


AUGUST 2020 • INDEPENDENT LIVING Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>August 2020</h1>			<p>Tune to Channel 103 for daily and upcoming events</p> <p>Inside/Outside/Religious Activities</p>	<p>Room Legend</p> <p>EC - Event Center L - Lounge 7W - 7th Floor Conf Rm A/L 2R - Assisted Living/Living Rm PVD - Private Dining Room AR - Aerobics Room PR - Prayer Room SOL - Solarium DR - Discovery Room (Marketing Off) C3 - Channel 3</p>		<p>I</p> <p>10:00 Card Craft (Craft Room) 1:00 Needlework (Craft Room) 1:00 Canasta & Rummikub (L) 3:00 <i>Toto McGehee's Celebration of Life Service</i> Live Streamed from St. Phillip Can be viewed on Channel 3 and in the Event Center</p>
<p><i>Events may be rescheduled or cancelled due to low turnout or inclement weather. Events may also be cancelled due to CDC recommendations for Senior Living Communities.</i></p>						
<p>2</p> <p>First Census Anniversary – On this day in 1790, the first census revealed that there were 3,929,214 citizens in the 16 states and the Ohio Territory. The U.S. has taken a census every 10 years since then.</p>	<p>3</p> <p>10:00 Exercise with Frances (EC) 1:30 The Great Courses (EC & C3) <i>Experiencing America "A Smithsonian Tour through American History"</i> 8:00 Houston Symphony on 88.7</p>	<p>4</p> <p>8:00 Walgreen's Senior Day Senior Hours 8-9 AM 10:00 Exercise with Frances (EC) 2:30-3:30 Tuesday Treats Delivered to your Apartments 7:30 <i>Live Entertainment</i> Pianist & Clarinet Just outside East Tower Entrance</p>	<p>5</p> <p>9:00 Devotions Reverend Charles O'Bryant "Heaven" 10:00 Exercise with Frances (EC) 2:00 <i>Popcorn & Wednesday Matinee</i> "The Art of the Steal" (EC) It Takes a Great Artist to Pull off the Perfect Con 2:00 Walking with Nurse Kathy</p>	<p>6</p> <p>10:00 Exercise with Frances (EC) 10:30 Sing-a-Long with Susan Alexander (L)</p>	<p>7</p> <p>10:00 Exercise with Frances (EC) 10:30 Mindfulness w/ Marianne Marcus (EC) 2:00 Classic Afternoon Movie "Shall We Dance" (EC&C3) Fred Astaire * Ginger Rogers 4:00 GLOW Girls (Bar) 6:00 Shabbat Service Live Stream from Temple Emanuel (EC)</p>	<p>8</p> <p>10:00 Card Craft (Craft Room) 1:00 Needlework (Craft Room) 1:00 Canasta & Rummikub (L)</p>
<p>9</p> <p>Book Lovers Day – A day for those who love to read, Book Lovers Day encourages you to kick back and relax with a great book.</p>	<p>10</p> <p>10:00 Exercise with Frances (EC) 1:30 The Great Courses (EC & C3) <i>Experiencing America "A Smithsonian Tour through American History"</i> 7:00 <i>Book Club Zoom Meeting</i> "The Dutch House" by Ann Patchett 8:00 Houston Symphony on 88.7</p>	<p>11</p> <p>7:00 Kroger Senior Hours 7 AM—8 AM 10:00 Exercise with Frances (EC) 2:30-3:30 Tuesday Treats Delivered to your Apartments</p>	<p>12</p> <p>9:00 Devotions (EC) Reverend Louise Row "God Feeds" 10:00 Exercise with Frances (EC) 2:00 Walking with Nurse Kathy 7:15 Visit the Purple Martins Fountains Shopping Center Stafford, TX</p>	<p>13 Left Handers Day</p> <p>10:00 Exercise with Frances (EC) 10:30 Sing-a-Long with Susan Alexander (L) 1:30 Beautiful Photography by Robert Flatt "Africa" (EC&C3)</p>	<p>14</p> <p>10:00 Exercise with Frances (EC) 10:30 Mindfulness w/ Marianne Marcus (EC) 3:00 Drive-by Happy Hour Delivered to your Apartments</p>	<p>15</p> <p>10:00 Card Craft (Craft Room) 1:00 Needlework (Craft Room) 1:00 Canasta & Rummikub (L) 1:30 <i>Popcorn & Saturday Matinee (EC)</i> "Darling Companion" starring Kevin Kline, Sam Shepard & Diane Keaton</p>
