



NOVEMBER 2021 • INDEPENDENT LIVING Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 All Saint's Day Nat'l Authors' Day 10:00 Exercise w/ Frances (EC) 1:00 Brazos Needle Group (L) 2:00 "The Lucy Show" DVD 3 Episodes (90 minutes) (C3 & EC)	2 Recreation Day 10:00 Exercise w/ Frances (EC) <i>Via Video on Channel 3 & EC</i> 10:30 Kroger Grocery 1:00 Line Dance w/ Gayle (AR) 2:00 Walgreens Senior Discount Day	3 Nat'l Stress Awareness Day 9:00 Devotions (EC) The Reverend Blair Parker Bethany Christian 10:00 Exercise w/ Frances (EC) 10:45 Catholic Communion (PR) 1:00 Water Aerobics w/ Paula 2:00 Walking w/ Nurse Kathy	4 10:00 Exercise w/ Leo (EC) 10:45 Sing-a-Long "Favorites" (L) w/ Louise Frowe 7:00 Thursday Theater (EC & C3) The Best Exotic Marigold Hotel <i>Compliments of Lisa Wellington</i>	5 9:00 Coffee Talk (Bistro) 10:00 Exercise w/ Frances (EC) 1:30 Hank's Ice Cream Shop a hometown favorite! 2:30 Table Games (solarium) 7 PM Opera & Wine Night (EC) One Act Comedy Opera by Puccini "Gianni Schicchi"	6 Don't forget to set your clocks back 1 hour tonight! 10:00 Card Craft (Craft Rm) 2:00 Needlework (3rd Floor) 7:00 Bingo (EC)
7 Daylight Savings Time Ends 11:00 Live stream Worship Service from St. Mark's Episcopal (EC) 11:30—1:30 Sunday Brunch (Bistro) 2 PM All Saints Day Service (Event Center)	8 10:00 Exercise w/ Frances (EC) 1:00 Brazos Needle Group (L) 2:00 Great American Train Ride "Cumbres & Toltec Scenic RR" 60 minutes (EC & C3) 7:00 BTBM Book Club (7W) "Bruno, Chief of Police" Led by Mary Grace Greenwood	9 World Freedom Day 10:00 Exercise w/ Frances (EC) <i>Via Video on Channel 3 & EC</i> 10:30 Kroger Grocery 1:00 Line Dance w/ Gayle (AR) TBD AMC Theater @ The Fountains "No Time to Die 007"	10 9:00 Devotions (EC) The Reverend Sarah Hemberger Willow Meadows Baptist 10:00 Exercise w/ Frances (EC) 10:45 Catholic Communion (PR) 1:00 Water Aerobics w/ Paula 1:00 J's Treat: MFAH Docent-led tour of Calder Picasso 2:00 Walking w/ Nurse Kathy 3:30 Liar's Club (EC)	11 Veterans' Day 10:00 Exercise w/ Leo (EC) 10:45 Patriotic Sing-a-Long w/ Ginny Croft (L) 3:00 Patriotic Concert with Jon Ingram (Event Center) <i>All Veterans will be honored</i>	12 9:00 Coffee Talk (Bistro) 10:00 Exercise w/ Frances (EC) 11:30 Grillin' with Scott & Jim <i>Pick up in the Bistro!</i> 1:15 Docent-led tour of the Holocaust Museum 2:30 Table Games (solarium)	13 World Kindness Day 10:00 Card Craft (Craft Rm) 2:00 Needlework (3rd Floor) 7:00 Bingo (EC)
14 11:00 Live stream Worship Service from St. Mark's Episcopal (EC) 11:30—1:30 Sunday Brunch (Bistro) 1:30 Houston Symphony <i>Helene Grimaud Plays Ravel</i> 1:30 U of H Musical Talent (EC)	15 10:00 Exercise w/ Frances (EC) 1:00 Brazos Needle Group (L) 2:00 Great American Train Ride "Winter Steam Spectacular" 90 minutes (EC & C3) 6:00 BTBM Dinner Night Out <i>Bayou City Seafood</i>	16 10:00 Exercise w/ Frances (EC) <i>Via Video on Channel 3 & EC</i> 10:30 Kroger Grocery 12:45 Visit & Shop the Blue Bird Circle Re-Sale Shop 1:00 Line Dance w/ Gayle (AR)	17 9:00 Devotions (EC) The Reverend Jon Burnham St. John's Presbyterian 10:00 Exercise w/ Frances (EC) 10:45 Catholic Communion (PR) 1:00 Water Aerobics w/ Paula 2:00 Walking w/ Nurse Kathy 5:00 November Birthday Dinner (EC)	18 World Philosophy Day 10:00 Exercise w/ Leo (EC) 4:00 Party at the Pool Table <i>Come on down and show us your moves Open to everyone! Lessons available.