## JUNE 2022 • INDEPENDENT LIVING Activities Calendar

| Sunday   | Monday  | Tuesday  | Wednesday  | Thursday   | Friday   | Saturday   |
|--|---|--|--|--|--|--|
| Sunday   | Monday  | Tuesday  | Wednesday  | Thursday   | Tituay   | Saturday   |
| It's Time  | Room Legend  EC - Event Center L - Lounge 7W - 7th Floor Conference Rm A/L 2R - Assisted Living/Living Rm PVD - Private Dining Room AR - Aerobics Room PR - Prayer Room SOL- Solarium DR - Discovery Room (Marketing Off)                               | Tune to Channel 103 for daily and upcoming events  Inside/Outside/Religious Activities   | 9:00 Devotions (EC) Rev. Scott Harbison St. Luke's Presbyterian  10:15 Catholic Communion (PR)  11:00 Exercise w/ Leo (EC) Sorry, No Water Aerobics Class Today! 3:00 Table Games 7th Floor Conference Room  | 2 10:00 Exercise w/ Leo (EC) 10:45 Sing-a-Long (L) "Favorites" with Louise Frowe 7:00 Classic Movie Night (EC&C3) "Some Like it Hot" Starring Marilyn Monroe, Tony Curtis, & Jack Lemmon | 9:00 Coffee Talk w/ Sharon (Bistro) 10:00 Exercise w/ Leo (EC) 11:00 Meyer Park Shopping Trip Residents' Choice Kohls, Dollar Tree, Burlington, Randall's 3:00 Shabbat Service (7W)  | 4  10:00 Card Craft (Craft Rm) 11 AM Chair Massage With Stacy  1:00 Canasta (Lounge)  2:00 Needlework (3rd Floor)  7:00 Bingo (EC)   |
| 5 11:30—1:30 Sunday Brunch (Main Dining Room)  | 6 10:00 Exercise w/ Frances (EC) 1:00 Line Dance w/ Gayle (EC) 1:00 Brazos Needle Group (L) 2:00 Flower & Cream   | 7 10:00 Exercise w/ Leo (EC) 10:30 Kroger Grocery 2:30 Walgreens Senior Day 3:00 Corn Hole Tournament (Event Center)   | 9:00 Devotions (EC) Father Houston Okonma St. Vincent de Paul 10:15 Catholic Communion (PR) 11:00 Exercise w/ Leo (EC) 11 AM Chair Massage with Adam 1:00 J's Treat: MFAH Rienzi Home: Docent-Led Tour 1:00 Water Aerobics w/ Paula                      | 9 10:00 Exercise w/ Leo (AR) 10:45 Sing-a-Long (L) "Happy Songs" with Ava Laing 12-4 PM Fashionistas At your Door (EC) Shop clothing, jewelry, purses                                    | 9:00 Coffee Talk w/ Frances 10:00 Exercise w/ Frances (EC) 11:30 Grillin' with Scott & Jim Pick up in the Bistro! 2:30 Craft Corner (Sol) Summer Wreaths Rescheduled from last month Please sign up in the Excursion Book! 3:00 Shabbat Service (7W) | 10:00 Card Craft (Craft Rm) 1:00 Canasta (Lounge) 12:00 Needlework (3rd Floor) 7:00 Bingo (EC)   |
| 11:30—1:30 Sunday Brunch (Main Dining Room) 1:00 Houston Ballet "Originals" 1:30 U of H Musicians (EC) solo pianist Alisiya Boiko                | 10:00 Exercise w/ Frances (EC & C3)  1:00 Line Dance w/ Gayle (EC) 1:00 Brazos Needle Group (L) 2:00 Cinema w/ Chaplain Charles (EC) "Just like Heaven"  7:00 BTBM Book Club (7W) The Thursday Murder Club by Richard Osman Led by Mary Grace Greenwood | 14 Flag Day  10:00 Exercise w/ Leo (AR)  10:30 Caring Friends Meeting (SOL)  10:30 Kroger Grocery  12:15 Monthly Lunch Bunch Lemongrass Cafe                                       | 9:00 Devotions (EC)  Rev. Margaret Desmond Resident at BTBM  10:15 Catholic Communion (PR)  11:00 Exercise w/ Leo (EC)  1:00 Water Aerobics w/ Paula  2:00 Wednesday Matinee  "Hotel