<p>16</p> <p>Sports Illustrated Day – The first issue of Sports Illustrated was published on this day in 1954. The cover showed Milwaukee Braves star Eddie Matthews at bat in Milwaukee County Stadium. 4:00 Sing-a-Long with Ginny Croft (L)</p>	<p>17</p> <p>10:00 Exercise with Frances (EC) 1:30 The Great Courses (EC & C3) <i>Experiencing America "A Smithsonian Tour through American History"</i> 8:00 Houston Symphony on 88.7</p>	<p>18</p> <p>10:00 Exercise with Frances (EC) 2:30-3:30 Tuesday Treats Delivered to your Apartments</p>	<p>19</p> <p>9:00 Devotions (EC) Reverend Mary Currie "Joyful Feast" 10:00 Exercise with Frances (EC) 2:00 <i>Popcorn & Wednesday Matinee (EC)</i> National Geographic's "Tigers of the Snow" 2:00 Walking with Nurse Kathy</p>	<p>20 Lemonade Day</p> <p>10:00 Exercise with Frances 10:30 "Brazolot Preview" Sing-a-Long with Anna, Elaine & Susan (L) 5:00 August Birthday Dinner (EC)</p>	<p>21 Senior Citizens Day</p> <p>10:00 Exercise with Frances (EC) 10:30 Mindfulness w/ Marianne Marcus (EC) 2:00 Classic Afternoon Movie "Singin' in the Rain" (EC&C3) Gene Kelly * Debbie Reynolds 4:00 GLOW Girls (Bar)</p>	<p>22</p> <p>10:00 Card Craft (Craft Room) 1:00 Needlework (Craft Room) 1:00 Canasta & Rummikub (L)</p>
<p>23</p> <p>4:00 Sing-a-Long with Louise Frowe (L)</p>	<p>24</p> <p>10:00 Exercise with Frances (EC) 1:30 The Great Courses (EC & C3) 8:00 Houston Symphony on 88.7</p>	<p>25</p> <p>7:00 Kroger Senior Hours 7 AM—8 AM 10:00 Exercise with Frances (EC)</p>	<p>26 Women's Equality Day</p> <p>9:00 Devotions (EC) Jo Petty "Providence" 10:00 Exercise with Frances (EC) 2:00 Walking with Nurse Kathy 7:15 Visit the Purple Martins Fountains Shopping Center Stafford, TX</p>	<p>27</p> <p>10:00 Exercise with Frances (EC) 10:30 Sing-a-Long with Louise Frowe (L) 3:00 Town Hall w/ Scott (EC & Ch 3)</p>	<p>28</p> <p>10:00 Exercise with Frances (EC) 10:30 Mindfulness w/ Marianne Marcus (EC) 1:30 The Pleasures of Poetry by Anna Louise Bruner (EC & C3) 3:00 Drive-by Happy Hour Delivered to your Apartments</p>	<p>29</p> <p>10:00 Card Craft (Craft Room) 1:00 Needlework (Craft Room) 1:00 Canasta & Rummikub (L) 1:30 <i>Popcorn & Saturday Matinee (EC)</i> "Oblivion" starring Tom Cruise & Morgan Freeman</p>
<p>30</p> <p>Marshmallow Toasting Day – Reminisce about roasting marshmallows over a campfire. 4:00 Sing-a-Long w/ Susan, Virginia & Elaine (L)</p>	<p>31</p> <p>10:00 Exercise with Frances (EC) 1:30 The Great Courses (EC & C3) 8:00 Houston Symphony on 88.7</p>	<p>10:00 Exercise with Frances (EC) 2:30-3:30 Tuesday Treats Delivered to your Apartments</p>				

AUGUST 2020 • ASSISTED LIVING Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <h2 style="font-family: cursive; color: green;">August 2020</h2>						1	
						<p>3:00 Toto McGehee's Celebration of Life Service. Live Streamed from St. Phillip Can be viewed on Channel 3</p>	
	2	3	4	5	6	7	8
	<p>Monday Packet of Fun! (Delivered) Earn points by completing each activity in your packet.</p> <p>1:30 The Great Course (CH3) Experiencing America "A Smithsonian Tour through American History"</p> <p>8:00 Houston Symphony on 88.7</p>	<p>Tuesday Packet of Fun! Did you complete your packet of fun? You want to build up your points to earn the prize at the end of the week.</p> <p>2:30 Tuesday Treats!</p> <p>3:30 Mail Pick-up and Drop-off</p>	<p>Wednesday Devotions (Delivered)</p> <p>10:00 Manicures/Hand Massages (In Room)</p> <p>1:00 Aromatherapy (In Room)</p> <p>2:00 Music and Memory (In Room)</p> <p>3:00 Movie and Popcorn (Delivered)</p>	<p>Thursday Packet of Fun! Are you ready? Tomorrow's Friday! Don't forget to finish your activities.</p> <p>(Room Visits and one-on-ones)</p> <p>3:30 Mail pick-up and Drop-off</p>	<p>Today's the Day!! Are "you" the winner of the fast food meal of your choice?!</p> <p>2:00 Classic Afternoon Movie "Shall We Dance" (CH3)</p> <p>2:30 Snack Cart</p> <p>3:30 Mail pick-up and Drop-off</p>	<p>(Room Visits and one-on-ones)</p> <p>Mail pick-up and Drop-off</p>	