</i>	19 Int'l Men's Day BTBMs 4th Annual Sugar Plum Market (EC) <i>Come & Shop 10 AM—2 PM</i> 2:30 Table Games (solarium) 3:30 Shabbat Service with Cantor Tunitsky (7W)	20 10:00 Card Craft (Craft Rm) 2:00 Needlework (3rd Floor) 7:00 Bingo (EC)
21 11:00 Live stream Worship Service from St. Mark's Episcopal (EC) 11:30—1:30 Sunday Brunch (Bistro) 1:30 Houston Symphony <i>Tchaikovsky's Sleeping Beauty</i> 3:00 Wine & Music <i>Louise Frowe at the piano (L)</i>	22 8:45 AM Exercise w/ Leo (EC) 1:00 Brazos Needle Group (L) 3:00 Rodney Rasberry "Thanksgiving" Live in Concert (EC)	23 10:00 Exercise w/ Leo (EC) 10:30 Kroger Grocery 1:00 Line Dance with Gayle (AR) 2:30 Tuesday Theater (EC & C3) "Babette's Feast" <i>A film by Gabriel Axel. Special thanks to resident, Fern Basden for the DVD</i>	24 9:00 Devotions (EC) The Reverend David Goldberg St. Mark's Episcopal 10:00 Exercise w/ Gayle (EC) 10:45 Catholic Communion (PR) 1:00 Water Aerobics w/ Paula 2:00 Walking w/ Nurse Kathy	 <p>Holiday plans are being finalized</p>	26 9:00 Coffee Talk (Bistro) 10:00 Exercise w/ Gayle (EC) 11:00 Episcopal Worship with The Reverend David Goldberg (AR) 2:30 Table Games (solarium)	27 10:00 Card Craft (Craft Rm) 2:00 Needlework (3rd Floor) 7:00 Bingo (EC)
28 Advent Begins Hanukkah Begins 11:00 Live stream Worship Service from St. Mark's Episcopal (EC) 11:30—1:30 Sunday Brunch (Bistro)	29 10:00 Exercise w/ Frances (EC) 11:15 Monthly Lunch Bunch Samurai Japanese Steak & Sushi 1:00 Brazos Needle Group (L) 1:30 Great American Train Ride "Alaska's White Pass & Yukon" 40 minutes (EC & C3) 3:00 Town Hall (C3 & EC)	30 Giving Tuesday 10:00 Exercise w/ Frances (EC) <i>Via Video on Channel 3 & EC</i> 10:30 Kroger Grocery 1:00 Line Dance with Gayle (AR) 2:30 Curtis Nickelson, pianist "Common Joy" (EC)	Room Legend EC - Event Center L - Lounge 7W - 7th Floor Conference Rm A/L 2R - Assisted Living/Living Rm PVD - Private Dining Room AR - Aerobics Room PR - Prayer Room SOL - Solarium	<div style="border: 2px dashed blue; padding: 5px; text-align: center;"> Tune to Channel 103 for daily and upcoming events </div> <div style="border: 1px solid blue; padding: 5px; text-align: center; margin-top: 10px;"> Inside/Outside/Religious Activities </div>	<h2 style="margin: 0;">November 2021</h2> <p style="font-size: small; margin-top: 10px;">Events may be rescheduled or cancelled due to low turnout or inclement weather.</p>	