Rwanda" (EC & C3)  Starring Don Cheadle  6:30 Alley Theatre  "Noir" | 10:00 Exercise w/ Leo (EC)  10:45 Sing-a-Long (L) with Ginny Croft & Anne Brown  2:00 New Class w/ Margaret Desmond (7W) "Forgiveness"   | 9:00 Coffee Talk w/ Frances (Bistro)  10:00 Exercise w/ Frances (AR)  11:30 Father's Day Celebration For our BTBM Men (EC) w/ David LaDuca "Ode to Fathers"  3:00 Shabbat Service (7W)   | 10:00 Card Craft (Craft Rm) 10:15 Celebration of Life Steve Carroll St. Mark's Episcopal Church 11 AM Chair Massage With Stacy 1:00 Canasta (Lounge) 2:00 Needlework (3rd Floor) 7:00 Bingo (EC) |
| 19 Happy Father's Day 11:30—1:30 Sunday Brunch (Main Dining Room) 3:00 Wine & Music with Louise Frowe at the piano (Lounge)                      | 10:00 Exercise w/ Frances (EC) 11:00 Costco Bus Trip 1:00 Line Dance w/ Gayle (EC) 1:00 Brazos Needle Group (L) 2:00 Speaker: Pam Gates, MFAH "Artists: Female, Fascinating & Formidable"   | 21 First Day of Summer  10:00 Exercise w/ Leo (EC) 10:30 Kroger Grocery 2:00 Tuesday Theatre "Spanglish" (EC&C3)  4:00 Party at the Pool Table Open to everyone! Lessons available | 9:00 Devotions (EC) Rev. Scott Painter Grace Episcopal 9:45 Visit Texas City Museum Tour 3 Historical Homes/ Lunch at Beyond Burger 10:15 Catholic Communion (PR) 11:00 Exercise w/ Leo (EC) 11 AM Chair Massage with Adam 1:00 Water Aerobics w/ Paula  | 10:00 Exercise w/ Leo (EC) 1:30-2:30 PM Aroma & Lotion Therapy (10 minute sessions) w/ Frances (Solarium) Please sign up in the Excursion Book! 5:00 June Birthday Dinner (EC)           | 9:00 Coffee Talk w/ Frances (Bistro)  10:00 Episcopal Worship with The Reverend David Goldberg (AR) 10:00 Exercise w/ Frances (EC&C3) 1:00 Shop at Trader Joe's 3:00 Shabbat Service (7W)  | 25 10:00 Card Craft (Craft Rm) 1:00 Canasta (Lounge) 12:00 Needlework (3rd Floor) 7:00 Bingo (EC)  |
| 11:30—1:30 Sunday Brunch 1:00 Houston Ballet "La Sylphide" 1:30 U of H Musicians (EC) flute player Donald Rabin and Christian McGee at the piano | 10:00 Exercise w/ Frances (EC)  10:30 Re-Sale Shopping at  Memorial Assistance Ministries/ Lunch TBD  1:00 Line Dance w/ Gayle (EC)  1:00 Brazos Needle Group (L)   | 10:00 Exercise w/ Leo (EC) 10:30 Kroger Grocery 2:00 Ice Cream Social Live entertainment w/ Jim Connors (EC)   | 9:00 Devotions (EC) Dr. Buford Nichols Resident at BTBM 10:15 Catholic Communion (PR) 11:00 Exercise w/ Leo (EC) 1:00 Water Aerobics w/ Paula 3:00 Robert Flatt Photography "Purple Martins" Live in the EC  | 30 10:00 Exercise w/ Leo (EC) 3:00 Town Hall Meeting w/ Scott (Live in the EC) 6:00 BTBM Dinner Night Out "Lucille's" A modern soul-food spot  | June  Events may be rescheduled or or inclement  | cancelled due to low turnout   |

## JUNE 2022 · ASSISTED LIVING Activities Calendar

|   |  |   |   | Thursday   | Friday   | Saturday  |
|---|--|---|---|--|--|---|
