

SEPTEMBER 2022 • INDEPENDENT LIVING Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Room Legend</p> <p>EC - Event Center L - Lounge 7W - 7th Floor Conference Rm A/L 2R - Assisted Living/Living Rm PVD - Private Dining Room AR - Aerobics Room PR - Prayer Room SOL - Solarium DR - Discovery Room (Marketing Off) B - Bistro</p>	<p>September 2022</p> <p>Events may be rescheduled or cancelled due to low turnout or inclement weather.</p>		 <p><i>Happy Fall!</i></p>	<p>1</p> <p>10:00 Exercise w/ Leo (AR)</p> <p>10:45 Sing-a-Long (L) "Favorites" w/ Louise Frowe</p> <p>7:00 Classic Movie Night (EC & C3) "My Fair Lady" Starring Audrey Hepburn & Rex Harrison</p>	<p>2 VJ Day, World War II</p> <p>9:00 Coffee Talk w/ Frances (B) 10:00 Exercise w/ Frances (EC)</p> <p>1:00 Visit The Guild Shop (helping the elderly in need) Plus a visit to The Loop Handcrafted Churros in Rice Village</p>	<p>3</p> <p>10:00 Card Craft (Craft Rm) 1:00 Afternoon Popcorn Just outside the Event Center 1:00 Canasta (Lounge)</p> <p>2:00 Needlework (3rd Floor)</p> <p>7:00 Bingo (EC)</p>
<p>4</p> <p>11:30—1:30 Sunday Brunch (Main Dining Room)</p>	<p>5 Labor Day</p> <p>Sorry, No Exercise Today!</p> <p>1:00 Line Dance w/ Gayle (EC) 1:00 Brazos Needle Group (L) 2 PM Labor Day Sing a Long w/Ginny Croft at the piano Song Leaders: Anne Brown & Alan Weiden (L)</p>	<p>6</p> <p>10:00 Exercise w/ Leo (EC)</p> <p>10:30 Kroger Grocery</p> <p>2:30 Walgreens Senior Day</p>	<p>7</p> <p>9:00 Devotions (EC) The Rev. Steve Sargent, SW Central Church of Christ</p> <p>10:15 Catholic Communion (PR) 11:00 Exercise w/ Leo (EC)</p> <p>1:00 Water Exercise w/ Paula 1:30 Character of Faith Biblical Studies (AR)</p>	<p>8</p> <p>10:00 Exercise w/ Leo (AR)</p> <p>10:45 Sing-a-Long (L) "Folk Songs w/ Ava Laing</p> <p>3:00 Corn Hole Tournament (EC) Organized by Sherry Tesch</p>	<p>9</p> <p>9:00 Coffee Talk w/ Frances (B) 10:00 Exercise w/ Frances (EC)</p> <p>11:30 Grillin' with Scott & Jim Chicken & Beef Fajitas ... Yum!</p> <p>2:00 Cook's Corner & Cookie Delivery to our Firefighters at Station 37 (7W)</p>	<p>10</p> <p>9:45-10:15 AM Exercise w/ Frances (EC)</p> <p>10:00 Card Craft (Craft Rm) 1:00 Afternoon Popcorn Just outside the Event Center 1:00 Canasta (Lounge) 2:00 Needlework (3rd Floor) 7:00 Bingo (EC)</p>
<p>11</p>  <p>11:30—1:30 Sunday Brunch (Main Dining Room) TBA Purple Migration Watch Party The Fountains, Stafford, TX</p>	<p>12</p> <p>9:00 Docent-led tour of the Houston Wing Museum & Hangar Tour with Aircraft /Lunch TBA</p> <p>10:00 Exercise via video today (EC)</p> <p>1:00 Line Dance w/ Gayle (EC) 1:00 Brazos Needle Group (L) 7:00 BTBM Book Club (7W) The Book of Lost Names By Kristin Harmel</p>	<p>13 Int'l Chocolate Day</p> <p>10:00 Exercise w/ Leo (AR)</p> <p>10:30 Kroger