NOVEMBER 2021 • ASSISTED LIVING Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1 8:00- Morning Visits 10:00- Daily Chronicles (pick up in AR3) 11:00- Brain Exercise AR3 2:00- "The Lucy Show" CH3 AR3 3:30- Room to Room Visits</p>	<p>2 8:00- Morning Visits 10:00- Daily Chronicles (pick up in AR3) 10:00- Exercise w. Frances Via Video on CH.3 11:00- Resident Council AR3 2:00- Adult Coloring AR3 3:00- BINGO DR3</p>	<p>3 8:00- Morning Visits 9:00- Devotions (EC) 10:00- Daily Chronicles (pick up in AR3) 10:45- Catholic Communion (PR) 2:00- Walking w/Nurse Kathy 3:00- November Craft AR3</p>	<p>4 8:00- Morning Visits 10:00- Daily Chronicles (pick up in AR3) 10:45- Sing-a-Long in the Lounge 1:00- Cranium Crunches AR3 3:00- Room to Room Visits 7:00- Thursday Theater CH3 "The Best Exotic Marigold Hotel"</p>	<p>5 8:00- Morning Visits 10:00- Daily Chronicles (pick up in AR3) 11:00- Friday Fitness AR3 1:30- Puzzles & Word Searches in AR3 2:30- Friday Movie DR3</p>	<p>6 9AM-11AM- Morning Walk(outside or inside the community) 1:00- Afternoon Visits with Activity Cart 3:00- BINGO! (Resident led in DR3)</p>
<p>7 9AM-11AM- Morning Visits With Sunday Devotions. 11AM- Live Stream Worship Service from ST. Mark's Episcopal (EC) 2PM- ALI Saints Day Service (EC) 3:00- Movie DR3</p> <p>Daylight Saving Time Ends</p>	<p>8 Lily is OFF 8:00- Morning Visits 10:00- Daily Chronicles (pick up in AR3) 11:00- Brain Exercise AR3 2:00- "Cumbres & Toltec Scenic RR" CH3 3:30- Room to Room Visits</p>	<p>9 8:00- Morning Visits 10:00- Daily Chronicles (pick up in AR3) 10:00- Exercise w. Frances Via Video on CH.3 2:00- Adult Coloring & Table Games AR3 3:00- BINGO DR3</p>	<p>10 8:00- Morning Visits 9:00- Devotions (EC) 10:00- Daily Chronicles (pick up in AR3) 10:45- Catholic Communion (PR) 2:00- Cooks Corner DR3 3:30- Liar's Club (EC)</p>	<p>11 8:00- Morning Visits 10:00- Daily Chronicles (pick up in AR3) 10:45- Patriotic Sing-a-Long in the Lounge 3:00- Patriotic Concert with Jon Ingram (EC) <small>All Veterans will be honored Veterans Day Remembrance Day (Canada)</small></p>	<p>12 8:00- Morning Visits 10:00- Daily Chronicles (pick up in AR3) 11:30- Grillin' With Scott (Bistro) 1:30- Puzzles & Word Searches in AR3 2:30- Friday Movie DR3</p>	<p>13 9AM-11AM- Morning Walk(outside or inside the community) 1:00- Afternoon Visits with Activity Cart 3:00- BINGO! (Resident led in DR3)</p>
<p>14 9AM-11AM- Morning Visits With Sunday Devotions. 11AM- Live Stream Worship Service from ST. Mark's 1:30- U of H Musical Talent (EC) 3:00- Movie DR3</p>	<p>15 8:00- Morning Visits 10:00- Daily Chronicles (pick up in AR3) 11:00- Brain Exercise AR3 2:00- "Winter Steam Spectacular" CH3 3:30- Room to Room Visits</p>	<p>16 8:00- Morning Visits 10:00- Daily Chronicles (pick up in AR3) 10:00- Exercise w. Frances Via Video on CH.3 2:00- Adult Coloring & Table Games AR3 3:00- BINGO DR3</p>	<p>17 8:00- Morning Visits 9:00- Devotions (EC) 10:00- Daily Chronicles (pick up in AR3) 10:45- Catholic Communion (PR) 3:00- Movie DR3 5:00- November Birthday Dinner (EC)</p>	<p>18 8:00- Morning Visits 10:00- Daily Chronicles (pick up in AR3) 10:45- Sing-a-Long in the Lounge 1:00- Cranium Crunches AR3 3:00- Room to Room Visits</p>	<p>19 8:00- Morning Visits 10:00- Daily Chronicles (pick up in AR3) 11:00- BTBMs 4th Annual Sugar Plum Market (EC) 2:30- Marble Slab Creamery</p>	<p>20 9AM-11AM- Morning Walk(outside or inside the community) 1:00- Afternoon Visits with Activity Cart 3:00- BINGO! (Resident led in DR3)</p>
