


# FEBRUARY 2021 • INDEPENDENT LIVING Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p><b>Room Legend</b></p> <p>EC - Event Center                      L - Lounge                      7W - 7th Floor Conf Rm                      A/L 2R - Assisted Living/Living Rm                      PVD - Private Dining Room                      AR - Aerobics Room                      PR - Prayer Room                      SOL - Solarium                      DR - Discovery Room (Marketing Off)</p>	<p><b>1</b></p> <p>10:00 <b>Exercise w/ Frances</b> (EC)                      10:45 <b>Walk in the Park</b>  <i>Nature Discovery Center</i>  <i>Meet at the main entrance</i>                      1:00 <b>Brazos Needle Group</b> (L)                      2—3 PM <b>The Great Courses</b>  <i>"Optimizing Brain Fitness"</i>  <i>New Series</i> (EC &amp; C3)</p>	<p><b>2 Groundhog Day</b></p> <p>10:00 <b>Exercise w/ Frances</b> (EC)                      10:30 <b>Kroger Grocery</b>                      1:00 <b>Line Dance with Gayle</b> (EC)                      2:00 <b>Walgreens Senior Day</b></p>	<p><b>3</b></p> <p>9:00 <b>Devotions</b> (EC)  <b>Rev. Dr. Wilson Boots</b>  <i>Agape Love</i>                      10:00 <b>Exercise w/ Frances</b> (EC)                      2:00 <b>Walking w/ Nurse Kathy</b>                      3 PM <b>Water Aerobics</b></p>	<p><b>4</b></p> <p>10:00 <b>Exercise w/ Frances</b>  <i>via video on Channel 3 &amp; EC</i>                      10:45 <b>Sing-a-Long w/ Friends</b>  <b>"Favorites" w/ Louise Frowe</b>                      7:00 <b>Opera &amp; Wine Night</b>  <b>West Side Story</b>  <i>Starring Natalie Wood</i> (EC only)</p>	<p><b>5 National Wear Red Day</b>  <b>#GoRedWearRed</b>  <i>(sign up for Valentine's Day Dinner today!)</i></p> <p>10:00 <b>Exercise w/ Frances</b> (EC)                      10:30 <i>"Lessons from the Hebrew Bible"</i>  <i>Led by Rabbi Barry Gelman</i> (AR)                      11:30 <b>Grillin' w/ Scott</b> (Bistro)                      2:00 <b>Classic Movie</b> (EC &amp; C3)  <i>"Cat on a Hot Tin Roof"</i>                      6:00 <b>Shabbat Service</b> (7W)  <i>Live Stream from Temple Emanu El</i></p>	<p><b>6</b></p> <p>10:00 <b>Card Craft</b> (Craft Rm)                      1:00 <b>Needlework</b> (Craft Rm)                      1 PM <b>Popcorn</b>  <i>No Movie Today!</i>                      7:00 <b>Bingo</b> (EC)                      8:00 <b>Houston Symphony</b>  <i>Live from Jones Hall (C3 only)</i>  <b>Fabien Gabel Conducts</b>  <b>French Masterworks</b></p>	
<p><b>7 Super Bowl LV 2021</b></p>  <p>5:30 PM <b>Super Bowl Kick Off Party</b>  <i>Watch the Game on the Big Screen</i>  <i>in the Event Center!</i>  <i>Popcorn and Sodas to enjoy!</i></p>	<p><b>8</b></p> <p>10:00 <b>Exercise w/ Frances</b> (EC)                      1:00 <b>Brazos Needle Group</b> (L)                      2—3 PM <b>The Great Courses</b>  <i>"Optimizing Brain Fitness"</i> (EC &amp; C3)                      7 PM <b>Book Club (7W)</b>  <b>"A Handful of Dust"</b>  <i>Led by Jean Rosenbaum</i></p>	<p><b>9</b></p>  <p>9 AM—1 PM  <b>3rd Clinic—COVID</b>  <b>Vaccinations</b> (EC)                      10:00 <b>Exercise w/ Frances</b>  <i>via video on Channel 3</i>  <i>(Sorry, no line dancing today!)