Grocery</p> <p>2:00 Trip to the Chocolate Bar Rice Village</p>	<p>14</p> <p>9:00 Devotions (EC) Father Houston Okonma St. Vincent de Paul</p> <p>10:15 Catholic Communion (PR)</p> <p>11:00 Exercise w/ Leo (EC) 1:00 Water Exercise w/ Paula 1:00 J's Treat: MFAH 1:30 Character of Faith Biblical Studies 1:30 Aroma & Lotion Therapy (PR)</p> <p>5:30 Candlelight Dinner</p>	<p>15</p> <p>10:00 Exercise w/ Leo (EC)</p> <p>10:45 Sing-a-Long (L) w/ Ginny Croft & Anne Brown</p> <p>2:00 Third Thursday w/ Margaret Desmond (7W)</p> <p>5:00 September B-day Dinner (EC)</p>	<p>16</p> <p>9:00 Coffee Talk w/ Frances (B)</p> <p>10:00 Exercise w/ Frances (EC)</p> <p>10:45 Meyerland Shopping Trip Residents Choice—JC Penney, HEB, Talbott's, Target, Chico's</p> <p>3:00 Shabbat Service (7W)</p>	<p>17</p> <p>10:00 Card Craft (Craft Rm) 1:00 Afternoon Popcorn Just outside the Event Center 1:00 Canasta (Lounge) 2:00 Needlework (3rd Floor) 7:00 Bingo (EC) 8:00 Houston Symphony Livestream Live from Jones Hall Verdi Requiem (C3 only)</p>
<p>18</p> <p>11:30—1:30 Sunday Brunch (Main Dining Room)</p> <p>1:00 Houston Ballet "Peter Pan"</p> <p>3:00 Wine & Music with Louise Frowe at the piano (Lounge)</p>	<p>19</p> <p>10:00 Exercise w/ Frances (EC) 11:30 Monthly Lunch Bunch Charlie's BBQ</p> <p>1:00 Line Dance w/ Gayle (EC)</p> <p>1:00 Brazos Needle Group (L) 3:00 Monday Matinee (EC & C3) "A Star is Born"</p>	<p>20 Nat'l Pepperoni Pizza Day</p> <p>BTBM Flu Clinic (EC) Times TBA</p> <p>10:00 Exercise w/ Leo (AR)</p> <p>10:30 Kroger Grocery</p> <p>3:30 Party at the Pool Table Open to everyone! Light refreshments</p>	<p>21 Int'l Day of Peace</p> <p>9:00 Devotions (EC) The Reverend Charles O'Bryant</p> <p>10:15 Catholic Communion (PR)</p> <p>11:00 Exercise w/ Leo (EC) 11:00 Chair Massage with Adam 1:00 Water Exercise w/ Paula 1:30 Character of Faith Biblical Studies 3:00 Ingrid Moeller, MA, MT-BC Neurologic Music Therapy Fellow Board Certified Music Therapist (EC) 7:00 Movie Group 1st Showing (EC&C3)</p>	<p>22 First Day of Autumn</p> <p>10:00 Exercise w/ Leo (EC)</p> <p>10:45 Sing-a-Long with w/ Glennie Scott (L)</p> <p>2:00 Thursday Theatre (EC & C3) "Protocol" Starring Goldie Hawn</p>	<p>23</p> <p>9:00 Coffee Talk w/ Frances (B)</p> <p>10:00 Exercise w/ Frances (EC)</p> <p>2 PM Cowboy Happy Hour w/ Floyd Callen (EC)</p>	<p>24</p> <p>10:00 Card Craft (Craft Rm) 1:00 Afternoon Popcorn 1:00 Canasta (Lounge) 2:00 Needlework (3rd Floor) 2:00 Movie Group 2nd Showing (EC & C3) 7:00 Bingo (EC) 8:00 Houston Symphony Livestream Live from Jones Hall Joshua Bell + Shostakovich 5 (C3)</p>