<p>21 9AM-11AM- Morning Visits With Sunday Devotions. 11AM- Live Stream Worship Service from ST. Mark's 3:00- Movie DR3 3:00- Wine & Music in the Lounge</p>	<p>22 8:00- Morning Visits 10:00- Daily Chronicles (pick up in AR3) 11:00- Brain Exercise AR3 3:00- Rodney Raspberry "Thanksgiving" Live in Concert (EC)</p>	<p>23 8:00- Morning Visits 10:00- Daily Chronicles (pick up in AR3) 10:00- Exercise w. Frances Via Video on CH.3 2:30- Tuesday Theater CH3 "Babette's Feast"</p>	<p>24 8:00- Morning Visits 9:00- Devotions (EC) 10:00- Daily Chronicles (pick up in AR3) 10:45- Catholic Communion (PR) 2:00- Walking w/Nurse Kathy 3:00- Movie DR3</p>	<p>25  Thanksgiving Day</p>	<p>26 8:00- Morning Visits 10:00- Daily Chronicles (pick up in AR3) 1:30- Puzzles & Word Searches in AR3 2:30- Friday Movie DR3</p>	<p>27 9AM-11AM- Morning Walk(outside or inside the community) 1:00- Afternoon Visits with Activity Cart 3:00- BINGO! (Resident led in DR3)</p>
<p>28 9AM-11AM- Morning Visits With Sunday Devotions. 11AM- Live Stream Worship Service from ST. Mark's 3:00- Movie DR3</p> <p>Hanukkah Begins</p>	<p>29 8:00- Morning Visits 10:00- Daily Chronicles (pick up in AR3) 11:00- Brain Exercise AR3 2:00- "Alaska's White Pass & Yukon" CH3 3:00- Town Hall CH3 3:30- Room to Room Visits</p>	<p>30 8:00- Morning Visits 10:00- Daily Chronicles (pick up in AR3) 10:00- Exercise w. Frances Via Video on CH.3 2:30- Curtis Nickelson Pianist "Common Joy" (EC) 3:00- BINGO DR3</p>				

NOVEMBER 2021 • MEMORY CARE Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Brazos Towers At Bayou Manor Memory Care Activities. Coordinator: Lily Soriano 713-660-3802	1 8:30- Breakfast DR2 9:30- Morning Visits/Wellness Check 10:00- Morning Stretch (Patio) 11:30- Lunch DR2 2:00- Sensory Work AR2 3:00- Classical Music AR2 5:00- Dinner DR2	2 8:30- Breakfast DR2 9:30- Morning Visits/Wellness Check 10:00- Morning Walk 11:30- Lunch DR2 2:00- Adult Coloring AR2 3:30- Dominoes AR2 5:00- Dinner DR2	3 8:30- Breakfast DR2 9:30- Devotions Delivered 10:00- Wellness check/Room Visits 11:30- Lunch DR2 2:00- Hymn Sing A Longs AR2 3:30- Movie LR2 5:00- Dinner DR2	4 8:30- Breakfast DR2 9:30- Morning Visits/Wellness Check 10:00- Morning Exercise AR2 11:30- Lunch DR2 2:00- Meditation on the Patio 3:00- Lotion Therapy AR2 5:00- Dinner DR2	5 8:30- Breakfast DR2 9:30- Morning Visits/Wellness Check 10:00- Balloon Toss LR2 11:30- Lunch DR2 2:00- Table Top Games AR2 3:30- Music & Memory 5:00- Dinner DR2	6 8:30- Breakfast DR2 10:00- Morning Stretch on the Patio 11:30- Lunch DR2 1:30- Classical Music AR2 3:30- Sensory Stimulation AR2 4:30- Table Games AR2 5:00- Dinner DR2