</i>                      10:30 <b>Kroger Grocery</b></p>	<p><b>10</b></p> <p>9:00 <b>Devotions</b> (EC)  <b>Florence McKelvey</b>  <i>"The Meaning of Gifts"</i>                      10:00 <b>Exercise w/ Frances</b> (EC)                      10:30 <b>Catholic Mass</b>  <i>with Father Joseph</i> (AR)                      2:00 <b>Walking w/ Nurse Kathy</b>                      3 PM <b>Water Aerobics</b></p>	<p><b>11</b> Nelson Mandela released after 27 years imprisonment in South Africa. Can you guess the year? (Answer on the back page)</p> <p>10:00 <b>Exercise w/ Frances</b>  <i>via video on Channel 3 &amp; EC</i>                      10:45 <b>Sing-a-Long w/ Friends</b>  <b>"Broadway" w/ Susan Alexander</b>                      2:00—3:30 <b>The Great Courses</b>  <i>"Optimizing Brain Fitness"</i> (EC &amp; C3)</p>	<p><b>12 Chinese New Year</b></p>  <p>10:00 <b>Exercise w/ Frances</b> (EC)                      1:00 <b>Walk down the Bayou w/ Friends</b>  <i>Meet at the main entrance</i>                      5:15 <b>Valentine's Day Dinner</b>  <b>Don't forget to sign up!</b></p>	<p><b>13</b></p> <p>10:00 <b>Card Craft</b> (Craft Rm)                      1:00 <b>Needlework</b> (Craft Rm)                      1 PM <b>Popcorn &amp; Movie</b> (EC)  <i>"Chocolat"</i>                      7:00 <b>Bingo</b> (EC)</p>	
<p><b>14 Valentine's Day</b></p>  <p>3 PM <b>Valentine's Special</b> with Ava Laing at the piano in the Lounge                      8 PM <b>The Alley Theatre</b>  <b>"A Half Sheet of Paper"</b>  <i>Virtual Production (Channel 3 only)</i></p>	<p><b>15 President's Day</b></p> <p>10:00 <b>Exercise w/ Frances</b> (EC)                      1:00 <b>Brazos Needle Group</b> (L)                      2—3:30 PM <b>The Great Courses</b>  <i>"Optimizing Brain Fitness"</i> (EC &amp; C3)</p>	<p><b>16 Fat Tuesday/ Mardi Gras</b></p>  <p>10:00 <b>Exercise w/ Frances</b> (EC)                      10:30 <b>Kroger Grocery</b>                      1:00 <b>Line Dance with Gayle</b> (EC)                      7:00 <b>Richmond Avenue Jazz Live Entertainment</b> (EC)  <i>Mardi Gras refreshments will be served!</i></p>	<p><b>17 Ash Wednesday</b>  <b>Beginning of Lent</b></p>  <p>9:00 <b>Devotions</b> (EC)  <b>Rev. Mary Currie</b>  <i>"Family Love with Communion"</i>                      10:00 <b>Exercise w/ Frances</b> (EC)                      2:00 <b>Walking w/ Nurse Kathy</b>                      3 PM <b>Water Aerobics</b></p>	<p><b>18</b></p> <p>9:30 <b>Williams Tower Waterfall</b>                      10:00 <b>Exercise w/ Frances</b>  <i>via video on Channel 3 &amp; EC</i>                      10:45 <b>Sing-a-Long w/ Friends</b>  <b>"Favorites: w/ Louise Frowe"</b>                      2—3 PM <b>The Great Courses</b>  <i>"Optimizing Brain Fitness"</i> (EC &amp; C3)                      5:00 <b>February Birthday Dinner</b></p>	<p><b>19</b></p> <p>10:00 <b>Exercise w/ Frances</b> (EC)                      3:30 <b>Shabbat Service</b> with Cantor Tunitsky (7W)                      7—8 PM <b>DVD Victor Borge</b>  <i>100 years of Music &amp; Laughter</i> (EC only)</p>	<p><b>20</b></p> <p>10:00 <b>Card Craft</b> (Craft Rm)                      1:00 <b>Needlework</b> (Craft Rm)                      1 PM <b>Popcorn &amp; Movie</b> (EC)  <i>"March of the Penguins"</i>                      7:00 <b>Bingo</b> (EC)</p>	