<p>25 Rosh Hashanah Begins at sunset</p> <p>11:30—1:30 Sunday Brunch</p>	<p>26 Nat'l Pancake Day</p> <p>9—10 AM We will serve pancakes in celebration of the day! Please come to the Event Center</p> <p>10:00 Exercise via Video (C3 only) 1:00 Line Dance w/ Gayle (EC) 1:00 Brazos Needle Group (L)</p> <p>7:00 Movie Group Meet Up (EC)</p>	<p>27 Rosh Hashanah Ends at nightfall</p> <p>10:00 Exercise w/ Leo (EC)</p> <p>10:30 Kroger Grocery</p> <p>3:00 Liar's Club (EC)</p>	<p>28</p> <p>9:00 Devotions (EC) The Rev. Craig Taylor, Willow Meadows Baptist</p> <p>10:15 Catholic Communion (PR)</p> <p>11:00 Exercise w/ Leo (EC) 11:00 Chair Massage with Adam 11-2 Cousin's Main Lobster Food Truck 1:00 Water Exercise w/ Paula 1:30 Character of Faith Biblical Studies 6:30 Alley Theatre Lend Me A Soprano</p>	<p>29 Nat'l Coffee Day</p> <p>9:00 Visit the Willow Water Hole Enjoy a stroll around the park and donuts and coffee w/ your friends!</p> <p>10:00 Exercise w/ Leo (EC)</p> <p>3:00 Town Hall Meeting (Live in the EC)</p> <p>6:00 BTBM Dinner Night Out Goode Company Seafood</p>	<p>30</p> <p>9:00 Coffee Talk w/ Frances (B) 10:00 Exercise w/ Frances (EC) 10:00 Episcopal Worship with The Reverend David Goldberg (AR) 1:30 Aroma & Lotion Therapy (PR) Please sign up in the Excursion Book! 3:00 Robert Flatt Photography (EC) 7:00 Friday Feature (EC & C3) "Marilyn"</p>	<p>Tune to Channel 103 for daily and upcoming events</p> <p>Inside/Outside/Religious Activities</p>

SEPTEMBER 2022 • ASSISTED LIVING Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<p>1 9:00- Morning Visits 10:00- Daily Chronicles (AR3) 10:45- Sing-a-Long (L) 11:00- Morning Walk 2:30- Hydration Cart & Room Visits</p>	<p>2 9:00- Morning Visits 10:00- Daily Chronicles (AR3) 2:00- Table Top Games (AR3) 3:00- Movie & Popcorn (DR3)</p>	<p>3 10:00- Daily Chronicles (Pickup in AR3) 1:00- Afternoon Popcorn <i>Just outside the Event Center.</i> 2:00- 1:1 Visits w/ Sharon 3:00- BINGO (DR3)</p>
<p>4 10:00- Sunday Devotional (Pickup AR3) 2:30- Sunday Sing-a-Long w/ Sharon (AR3) 3:00- Movie (DR3) 4:30- 1:1 Visits w/ Sharon</p>	<p>5  Labor Day Labor Day</p>	<p>6 9:00- Daily Chronicles Delivered 11:00- Resident Council Meeting (AR3) 3:00- BINGO (DR3) 4:30- Sit & Be Fit (DR3)</p>	<p>7 9:00- Devotions (EC) 10:15- Catholic Communion (PR) 1:30- Puzzles & Crosswords (AR3) 3:00- Movie (DR3)</p>	<p>8 9:00- Morning Visits 10:00- Daily Chronicles (AR3) 10:45- Sing-a-Long (L) 11:00- Morning Walk 2:30- Hydration Cart & Room Visits</p>	<p>9 9:00- Morning Visits 10:00- Daily Chronicles (AR3) 11:30- Grillin' w/ Scott <i>Chicken & Beef Fajitas! (Bistro)</i> 2:00- Table Top Games (AR3) 3:00- Movie & Popcorn (DR3)</p>	<p>10 10:00- Daily Chronicles (Pickup in AR3) 1:00- Afternoon Popcorn <i>Just outside the Event Center.</i> 2:00- 1:1 Visits w/ Sharon 3:00- BINGO (DR3)</p>