7 8:30- Breakfast DR2 10:00- Morning Meditation on the patio 11:30 Lunch DR2 1:30- Sunday Praises AR2 2:00- Devotional Reading AR2 3:30- Movie & popcorn AR2 5:00- Dinner DR2 Daylight Saving Time Ends	8 8:30- Breakfast DR2 9:30- Morning Visits/Wellness Check 10:00- Morning Stretch (Patio) 11:30- Lunch DR2 2:00- Sensory Work AR2 3:00- Classical Music AR2 5:00- Dinner DR2	9 8:30- Breakfast DR2 9:30- Morning Visits/Wellness Check 10:00- Morning Walk 11:30- Lunch DR2 2:00- Adult Coloring AR2 3:30- Dominoes AR2 5:00- Dinner DR2	10 8:30- Breakfast DR2 9:30- Devotions Delivered 10:00- Wellness check/Room Visits 11:30- Lunch DR2 2:00- Hymn Sing A Longs AR2 3:30- Movie LR2 5:00- Dinner DR2	11 8:30- Breakfast DR2 9:30- Morning Visits/Wellness Check 10:45- Patriotic Sing-a-Long in the Lounge 3:00- Patriotic Concert with Jon Ingram (EC) All Veterans will be honored Veterans Day Remembrance Day (Canada)	12 8:30- Breakfast DR2 9:30- Morning Visits/Wellness Check 10:00- Balloon Toss LR2 11:30- Lunch DR2 2:00- Table Top Games AR2 3:30- Music & Memory 5:00- Dinner DR2	13 8:30- Breakfast DR2 10:00- Morning Stretch on the Patio 11:30- Lunch DR2 1:30- Classical Music AR2 3:30- Sensory Stimulation AR2 4:30- Table Games AR2 5:00- Dinner DR2
14 8:30- Breakfast DR2 10:00- Morning Meditation on the patio 11:30 Lunch DR2 1:30- Sunday Praises AR2 2:00- Devotional Reading AR2 3:30- Movie & popcorn AR2 5:00- Dinner DR2	15 8:30- Breakfast DR2 9:30- Morning Visits/Wellness Check 10:00- Morning Stretch (Patio) 11:30- Lunch DR2 2:00- Sensory Work AR2 3:00- Classical Music AR2 5:00- Dinner DR2	16 8:30- Breakfast DR2 9:30- Morning Visits/Wellness Check 10:00- Morning Walk 11:30- Lunch DR2 2:00- Adult Coloring AR2 3:30- Dominoes AR2 5:00- Dinner DR2	17 8:30- Breakfast DR2 9:30- Devotions Delivered 10:00- Wellness check/Room Visits 11:30- Lunch DR2 2:00- Hymn Sing A Longs AR2 3:30- Movie LR2 5:00- Dinner DR2	18 8:30- Breakfast DR2 9:30- Morning Visits/Wellness Check 10:00- Morning Exercise AR2 11:30- Lunch DR2 2:00- Meditation on the Patio 3:00- Lotion Therapy AR2 5:00- Dinner DR2	19 8:30- Breakfast DR2 9:30- Morning Visits/Wellness Check 10:00- Balloon Toss LR2 11:30- Lunch DR2 2:00- Table Top Games AR2 3:30- Music & Memory 5:00- Dinner DR2	20 8:30- Breakfast DR2 10:00- Morning Stretch on the Patio 11:30- Lunch DR2 1:30- Classical Music AR2 3:30- Sensory Stimulation AR2 4:30- Table Games AR2 5:00- Dinner DR2
21 8:30- Breakfast DR2 10:00- Morning Meditation on the patio 11:30 Lunch DR2 1:30- Sunday Praises AR2 2:00- Devotional Reading AR2 3:30- Movie & popcorn AR2 5:00- Dinner DR2	22 8:30- Breakfast DR2 9:30- Morning Visits/Wellness Checks 10:00- Morning Stretch (Patio) 11:30- Lunch DR2 2:00- Sensory Work AR2 3:00- Classical Music AR2 5:00- Dinner DR2	23 8:30- Breakfast DR2 9:30- Morning Visits/Wellness Check 10:00- Morning Walk 11:30- Lunch DR2 2:00- Adult Coloring AR2 3:30- Dominoes AR2 5:00- Dinner DR2	24 8:30- Breakfast DR2 9:30- Devotions Delivered 10:00- Wellness check/Room Visits 11:30- Lunch DR2 2:00- Hymn Sing A Longs AR2 3:30- Movie LR2 5:00- Dinner DR2	25  Thanksgiving Day	26 8:30- Breakfast DR2 9:30- Morning Visits/Wellness Check 10:00- Balloon Toss LR2 11:30- Lunch DR2 2:00- Table Top Games AR2 3:30- Music & Memory 5:00- Dinner DR2	27 8:30- Breakfast DR2 10:00- Morning Stretch on the Patio 11:30- Lunch DR2 1:30- Classical Music AR2 3:30- Sensory Stimulation AR2 4:30- Table Games AR2 5:00- Dinner DR2