| Jui   | 1e 20  | )22   | 9:00- Devotions (EC) 10:15- Catholic Communion (PR) 2:00- Scrapbooking DR3 3:00- Afternoon Cinema DR3                                     | 9:00- Morning Visits 10:45- Daily Chronicles AR3 (Pickup) 11:00- Morning Walk With Lily (Meet in AR3) 2:00- Virtual Reality L3 3:30- Independent Puzzles and Colors AR3          | 9:00- Morning Visits 10:45- Coffee Talk AR3 1:00- Wellness Checks (Room Visits) 2:00- Daily Chronicles (AR) 3:00- Friday Movie DR3                                   | 10:00- Daily Chronicles (Pickup AR3) 11:00- Open Table Games AR3 2:00- Room Visits and One on One's 3:00- BINGO DR3  Shavuot Begins |
| Sunday Devotionals (Pickup in AR3) 11:00- Independent Puzzles AR3 2:30- Sunday Sing a Long (          | 10:45- Coffee Talk AR3<br>1:00- Brain Exercise/Daily<br>Chronicles (Pickup AR3)<br>2:00- Wellness Checks                   |   | 9:00- Devotions (EC) 10:15- Catholic Communion (PR) 2:00- Root Beer Floats & Sing A Long with Linda Wright DR3 3:30- Afternoon Cinema DR3 | 9:00- Morning Visits 10:45- Daily Chronicles AR3 (Pickup) 11:00- Morning Walk With Lily (Meet in AR3) 2:00- Virtual Reality L3 3:30- Independent Puzzles and Colors AR3          | 9:00- Morning Visits 10:45- Coffee Talk AR3 11:30- Grillin' W/ Scott (Bistro) 1:00- Wellness Checks (Room Visits) 2:00- Daily Chronicles (AR) 3:00- Friday Movie DR3 | 10:00- Daily Chronicles (Pickup AR3) 11:00- Open Table Games AR3 2:00- Room Visits and One on One's 3:00- BINGO DR3                 |
| Sunday Devotionals (Pickup in AR3) 11:00- Independent Puzzles AR3 2:30- Sunday Sing a Long (          | 1:00- Brain Exercise/Daily<br>Chronicles (Pickup AR3)<br>2:00- Wellness Checks<br>(Room Visits)                            |   | 9:00- Devotions (EC) 10:15- Catholic Communion (PR) 2:00- Cooking W/ Lily DR3 3:00- Afternoon Cinema DR3                                  | 9:00- Morning Visits 10:45- Daily Chronicles AR3 (Pickup) 11:00- Morning Walk With Lily (Meet in AR3) 2:00- Virtual Reality L3 3:30- Independent Puzzles and Colors AR3          | 11:30- Father's Day Celebration (EC) 1:00- Wellness Checks   | 10:00- Daily Chronicles (Pickup AR3) 10:15 2:00- Room Visits and One on One's 3:00- BINGO DR3                                       |
| in AR3) 11:00- Independent Puzzles AR3 2:30- Sunday Sing a Long with Sharon AR3 4:30- Wellness Checks | 10:45- Coffee Talk AR3<br>1:00- Brain Exercise/Daily<br>Chronicles (Pickup AR3)<br>2:00- Speaker: Pam Gates,               | Charles L3<br>10:45- Daily Chronicles<br>(Delivered)  | 9:00- Devotions (EC) 10:15- Catholic Communion (PR) 2:00- Painting With a Twist! DR3 3:00- Afternoon Cinema DR3                           | 9:00- Morning Visits 10:45- Daily Chronicles AR3 (Pickup) 11:00- Morning Walk With Lily (Meet in AR3) 2:00- Virtual Reality L3 3:30- Independent Puzzles and Colors AR3          | 9:00- Morning Visits 10:45- Coffee Talk AR3 1:00- Wellness Checks (Room Visits) 2:00- Daily Chronicles (AR) 3:00- Friday Movie DR3                                   | 10:00- Daily Chronicles (Pickup AR3) 11:00- Open Table Games AR3 2:00- Room Visits and One on One's 3:00- BINGO DR3                 |