<p>11  Happy Grandparents Day</p>	<p>12 National Assisted Living Week!! 10:45- Fabulous 40's! M&M's- "Melts in your mouth, not in your hands" <i>Cooks Corner</i> (DR3) 11:30- Pizza Party! (DR3) 3:00- BINGO </p>	<p>13 9:00- Morning Visits 11:00- Chit Chat w/ Chaplin Charles (DR3) 2:00- Nifty 50's "Drive-In" Movie "I Love Lucy" (DR3) </p>	<p>14 9:00- Devotions (EC) 10:15- Catholic Communion (PR) 2:30- Swinging 60's Live in Concert Rodney Raspberry! (DR3) </p>	<p>15 9:00- Morning Visits 10:45- sing-a-Long (L) 2:30- Super 70's! come enjoy a Disco Ice Cream Social (DR3) </p>	<p>16 9:00- Morning Visits 10:00- Daily Chronicles 2:30- Big 80's! Indiana Jones Treasure Hunt and Movie! </p>	<p>17 10:00- Daily Chronicles (Pickup in AR3) 1:00- Afternoon Popcorn <i>Just outside the Event Center.</i> 2:00- 1:1 Visits w/ Sharon 3:00- BINGO (DR3) 8:00- Houston Symphony Livestream (C3 only) Oktoberfest</p>
<p>18 10:00- Sunday Devotional (Pickup AR3) 2:30- Sunday Sing-a-Long w/ Sharon (AR3) 3:00- Movie (DR3) 4:30- 1:1 Visits w/ Sharon</p>	<p>19 9:00- Morning Visits 10:45- Coffee Talk (AR3) 1:00- 1-1 Visits 2:00- September Trivia (AR3) 3:00- Movie (DR3)</p>	<p>20 9:00- Daily Chronicles Delivered 11:00- Chit Chat w/ Chaplin Charles 2:00- September's Birthday Celebration! (DR3) 3:00- BINGO (DR3) 4:30- Sit & Be Fit (DR3)</p>	<p>21 9:00- Devotions (EC) 10:15- Catholic Communion (PR) 1:30- Puzzles & Crosswords (AR3) 3:00- Movie (DR3)</p>	<p>22 9:00- Morning Visits 10:00- Daily Chronicles (AR3) 10:45- Sing-a-Long (L) 11:00- Morning Walk 2:30- Hydration Cart & Room Visits Autumn Begins</p>	<p>23 9:00- Morning Visits 10:00- Daily Chronicles (AR3) 2:00- Cowboy Happy Hour w/Floyd Callen (EC) 3:00- Movie & Popcorn (DR3)</p>	<p>24 10:00- Daily Chronicles (Pickup in AR3) 1:00- Afternoon Popcorn <i>Just outside the Event Center.</i> 2:00- 1:1 Visits w/ Sharon 3:00- BINGO (DR3) 8:00- Houston Symphony Livestream (C3 only)</p>
<p>25 10:00- Sunday Devotional (Pickup AR3) 2:30- Sunday Sing-a-Long w/ Sharon (AR3) 3:00- Movie (DR3) 4:30- 1:1 Visits w/ Sharon Rosh Hashanah Begins</p>	<p>26 9:00- Morning Visits 10:45- Coffee Talk (AR3) 11:00- Burgers at Whataburger! 1:00- 1-1 Visits 2:00- EZ Does Its (AR3) 3:00- Movie (DR3)</p>	<p>27 9:00- Daily Chronicles Delivered 11:00- Chit Chat w/ Chaplin Charles (DR3) 3:00- BINGO (DR3) 4:30- Sit & Be Fit (DR3)</p>	<p>28 9:00- Devotions (EC) 10:15- Catholic Communion (PR) 1:30- Puzzles & Crosswords (AR3) 3:00- Movie (DR3)</p>	<p>29 9:00- Morning Visits 10:00- Daily Chronicles (AR3) 11:00- Morning Walk 2:30- Hydration Cart & Room Visits 3:00- Town Hall w/ Scott (EC)</p>	<p>30 9:00- Morning Visits 10:00- Daily Chronicles (AR3) 2:00- Table Top Games (AR3) 3:00- Robert Flatt Photography (EC) 7:00- Friday Feature (EC & C3) "Marilyn"</p>	