28 8:30- Breakfast DR2 10:00- Morning Meditation on the patio 11:30 Lunch DR2 1:30- Sunday Praises AR2 2:00- Devotional Reading AR2 3:30- Movie & popcorn AR2 5:00- Dinner DR2 Hanukkah Begins	29 8:30- Breakfast DR2 9:30- Morning Visits/Wellness Checks 10:00- Morning Stretch (Patio) 11:30- Lunch DR2 2:00- Sensory Work AR2 3:00- Classical Music AR2 5:00- Dinner DR2	30 8:30- Breakfast DR2 9:30- Morning Visits/Wellness Check 10:00- Morning Walk 11:30- Lunch DR2 2:00- Adult Coloring AR2 3:30- Dominoes AR2 5:00- Dinner DR2	<h1>November 2021</h1>			

NOVEMBER 2021 • HEALTH CARE CENTER Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2nd Floor 3rd Floor HC Healthcare MC Memory Care PR Prayer Room EC Event Center L Lounge S Solarium	1 7:30 Communal Dining 9:15 Delivering Daily Stimulation 10:15 Seniorcise (2) 10:30 Devotional Reading (2) 10:45 Old & Current Events (2) 11:00 F/M/R Stimulation (2) 11:30 Communal Dining 3:00 Lotion Therapy R2R 5:30 Communal Dining 7:00 TBN CH. 73	2 7:30 Communal Dining 9:15 Delivering Daily Stimulation 10:15 Seniorcise (3) 10:30 Devotional Reading (3) 10:45 Old & Current Events (3) 10:45 F/M/R Stimulation (3) 11:00 Communal Dining 3:30 Sentimental Reflections (3) 5:30 Communal Dining 7:00 TBN CH. 73 Walk Abouts w/ Brazos Angels	3 7:30 Communal Dining 9:15 Delivering Daily Stimulation 10:00 Seniorcise (2) 10:15 Old & Current Events (2) 11:30 Communal Dining 3:00 Thursday Theater & Popcorn Hello Dolly (2) 5:30 Communal Dining 6:00 Music Therapy CD	4 7:30 Communal Dining 9:15 Delivering Daily Stimulation 10:15 Seniorcise (3) 10:30 Devotional Reading (3) 10:45 Old & Current Events (3) 10:45 Sing Along w/ friends (L) 11:00 F/M/R Stimulation (3) 11:30 Communal Dining 3:00 Sentimental Reflections (3) 6:00 PBS> Ch. 8 530 Communal Dining 7:00 TBN CH. 73	5 7:30 Communal Dining 9:15 Delivering Daily Stimulation 10:15 Seniorcise (2) 10:30 Devotional Reading (2) 10:45 Old & Current Events (2) 11:00 F/M/R Stimulation (2) 11:30 Communal Dining 2:00 Happy Hour Cart 3:00 Seenager Hour Cart & Creativity Hour (2) 5:30 Communal Dining Walk Abouts w/ Brazos Angels	6 Quanda Off 7:30 Communal Dining 9:00 Daily Chronicles 9:15 Short Easy Exercise 9:30 Schools Days detective 10:00 Music Therapy CD 11:30 Communal Dining 3:00 Caring Friend's 3:00 Assorted games on cart 5:00 Music Therapy CD 5:30 Communal Dining 7:00 ESPN CH. 37
7 Quanda Off 7:30 Communal Dining 9:00 Daily Chronicles 9:15 Short Easy Exercise 10:00 Rick Stevens' Armchair Travel to Europe 10:45 Sunday Worship CH. 3 11:30 Communal Dining 3:00 Caring Friend's 3:00 Movie 5:00 Music Therapy CD 5:30 Communal Dining 7:00 PBS CH. 8 Daylight Saving Time Ends	8 7:30 Communal Dining 9:15 Delivering Daily Stimulation 10:15 Seniorcise (2) 10:30 Devotional Reading (2) 10:45 Old & Current Events (2) 11:00 F/M/R Stimulation (2) 11:30 Communal Dining 3:00 Lotion Therapy R2R 5:30 Communal Dining 7:00 TBN CH. 73	9 7:30 Communal Dining 9:15 Delivering Daily Stimulation 10:15 Seniorcise (3) 10:30 Devotional Reading (3) 10:45 Old & Current Events (3) 11:00 F/M/R