise & Stretch 2:30- Refreshments DR2 2:45- Craft Corner (Coffee filter flower) AR2 4:00- Movie AR2		9:00- Morning Greetings 12 9:45- Daily Chronicles DR2 10:00- Devotional Reading AR2 1:00- Room Visits w hydration cart 2:00- Music & Memory (AR2) 2:30- Snack Social (AR2) 4:00- Movie (DR2)	9:00- Morning Greetings 13 9:45- Daily Chronicles DR2 10:00- Virtual Reality DR2 10:45- Sing-a Long (L) 1:30- Sight Seeing on the Patio 3:00- Residents Choice- Table Games AR2 4:00- Therapeutic Music DR2	9:00- Morning Greetings 14 9:45- Daily Chronicles DR2 10:00- Move to the Music AR2 10:30- Refreshments AR2 1:00- 1:1 Visits 1:30- Reading/Stories AR2 3:00- Movie DR3	9:45- Daily Chronicles DR2 1:30- Noodle Ball DR2 2:00- Music (residents choice) AR2 2:30- Table Games AR2 4:30- 1:1 Visits
10:00- Sunday Songs (AR2) 1:30- Devotional Reading w Sharon AR2 2:00- BINGO AR2 4:30- 1:1 Visits	9:00- Morning Greetings 17 9:45- Daily Chronicles DR2 10:00- Music Therapy AR2 2:00- Seated Exercise & Stretch 2:30- Refreshments DR2 2:45- Craft Corner (Mindfulness coloring) AR2 4:00- Movie AR2	9:45- Daily Chronicles DR2 10:00- Noodle Ball DR2 10:30- Sing-a-Long w/Sharon 11:00- Table Games AR2	9:00- Morning Greetings 19 9:45- Daily Chronicles DR2 10:00- Devotional Reading AR2 1:00- Room Visits w hydration cart 2:00- Sensory Activities (AR2) 2:30- Snack Social (AR2) 4:00- Movie (DR2)	9:00- Morning Greetings 20 9:45- Daily Chronicles DR2 10:00- Virtual Reality DR2 10:45- Sing-a Long (L) 1:30- Sight Seeing on the Patio 3:00- Residents Choice- Table Games AR2 4:00- Therapeutic Music DR2	9:00- Morning Greetings 21 9:45- Daily Chronicles DR2 10:00- Move to the Music AR2 10:30- Refreshments AR2 1:00- 1:1 Visits 1:30- Reading/Stories AR2 3:00- Movie DR3	9:45- Daily Chronicles DR2 1:30- Noodle Ball DR2 2:00- Music (residents choice) AR2 2:30- Table Games AR2 4:30- 1:1 Visits
10:00- Sunday Songs (AR2) 1:30- Devotional Reading w Sharon AR2 2:00- BINGO AR2 4:30- 1:1 Visits	9:00- Morning Greetings 24 9:45- Daily Chronicles DR2 10:00- Music Therapy AR2 2:15- Seated Exercise & Stretch 2:30- Refreshments DR2 2:45- Craft Corner (DIY scarecrow) AR2 4:00- Movie AR2	9:45- Daily Chronicles DR2 10:00- Noodle Ball DR2 10:30- Sing-a-Long w/Sharon 11:00- Table Games AR2 1:00- 1-1 Room Visits 2:00- Cooks Corner AR2	9:00- Morning Greetings 26 9:45- Daily Chronicles DR2 10:00- Devotional Reading AR2 1:00- Room Visits w hydration cart 2:00- Music & Memory (AR2) 2:30- Snack Social (AR2) 4:00- Movie (DR2)	9:00- Morning Greetings 27 9:45- Daily Chronicles DR2 10:00- Virtual Reality DR2 10:45- Sing-a Long (L) 1:30- Sight Seeing on the Patio 3:00- Residents Choice- Table Games AR2 4:00- Therapeutic Music DR2	9:00- Morning Greetings 28 9:45- Daily Chronicles DR2 10:00- Move to the Music AR2 10:30- Refreshments AR2 1:00- 1:1 Visits 1PM-3PM- Fall Festival! (Backyard)	9:45- Daily Chronicles DR2 1:30- Noodle Ball DR2 2:00- Music (residents choice) AR2 2:30- Table Games AR2 4:30- 1:1 Visits
10:00- Sunday Songs (AR2) 1:30- Devotional Reading w Sharon AR2 2:00- BINGO AR2 4:30- 1:1 Visits	9:00- Morning Greetings 9:45- Daily Chronicles DR2 10:00- Music Therapy AR2 1:00- Craft Corner (Trick or Treat bags) AR2 2:30- Refreshments DR2 4:00- Movie AR2					

Brazos Towers at Bayou Manor Memory Care Activities | AR2- Activity Room 2nd floor DR2- Dining Room 2nd Floor L-- Lounge 1st floor