<p><b>21 On this day in the year ...</b></p> <p>1973 Chicago Black Hawks, record 262nd NHL game without being shut-out                      1981 NASA launches Comstar D-4                      1982 "Ain't Misbehavin'" closes at Longacre Theater NYC after 1604 performances</p>	<p><b>22</b></p> <p>10:00 <b>Exercise w/ Frances</b> (EC)                      10:45 <b>Walk in the Park</b>  <b>McGovern Centennial</b>  <i>Meet at the main entrance</i>                      1:00 <b>Brazos Needle Group</b> (L)                      2:30-3:30 PM <b>Liar's Club</b> (EC)  <i>Fun, Participation Game</i></p>	<p><b>23</b></p> <p>10:00 <b>Exercise w/ Frances</b>                      10:30 <b>Kroger Grocery</b>                      1:00 <b>Line Dance with Gayle</b> (EC)                      2—3:30 PM <b>The Great Courses</b>  <i>"Optimizing Brain Fitness"</i>  <i>End of Series</i> (EC &amp; C3)                      7:00 <b>Ballet &amp; Wine Night</b>  <b>Romeo &amp; Juliet</b> (EC only)  <i>Starring Rudolf Nureyev &amp; Margot Fonteyn</i></p>	<p><b>24</b></p> <p>9:00 <b>Devotions</b> (EC)  <b>Eleanor Epstein</b> "Divine Love"                      10:00 <b>Exercise w/ Frances</b> (EC)                      2:00 <b>Walking w/ Nurse Kathy</b>                      3 PM <b>Water Aerobics</b></p>	<p><b>25</b></p> <p>10:00 <b>Exercise w/ Frances</b>  <i>via video on Channel 3 &amp; EC</i>                      10:45 <b>Sing-a-Long w/ Friends</b>  <b>"A Sinatra Celebration"</b>  <i>w/ Susan Alexander</i>                      3:00 <b>Town Hall w/ Scott</b> (EC &amp; C3)</p>	<p><b>26 Go Texan Day (celebrated)</b></p> <p>10:00 <b>Exercise w/ Frances</b> (EC)                      1:30—2:30 <b>Life Matters w/ Rev. Margaret Desmond</b> (7W)</p>  <p>3 PM <b>Live C&amp;W</b> with Jon Ingram (EC)  <i>Line Dancing—Wear your Western Wear!</i>  <i>Happy Hour Refreshments will be served!</i></p>	<p><b>27</b></p> <p>10:00 <b>Card Craft</b> (Craft Rm)                      1:00 <b>Needlework</b> (Craft Rm)                      1 PM <b>Popcorn &amp; Movie</b> (EC)  <i>"True Grit"</i>                      7:00 <b>Bingo</b> (EC)</p>	
<p><b>28</b></p> <p>3:30 <b>Susan Alexander</b>  <b>at the Piano in the Lounge</b>  <i>Brought to you by the Letters N, O &amp; P</i></p>	<p><b>Tune to Channel 103 for daily and upcoming events</b></p> <p><b>Inside/Outside/Religious Activities</b></p>	<p><b>Black History Month</b></p>  <p>An annual observance originating in the United States, where it is also known as African-American History Month. It has received official recognition from governments in the U.S. and Canada. It began as a way of remembering important people and events in the history of the African diaspora.</p> 					<p><b>February 2021</b></p> <p><i>Events may be rescheduled or cancelled due to low turnout or inclement weather.</i></p>

# FEBRUARY 2021 • ASSISTED LIVING Activities Calendar

February 2021



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>1</b> Black History Month 11:00- Exercise LR2 1:00- Open Table Games AR3 2--3- The Great Course C3	<b>2</b> Groundhog Day 11:00- Yoga LR2 1:00- Puzzles AR3 3:00- BINGO 3:30- Tuesday Treats	<b>3</b> Drive-By Visits 9:00- Devotions 9:30- Daily Chronicles 3:00- Movie Matinee and Popcorn	<b>4</b> 10:45- Sing a Long (L) 11:00- Exercise LR2 1:00- Brain Teasers (Delivered) 3:00- Open Table	<b>5</b> National Wear Red Day! 11:00- Fitness Friday 11:30- Grillin' w Scott 2:00- Classic Movie	<b>6</b> Activity Room Open for games, word searches, coloring, puzzles, etc.	<b>7</b> Super Bowl LV 2021 5:30- Super Bowl Kick Off Party (EC) Popcorn and sodas to enjoy!