Stimulation (3) 11:30 Communal Dining 3:30 Sentimental Reflections (3) 5:30 Communal Dining 7:00 TBN CH. 73 Walk Abouts w/ Brazos Angels	10 7:30 Communal Dining 9:15 Delivering Daily Stimulation 10:00 Seniorcise (2) 10:15 Old & Current Events (2) 11:30 Communal Dining 3:00 Thursday Theater & Popcorn Mrs. Doubtfire (2) 5:30 Communal Dining 6:00 Music Therapy CD	11 7:30 Communal Dining 9:15 Delivering Daily Stimulation 10:15 Seniorcise (3) 10:30 Devotional Reading (3) 10:45 Old & Current Events (3) 10:45 Sing Along w/ friends (L) 11:00 F/M/R Stimulation (3) 11:30 Communal Dining 3:00 Sentimental Reflections (3) 6:00 PBS> Ch. 8 530 Communal Dining 7:00 TBN CH. 73 Veterans Day Remembrance Day (Canada)	12 7:30 Communal Dining 9:15 Delivering Daily Stimulation 10:15 Seniorcise (2) 10:30 Devotional Reading (2) 10:45 Old & Current Events (2) 11:00 F/M/R Stimulation (2) 11:30 Communal Dining 2:00 Happy Hour Cart 3:00 Seenager Hour Cart & Creativity Hour (2) 5:30 Communal Dining Walk Abouts w/ Brazos Angels	13 Quanda Off 7:30 Communal Dining 9:00 Daily Chronicles 9:15 Short Easy Exercise 9:30 Schools Days detective 10:00 Music Therapy CD 11:30 Communal Dining 3:00 Caring Friend's 3:00 Assorted games on cart 5:00 Music Therapy CD 5:30 Communal Dining 7:00 ESPN CH. 37
14 Quanda Off 7:30 Communal Dining 9:00 Daily Chronicles 9:15 Short Easy Exercise 10:00 Rick Stevens' Armchair Travel to Europe 10:45 Sunday Worship CH. 3 11:00 Caring Critters Visits 11:30 Communal Dining 3:00 Caring Friend's 3:00 Movie 5:00 Music Therapy CD 5:30 Communal Dining 7:00 PBS CH. 8	15 7:30 Communal Dining 9:15 Delivering Daily Stimulation 10:15 Seniorcise (2) 10:30 Devotional Reading (2) 10:45 Old & Current Events (2) 11:00 F/M/R Stimulation (2) 11:30 Communal Dining 3:00 Lotion Therapy R2R 5:30 Communal Dining 7:00 TBN CH. 73	16 7:30 Communal Dining 9:15 Delivering Daily Stimulation 10:15 Seniorcise (3) 10:30 Devotional Reading (3) 10:45 Old & Current Events (3) 11:00 F/M/R Stimulation (3) 11:30 Communal Dining 3:30 Sentimental Reflections (3) 5:30 Communal Dining 7:00 TBN CH. 73 Walk Abouts w/ Brazos Angels	17 7:30 Communal Dining 9:15 Delivering Daily Stimulation 10:00 Seniorcise (2) 10:15 Old & Current Events (2) 11:30 Communal Dining 3:00 Road Trip Marble Slab 5:30 Communal Dining 6:00 Music Therapy CD	18 7:30 Communal Dining 9:15 Delivering Daily Stimulation 10:15 Seniorcise (3) 10:30 Devotional Reading (3) 10:45 Old & Current Events (3) 11:00 F/M/R Stimulation (3) 11:30 Communal Dining 3:00 Sentimental Reflections (3) 6:00 PBS> Ch. 8 530 Communal Dining 7:00 TBN CH. 73	19 7:30 Communal Dining 9:15 Delivering Daily Stimulation 10:15 Seniorcise (2) 10:30 Devotional Reading (2) 10:45 Old & Current Events (2) 11:00 F/M/R Stimulation (2) 11:30 Communal Dining 2:00 Happy Hour Cart 3:00 Seenager Hour Cart & Creativity Hour (2) 5:30 Communal Dining Walk Abouts w/ Brazos Angels	20 Quanda Off 7:30 Communal Dining 9:00 Daily Chronicles 9:15 Short Easy Exercise 9:30 Schools Days detective 10:00 Music Therapy CD 11:30 Communal Dining 3:00 Caring Friend's 3:00 Assorted games on cart 5:00 Music Therapy CD 5:30 Communal Dining 7:00 ESPN CH. 37