| Sunday Devotionals (Pickup in AR3) 11:00- Independent Puzzles AR3 2:30- Sunday Sing a Long (          | 1:00- Brain Exercise/Daily<br>Chronicles (Pickup AR3)<br>2:00- Wellness Checks<br>(Room Visits)<br>3:00- Movie Matinee DR3 | 9:00- Chit Chat W/ Chaplin Charles L3 10:45- Daily Chronicles (Delivered) 2:00- Ice Cream Social w/ Live Entertainment. EC 3:00- BINGO! DR3 4:30- Sit & Stretch | 9:00- Devotions (EC) 10:15- Catholic Communion (PR) 1:00- Scenic Drive through Houston w/ Special Treat! 3:00- Afternoon Cinema DR3       | 9:00- Morning Visits 10:45- Daily Chronicles AR3 (Pickup) 11:00- Morning Walk With Lily (Meet in AR3) 2:00- Virtual Reality L3 3:00- Town Hall Meeting w/ Scott (Live in the EC) | AR3- Activity Room 3rd Floo<br>DR3- Dining Room 3rd Floor<br>LR- Library 3rd Floor<br>PR- Prayer Room 1st Floor<br>EC- Event Center 1st Floor                        |   |

## JUNE 2022 • MEMORY CARE Activities Calendar

| Sunday   | Monday  | Tuesday  | Wednesday   | Thursday   | Friday   | Saturday  |
|--|---|--|---|--|--|---|
|  | lune 20   | 22 ***   | 8:30- Breakfast DR2 9:00- Morning Visits 9:45- Daily Chronicles AR2 10:00- Morning Stretch AR2 11:30- Lunch DR2 1:00- One on One Visits 3:00- Open Table Games 5:00- Dinner DR2                           | 8:30- Breakfast DR2 9:00- Morning Visits 9:45- Daily Chronicles AR2 10:00- Short Stories AR2 11:30- Lunch DR2 1:00- Music & Memory (In Room) 3:00- BINGO AR2 5:00- Dinner DR2                            | 8:30- Breakfast DR2 3 9:00- Morning Visits 9:45- Daily Chronicles AR2 10:00- Morning Stretch AR2 11:30- Lunch DR2 2:00- Wellness Checks 3:00- Afternoon Movie 5:00- Dinner DR2                       | 8:30- Breakfast DR2 10:00- Daily Chronicles 11:30- Lunch DR2 1:30- Chair Exercise AR2 4:30- Lotion Therapy AR2 5:00- Dinner DR2  Shavuot Begins |
| 8:30- Breakfast DR2 10:00- Sunday Worship AR2 11:30- Lunch DR2 1:30- Devotional Reading AR2 4:00- One on One Visits 5:00- Dinner DR2 | 8:30- Breakfast DR2 6 9:00- Morning Visits 9:30- Daily Chronicle DR2 11:30- Lunch DR2 1:30- Sit & Stretch AR2 2:00- Finger Painting AR2 3:00- Classical Music 4:00- Open Table Games AR2 5:00- Dinner   | 8:30- Breakfast DR2 7 9:00- Morning Visits 9:45- Morning Exercise DR2 10:30- Short Stories AR2 11:30- Lunch DR2 1:30- Sing a Long w/ Sharon 2:00- Manicures&Massages 3:00- Movie AR2 5:00- Dinner DR2  | 8:30- Breakfast DR2 8 9:00- Morning Visits 9:45- Daily Chronicles AR2 10:00- Morning Stretch AR2 11:30- Lunch DR2 2:00- Root Beer Floats & Sing A Long with Linda Wright DR3 5:00- Dinner DR2             | 9:00- Morning Visits<br>9:45- Daily Chronicles AR2<br>10:00- Short Stories AR2<br>11:30- Lunch DR2<br>1:00- Music & Memory (In   | 8:30- Breakfast DR2 10<br>9:00- Morning Visits<br>9:45- Daily Chronicles AR2<br>10:00- Morning Stretch AR2<br>11:30- Lunch DR2<br>2:00- Wellness Checks<br>3:00- Afternoon Movie<br>5:00- Dinner DR2 | 8:30- Breakfast DR2 10:00- Daily Chronicles 11:30- Lunch DR2 1:30- Chair Exercise AR2 4:30- Lotion Therapy AR2 5:00- Dinner DR2                 |