<b>8</b> 11:00- Exercise LR2 1:00- Open Table Games AR3 2--3- The Great Course C3	<b>9</b> 11:00- Yoga LR2 1:00- Puzzles AR3 3:00- BINGO 3:30- Tuesday Treats	<b>10</b> Drive-By Visits 9:00- Devotions 9:30- Daily Chronicles 3:00- Movie Matinee and Popcorn	<b>11</b> 10:45- Sing a Long (L) 11:00- Exercise LR2 1:00- Brain Teasers (Delivered) 3:00- Open Table	<b>12</b> Chinese New Year 11:00- Fitness Friday 1:00- Walk the Garden 3:00- Craft Day! 5:15- Valentines	<b>13</b> Activity Room Open for games, word searches, coloring, puzzles, etc.	<b>14</b> Valentine's Day 3:00- Valentines Special with Ava Lang at the piano in the Lounge
<b>15</b> 11:00- Exercise LR2 1:00- Open Table Games AR3 2--3- The Great Course C3	<b>16</b> Mardi Gras 11:00- Yoga LR2 1:00- Puzzles AR3 3:00- BINGO 7PM- Live Entertainment (EC)	<b>17</b> Ash Wednesday Drive-By Visits 9:00- Devotions 9:30- Daily Chronicles 3:00- Movie Matinee	<b>18</b> 10:45- Sing a Long (L) 11:00- Exercise LR2 1:00- Brain Teasers (Delivered) 3:00- Open Table	<b>19</b> 11:00- Fitness Friday 1:00- Walk the Garden 3:00- Movie Matinee 7--8- DVD Victor Borge (EC)	<b>20</b> Activity Room Open for games, word searches, coloring, puzzles, etc.	<b>21</b> Activity Room Open for games, word searches, coloring, puzzles, etc.
<b>22</b> 11:00- Exercise LR2 1:00- Open Table Games AR3 2--3-Movie DR3	<b>23</b> 11:00- Yoga LR2 1:00- Puzzles AR3 2--3- The Great Course C3 3:00- BINGO STORE!	<b>24</b> Drive-By Visits 9:00- Devotions 9:30- Daily Chronicles 3:00- Movie Matinee and Popcorn	<b>25</b> 10:45- Sing a Long (L) 11:00- Exercise LR2 1:00- Brain Teasers (Delivered) 3:00- Town Hall	<b>26</b> Go Texan Day (celebrated) 11:00- Fitness Friday Live C&W w Jon Ingram (EC) Wear Western Wear!!	<b>27</b> Activity Room Open for games, word searches, coloring, puzzles, etc.	<b>28</b> 3:30- Susan Alexander at the Piano in the Lounge

# FEBRUARY 2021 • HEALTH CARE CENTER Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>2nd Floor</b> <b>3rd Floor</b> <b>HC Healthcare</b> <b>MC Memory Care</b> <b>EC Event Center</b> <b>PR Prayer Room</b> <b>L Lounge</b> <b>S Solarium</b>	<b>Quanda Off</b> 1 7:30 Communal Dining 9:45 Devotion Reading 10:00 Exercise 10:15 Current Events 10:30 Password 11:30 Communal Dining 3:00 Lotion Therapy	2 7:30 Communal Dining 9:45 Devotional Reading 10:00 Exercise 10:15 Current Events 10:30 You Name It 11:30 Communal Dining 3:30 Fancy Nails 5:30 Communal Dining Walk Abouts w/ Brazos Angels Groundhog Day	3 7:30 Communal Dining 9:00 Devotional (EC) 10:00 Drive-By Visit 11:30 Communal Dining 3:00 Patio Talk 6:00 PBS> Ch. 8 5:30 Communal Dining	4 7:30 Communal Dining 9:45 Devotional Reading 10:00 Exercise 10:15 Current Events 11:30 Communal Dining 3:00 Thursday Theater Made For Each Other 5:30 Communal Dining	5 7:30 Communal Dining 9:45 Devotion Reading 10:00 Exercise 10:15 Current Events 10:30 Patio Talk 11:30 Communal Dining 3:00 Arts & Craft 5:30 Communal Dining Walk Abouts w/ Brazos Angels	<b>Quanda Off</b> 6 7:30 Communal Dining 11:30 Communal Dining 1:30 Movie Matinee (EC) 3:00 Table Games 6:00 PBS Ch.8 5:30 Communal Dining
7 7:30 Communal Dining 9:00 FOX Ch. 5 11:30 Communal Dining 3:00 Table Games 6:00 PBS Ch. 8 5:30 Communal Dining	8 7:30 Communal Dining 9:45 Devotion Reading 10:00 Exercise 10:15 Current Events 10:30 Password 11:30 Communal Dining 3:30 Junk Drawer