21 Quanda Off 7:30 Communal Dining 9:00 Daily Chronicles 9:15 Short Easy Exercise 10:00 Rick Stevens' Armchair Travel to Europe 10:45 Sunday Worship CH. 3 11:30 Communal Dining 3:00 Caring Friend's 3:00 Movie 5:00 Music Therapy CD 5:30 Communal Dining 7:00 PBS CH. 8	22 7:30 Communal Dining 9:15 Delivering Daily Stimulation 10:15 Seniorcise (2) 10:30 Devotional Reading (2) 10:45 Old & Current Events (2) 11:00 F/M/R Stimulation (2) 11:30 Communal Dining 3:00 Concert (EC) Rodney Rasberry 5:30 Communal Dining 7:00 TBN CH. 73	23 7:30 Communal Dining 9:15 Delivering Daily Stimulation 10:15 Seniorcise (3) 10:30 Devotional Reading (3) 10:45 Old & Current Events (3) 11:00 F/M/R Stimulation (3) 11:30 Communal Dining 3:30 Sentimental Reflections (3) 5:30 Communal Dining 7:00 TBN CH. 73 Walk Abouts w/ Brazos Angels	24 Quanda Off 7:30 Communal Dining 9:15 Delivering Daily Stimulation 10:00 Seniorcise (2) 10:15 Old & Current Events (2) 10:45 Sing Along w/ friends (L) 11:30 Communal Dining 3:00 Thursday Theater & Popcorn Chocolat (2) 5:30 Communal Dining 6:00 Music Therapy CD	25 7:30 Communal Dining 9:15 Delivering Daily Stimulation 10:15 Seniorcise (3) 10:30 Devotional Reading (3) 10:45 Old & Current Events (3) 11:00 F/M/R Stimulation (3) 11:30 Communal Dining 3:00 Sentimental Reflections (3) 6:00 PBS> Ch. 8 530 Communal Dining 7:00 TBN CH. 73 Thanksgiving Day	26 Quanda Off 7:30 Communal Dining 9:15 Delivering Daily Stimulation 10:15 Seniorcise (2) 10:30 Devotional Reading (2) 10:45 Old & Current Events (2) 11:00 F/M/R Stimulation (2) 11:30 Communal Dining 2:00 Happy Hour Cart 3:00 Seenager Hour Cart & Creativity Hour (2) 5:30 Communal Dining Walk Abouts w/ Brazos Angels	27 Quanda Off 7:30 Communal Dining 9:00 Daily Chronicles 9:15 Short Easy Exercise 9:30 Schools Days detective 10:00 Music Therapy CD 11:30 Communal Dining 3:00 Caring Friend's 3:00 Assorted games on cart 5:00 Music Therapy CD 5:30 Communal Dining 7:00 ESPN CH. 37
28 Quanda Off 7:30 Communal Dining 9:00 Daily Chronicles 9:15 Short Easy Exercise 10:00 Rick Stevens' Armchair Travel to Europe 10:45 Sunday Worship CH. 3 11:30 Communal Dining 3:00 Caring Friend's 3:00 Movie 5:00 Music Therapy CD 5:30 Communal Dining 7:00 PBS CH. 8 Hanukkah Begins	29 7:30 Communal Dining 9:15 Delivering Daily Stimulation 10:15 Seniorcise (2) 10:30 Devotional Reading (2) 10:45 Old & Current Events (2) 11:00 F/M/R Stimulation (2) 11:30 Communal Dining 3:00 Lotion Therapy R2R 5:30 Communal Dining 7:00 TBN CH. 73	30 7:30 Communal Dining 9:15 Delivering Daily Stimulation 10:15 Seniorcise (3) 10:30 Devotional Reading (3) 10:45 Old & Current Events (3) 11:00 F/M/R Stimulation (3) 11:30 Communal Dining 2:30 Concert (EC) Curtis Nickleson 5:30 Communal Dining 7:00 TBN CH. 73 Walk Abouts w/ Brazos Angels	<h1>November 2021</h1> <p>Young Nov. 29</p>			

Have any Questions or Suggestions Contact your HealthCare Activity Coordinator Quanda @ (346) 571.2222 Any calendar changes or additions will be posted on the bulletin board