SEPTEMBER 2022 • MEMORY CARE Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<h1>September 2022</h1>				<p>1</p> <p>8:30- Breakfast (DR2) 9:45- Daily Chronicles (AR2) 10:00- Virtual Reality 11:30- Lunch (DR2) 2:00- Music & Memory (Room) 5:00- Dinner (AR2)</p>	<p>2</p> <p>8:30- Breakfast (DR2) 9:00- Wellness Checks 9:45- Daily Chronicles (AR2) 11:30- Lunch (DR2) 2:00- 1:1 Visits 3:00- Movie (DR2) 5:00- Dinner (DR2)</p>	<p>3</p> <p>8:30- Breakfast (DR2) 10:00- Daily Chronicles 11:30- Lunch (DR2) 2:00- Chair Exercise (DR2) 2:30- Open Table Games (AR2) 3:00- Residents Choice 5:00- Dinner (DR2)</p>	
<p>4</p> <p>8:30- Breakfast (DR2) 10:00- Sunday Worship (AR2) 11:30- Lunch (DR2) 1:30- Devotional Reading w/ Sharon (AR2) 2:00- BINGO (AR2) 4:30- 1:1 Visits 5:00- Dinner (DR2)</p>	<p>5</p>  <p>Labor Day</p>	<p>6</p> <p>8:30- Breakfast (DR2) 10:00- Morning Exercise (DR2) 10:30- Short Stories (AR2) 11:00- Sing a Long (AR2) 11:30- Lunch (DR2) 1:00- Table Games (AR2) 3:00- Movie (DR2) 5:00- Dinner (DR2)</p>	<p>7</p> <p>8:30- Breakfast (DR2) 9:00- Morning Visits 9:30- Wednesday Devotionals (AR2) 11:30- Lunch (DR2) 3:00- Snack Social (AR2) 5:00- Dinner (DR2)</p>	<p>8</p> <p>8:30- Breakfast (DR2) 9:45- Daily Chronicles (AR2) 10:00- Virtual Reality 11:30- Lunch (DR2) 2:00- Music & Memory (Room) 5:00- Dinner (AR2)</p>	<p>9</p> <p>8:30- Breakfast (DR2) 9:00- Wellness Checks 9:45- Daily Chronicles (AR2) 11:30- Lunch (DR2) 2:00- 1:1 Visits 3:00- Movie (DR2) 5:00- Dinner (DR2)</p>	<p>10</p> <p>8:30- Breakfast (DR2) 10:00- Daily Chronicles 11:30- Lunch (DR2) 2:00- Chair Exercise (DR2) 2:30- Open Table Games (AR2) 3:00- Residents Choice 5:00- Dinner (DR2)</p>	
 <p>Happy Grandparents Day</p>	<p>11</p> <p>8:30- Breakfast (DR2) 9:00- Morning Visits 9:30- Daily Chronicles (DR2) 11:30- Lunch (DR2) 3:00- Music2Remember W/ Sharon (AR2) 4:00- Craft Corner (AR2) 5:00- Dinner (DR2)</p>	<p>12</p> <p>8:30- Breakfast (DR2) 9:00- Morning Visits (DR2) 10:30- Short Stories (AR2) 11:00- Sing a Long (AR2) 11:30- Lunch (DR2) 1:00- Cooks Corner (AR2) 3:00- Movie (DR2) 5:00- Dinner (DR2)</p>	<p>13</p> <p>8:30- Breakfast (DR2) 10:00- Morning Exercise (DR2) 10:30- Short Stories (AR2) 11:00- Sing a Long (AR2) 11:30- Lunch (DR2) 1:00- Cooks Corner (AR2) 3:00- Movie (DR2) 5:00- Dinner (DR2)</p>	<p>14</p> <p>8:30- Breakfast (DR2) 9:00- Morning Visits 9:30- Wednesday Devotionals (AR2) 11:30- Lunch (DR2) 2:30- Swinging 60's Live in Concert Rodney Raspberry! (DR3) 5:00- Dinner (DR2)</p>	<p>15</p> <p>8:30- Breakfast (DR2) 9:45- Daily Chronicles (AR2) 10:00- Virtual Reality 11:30- Lunch (DR2) 2:30- Super 70's! come enjoy a Disco Ice Cream Social (DR3) 5:00- Dinner (AR2)</p>	<p>16</p> <p>8:30- Breakfast (DR2) 9:00- Wellness Checks 9:45- Daily Chronicles (AR2) 11:30- Lunch (DR2) 2:00- 1:1 Visits 3:00- Movie (DR2) 5:00- Dinner (DR2)</p>	<p>17</p> <p>8:30- Breakfast (DR2) 10:00- Daily Chronicles 11:30- Lunch (DR2) 2:00- Chair Exercise (DR2) 2:30- Open Table Games (AR2) 3:00- Residents Choice 5:00- Dinner (DR2)</p> <p style="text-align: right;">Oktoberfest</p>