Detective 5:30 Communal Dining	9 7:30 Communal Dining 9:45 Devotional Reading 10:00 Exercise 10:15 Current Events 10:30 You Name It 11:30 Communal Dining 3:30 Fancy Nails 5:30 Communal Dining Walk Abouts w/ Brazos Angels	10 7:30 Communal Dining 9:00 Devotional (EC) 10:00 Drive-By Visit 11:30 Communal Dining 3:00 Patio Talk 6:00 PBS> Ch. 8 5:30 Communal Dining	11 7:30 Communal Dining 9:45 Devotional Reading 10:00 Exercise 10:15 Current Events 11:30 Communal Dining 3:00 Thursday Theater The Lady Vanish 5:30 Communal Dining	12 7:30 Communal Dining 9:45 Devotion Reading 10:00 Exercise 10:15 Current Events 10:30 Patio Talk 11:30 Communal Dining 3:00 Arts & Craft 5:30 Communal Dining Walk Abouts w/ Brazos Angels Chinese New Year (Year of the Ox)	13 7:30 Communal Dining 1:30 Movie Matinee (EC) 10:00 Drive-By Visit 11:30 Communal Dining 3:00 Ice Cream Treats 3:00 Table Games 5:30 Communal Dining
14 7:30 Communal Dining 9:00 FOX Ch. 5 11:30 Communal Dining 3:00 Table Games 6:00 PBS Ch. 8 5:30 Communal Dining Valentine's Day	<b>Quanda Off</b> 15 7:30 Communal Dining 9:45 Devotion Reading 10:00 Exercise 10:15 Current Events 10:30 Password 11:30 Communal Dining 3:00 Lotion Therapy Presidents' Day	16 7:30 Communal Dining 9:45 Devotional Reading 10:00 Exercise 10:15 Current Events 10:30 You Name It 11:30 Communal Dining 3:30 Fancy Nails 5:30 Communal Dining Walk Abouts w/ Brazos Angels Mardi Gras	17 7:30 Communal Dining 9:00 Devotional (EC) 10:00 Drive-By Visit 11:30 Communal Dining 3:00 Patio Talk 6:00 PBS> Ch. 8 5:30 Communal Dining Ash Wednesday	18 7:30 Communal Dining 9:45 Devotional Reading 10:00 Exercise 10:15 Current Events 11:30 Communal Dining 3:00 Thursday Theater Tulsa & Hairy Ape 5:30 Communal Dining	<b>Quanda Off</b> 19 7:30 Communal Dining 9:45 Devotion Reading 10:00 Exercise 10:15 Current Events 10:30 Patio Talk 11:30 Communal Dining 3:00 Arts & Craft 5:30 Communal Dining Walk Abouts w/ Brazos Angels	<b>Quanda Off</b> 20 7:30 Communal Dining 11:30 Communal Dining 1:30 Movie Matinee (EC) 3:00 Table Games 6:00 PBS Ch.8 5:30 Communal Dining
21 7:30 Communal Dining 9:00 FOX Ch. 5 11:30 Communal Dining 3:00 Table Games 6:00 PBS Ch. 8 5:30 Communal Dining	22 7:30 Communal Dining 9:45 Devotion Reading 10:00 Exercise 10:15 Current Events 10:30 Password 11:30 Communal Dining 3:30 Junk Drawer Detective 5:30 Communal Dining	23 7:30 Communal Dining 9:45 Devotional Reading 10:00 Exercise 10:15 Current Events 10:30 You Name It 11:30 Communal Dining 3:30 Fancy Nails 5:30 Communal Dining Walk Abouts w/ Brazos Angels	24 7:30 Communal Dining 9:00 Devotional (EC) 10:00 Drive-By Visit 11:30 Communal Dining 3:00 Patio Talk 6:00 PBS> Ch. 8 5:30 Communal Dining	25 7:30 Communal Dining 9:45 Devotional Reading 10:00 Exercise 10:15 Current Events 11:30 Communal Dining 3:00 Thursday Theater Blood On The Sun 5:30 Communal Dining Purim Begins	26 7:30 Communal Dining 9:45 Devotion Reading 10:00 Exercise 10:15 Current Events 10:30 Virtual Tour of Greece 11:30 Communal Dining 3:00 Arts & Craft 5:30 Communal Dining Walk Abouts w/ Brazos Angels	27 7:30 Communal Dining 1:30 Movie Matinee (EC) 10:00 Drive-By Visit 11:30 Communal Dining 3:00 Ice Cream Treats 3:00 Table Games 5:30 Communal Dining
28 7:30 Communal Dining 9:00 FOX Ch. 5 11:30 Communal Dining 3:00 Table Games 6:00 PBS Ch. 8 5:30 Communal Dining	Ms. Bader Feb. 3					

## February 2021