| 8:30- Breakfast DR2 10:00- Sunday Worship AR2 11:30- Lunch DR2 1:30- Devotional Reading AR2 4:00- One on One Visits 5:00- Dinner DR2 | 8:30- Breakfast DR2 13 9:00- Morning Visits 9:30- Daily Chronicle DR2 11:30- Lunch DR2 1:30- Sit & Stretch AR2 2:00- Virtual Reality AR2 3:00- Classical Music 4:00- Open Table Games AR2 5:00- Dinner  | 8:30- Breakfast DR2 14 9:00- Morning Visits 9:45- Morning Exercise DR2 10:30- Short Stories AR2 11:30- Lunch DR2 1:30- Sing a Long w/ Sharon 2:00- Manicures&Massages 3:00- Movie AR2 5:00- Dinner DR2 | 8:30- Breakfast DR2 15<br>9:00- Morning Visits<br>9:45- Daily Chronicles AR2<br>10:00- Morning Stretch AR2<br>11:30- Lunch DR2<br>2:00- Cooking W/ Lily DR3<br>3:00- Open Table Games<br>5:00- Dinner DR2 | 8:30- Breakfast DR2 16 9:00- Morning Visits 9:45- Daily Chronicles AR2 10:00- Short Stories AR2 11:30- Lunch DR2 1:00- Music & Memory (In Room) 3:00- BINGO AR2 5:00- Dinner DR2                         | 8:30- Breakfast DR2 17 9:00- Morning Visits 9:45- Daily Chronicles AR2 10:00- Morning Stretch AR2 11:30- Lunch DR2 2:00- Wellness Checks 3:00- Afternoon Movie 5:00- Dinner DR2                      | 8:30- Breakfast DR2 10:00- Daily Chronicles 11:30- Lunch DR2 1:30- Chair Exercise AR2 4:30- Lotion Therapy AR2 5:00- Dinner DR2                 |
| 8:30- Breakfast DR2 10:00- Sunday Worship AR2 11:30- Lunch DR2 1:30- Devotional Reading AR2 4:00- One on One Visits 5:00- Dinner DR2 | 8:30- Breakfast DR2 20 9:00- Morning Visits 9:30- Daily Chronicle DR2 11:30- Lunch DR2 1:30- Sit & Stretch AR2 2:00- Spark the Senses AR2 3:00- Classical Music 4:00- Open Table Games AR2 5:00- Dinner | 9:00- Morning Visits<br>9:45- Morning Exercise DR2<br>10:30- Short Stories AR2<br>11:30- Lunch DR2<br>3:00- Hawaiian Luau! 2nd<br>Floor Patio  | 8:30- Breakfast DR2 22 9:00- Morning Visits 9:45- Daily Chronicles AR2 10:00- Morning Stretch AR2 11:30- Lunch DR2 1:00- One on One Visits 3:00- Open Table Games 5:00- Dinner DR2                        | 8:30- Breakfast DR2 23 9:00- Morning Visits 9:45- Daily Chronicles AR2 10:00- Short Stories AR2 11:30- Lunch DR2 1:00- Music & Memory (In Room) 3:00- BINGO AR2 5:00- Dinner DR2                         | 8:30- Breakfast DR2 24 9:00- Morning Visits 9:45- Daily Chronicles AR2 10:00- Morning Stretch AR2 11:30- Lunch DR2 2:00- Wellness Checks 3:00- Afternoon Movie 5:00- Dinner DR2                      | 8:30- Breakfast DR2 10:00- Daily Chronicles 11:30- Lunch DR2 1:30- Chair Exercise AR2 4:30- Lotion Therapy AR2 5:00- Dinner DR2                 |
| 8:30- Breakfast DR2 10:00- Sunday Worship AR2 11:30- Lunch DR2 1:30- Devotional Reading AR2 4:00- One on One Visits 5:00- Dinner DR2 | 8:30- Breakfast DR2 27 9:00- Morning Visits 9:30- Daily Chronicle DR2 11:30- Lunch DR2 1:30- Sit & Stretch AR2 2:00- Spark the Senses AR2 3:00- Classical Music 4:00- Open Table Games AR2 5:00- Dinner | 9:00- Morning Visits 9:45- Morning Exercise DR2 10:30- Short Stories AR2 11:30- Lunch DR2 1:30- Sing a Long w/ Sharon 2:00- Manicures&Massages 3:00- Movie AR2 5:00- Dinner DR2                        | 8:30- Breakfast DR2 29 9:00- Morning Visits 9:45- Daily Chronicles AR2 10:00- Morning Stretch AR2 11:30- Lunch DR2 1:00- One on One Visits 3:00- Open Table Games 5:00- Dinner DR2                        | 8:30- Breakfast DR2 30<br>9:00- Morning Visits<br>9:45- Daily Chronicles AR2<br>10:00- Short Stories AR2<br>11:30- Lunch DR2<br>1:00- Music & Memory (In<br>Room)<br>3:00- BINGO AR2<br>5:00- Dinner DR2 | AR2- Activity Room 2nd Flo<br>DR2- Dining Room 2nd Flo<br>DR3- Dining Room 3rd Flo   | or  |