<p>18</p> <p>8:30- Breakfast (DR2) 10:00- Sunday Worship (AR2) 11:30- Lunch (DR2) 1:30- Devotional Reading w/ Sharon (AR2) 2:00- BINGO (AR2) 4:30- 1:1 Visits 5:00- Dinner (DR2)</p>	<p>19</p> <p>8:30- Breakfast (DR2) 9:00- Morning Visits 9:30- Daily Chronicles (DR2) 11:30- Lunch (DR2) 3:00- Music2Remember W/ Sharon (AR2) 4:00- Craft Corner (AR2) 5:00- Dinner (DR2)</p>	<p>20</p> <p>8:30- Breakfast (DR2) 10:00- Morning Exercise (DR2) 10:30- Short Stories (AR2) 11:00- Sing a Long (AR2) 11:30- Lunch (DR2) 1:00- Hand Massages (AR2) 3:00- Movie (DR2) 5:00- Dinner (DR2)</p>	<p>21</p> <p>8:30- Breakfast (DR2) 9:00- Morning Visits 9:30- Wednesday Devotionals (AR2) 11:30- Lunch (DR2) 3:00- Snack Social (AR2) 5:00- Dinner (DR2)</p>	<p>22</p> <p>8:30- Breakfast (DR2) 9:45- Daily Chronicles (AR2) 10:00- Virtual Reality 11:30- Lunch (DR2) 2:00- Music & Memory (Room) 5:00- Dinner (AR2)</p> <p style="text-align: center;">Autumn Begins</p>	<p>23</p> <p>8:30- Breakfast (DR2) 9:00- Wellness Checks 9:45- Daily Chronicles (AR2) 11:30- Lunch (DR2) 2:00- 1:1 Visits 3:00- Movie (DR2) 5:00- Dinner (DR2)</p>	<p>24</p> <p>8:30- Breakfast (DR2) 10:00- Daily Chronicles 11:30- Lunch (DR2) 2:00- Chair Exercise (DR2) 2:30- Open Table Games (AR2) 3:00- Residents Choice 5:00- Dinner (DR2)</p>	
<p>25</p> <p>8:30- Breakfast (DR2) 10:00- Sunday Worship (AR2) 11:30- Lunch (DR2) 1:30- Devotional Reading w/ Sharon (AR2) 2:00- BINGO (AR2) 4:30- 1:1 Visits 5:00- Dinner (DR2)</p> <p style="text-align: center;">Rosh Hashanah Begins</p>	<p>26</p> <p>8:30- Breakfast (DR2) 9:00- Morning Visits 9:30- Daily Chronicles (DR2) 11:30- Lunch (DR2) 3:00- Music2Remember W/ Sharon (AR2) 4:00- Craft Corner (AR2) 5:00- Dinner (DR2)</p>	<p>27</p> <p>8:30- Breakfast (DR2) 10:00- Morning Exercise (DR2) 10:30- Short Stories (AR2) 11:00- Sing a Long (AR2) 11:30- Lunch (DR2) 1:00- Table Games (AR2) 3:00- Movie (DR2) 5:00- Dinner (DR2)</p>	<p>28</p> <p>8:30- Breakfast (DR2) 9:00- Morning Visits 9:30- Wednesday Devotionals (AR2) 11:30- Lunch (DR2) 3:00- Snack Social (AR2) 5:00- Dinner (DR2)</p>	<p>29</p> <p>8:30- Breakfast (DR2) 9:45- Daily Chronicles (AR2) 10:00- Virtual Reality 11:30- Lunch (DR2) 2:00- Music & Memory (Room) 5:00- Dinner (AR2)</p>	<p>30</p> <p>8:30- Breakfast (DR2) 9:00- Wellness Checks 9:45- Daily Chronicles (AR2) 11:30- Lunch (DR2) 2:00- 1:1 Visits 3:00- Movie (DR2) 5:00- Dinner (DR2)</p>	<p>8:30- Breakfast (DR2) 10:00- Daily Chronicles 11:30- Lunch (DR2) 2:00- Chair Exercise (DR2) 2:30- Open Table Games (AR2) 3:00- Residents Choice 5:00- Dinner (DR2)</p>	