	9	10	11	12	13	14	15
	<p><i>Lily is off</i></p> <p>Monday Packet of Fun! (Delivered) Earn points by completing each activity in your packet.</p> <p>1:30 The Great Course (CH3) Experiencing America "A Smithsonian Tour through American History"</p> <p>8:00 Houston Symphony on 88.7</p>	<p>Tuesday Packet of Fun! Did you complete your packet of fun? You want to build up your points to earn the prize at the end of the week.</p> <p>2:30 Tuesday Treats!</p> <p>3:30 Mail Pick-up and Drop-off</p>	<p>Wednesday Devotions (Delivered)</p> <p>10:00 Manicures/Hand Massages (In Room)</p> <p>1:00 Aromatherapy (In Room)</p> <p>2:00 Music and Memory (In Room)</p> <p>3:00 Movie and Popcorn (Delivered)</p>	<p>Thursday Packet of Fun! Are you ready? Tomorrow's Friday! Don't forget to finish your activities.</p> <p>(Room Visits and one-on-ones)</p> <p>1:30 Beautiful Photography by Robert Flatt "Africa" (CH 3)</p> <p>3:30 Mail pick-up and Drop-off</p>	<p>Today's the Day!! Are "you" the winner of the fast food meal of your choice?!</p> <p>2:00 Classic Afternoon Movie of your choice (Delievered)</p> <p>2:30 Snack Cart</p> <p>3:30 Mail pick-up and Drop-off</p>		
<p>National Tell a Joke Day! <i>Since jokes come in many forms, try out your favorite. For some, that might be a one-liner or a knock-knock joke. While many people groan at the sight of a pun, they bring on chucks, too. In moderation, laughter is healthy, it uses the abdominal muscles and releases endorphins (natural feel-good chemicals) into the brain.</i></p>	16	17	18	19	20	21	22
	<p>Monday Packet of Fun! (Delivered) Earn points by completing each activity in your packet.</p> <p>1:30 The Great Course (CH3) Experiencing America "A Smithsonian Tour through American History"</p> <p>8:00 Houston Symphony on 88.7</p>	<p>Tuesday Packet of Fun! Did you complete your packet of fun? You want to build up your points to earn the prize at the end of the week.</p> <p>2:30 Tuesday Treats!</p> <p>3:30 Mail Pick-up and Drop-off</p>	<p>Wednesday Devotions (Delivered)</p> <p>10:00 Manicures/Hand Massages (In Room)</p> <p>1:00 Aromatherapy (In Room)</p> <p>2:00 Music and Memory (In Room)</p> <p>3:00 Movie and Popcorn (Delivered)</p>	<p>Thursday Packet of Fun! Are you ready? Tomorrow's Friday! Don't forget to finish your activities.</p> <p>Room Visits and one-on-ones</p> <p>3:30 Mail pick-up and Drop-off</p>	<p>Today's the Day!! Are "you" the winner of the fast food meal of your choice?!</p> <p>2:00 Classic Afternoon Movie "Singin. in the Rain" (CH3)</p> <p>2:30 Snack Cart</p> <p>3:30 Mail pick-up and Drop-off</p>	<p>(Room Visits and one-on-ones)</p> <p>Mail pick-up and Drop-off</p>	
	23	24	25	26	27	28	29
	<p><i>Lily is off</i></p> <p>Monday Packet of Fun! (Delivered) Earn points by completing each activity in your packet.</p> <p>1:30 The Great Course (CH3) Experiencing America "A Smithsonian Tour through American History"</p> <p>8:00 Houston Symphony on 88.7</p>	<p>Tuesday Packet of Fun! Did you complete your packet of fun? You want to build up your points to earn the prize at the end of the week.</p> <p>2:30 Tuesday Treats!</p> <p>3:30 Mail Pick-up and Drop-off</p>	<p>Wednesday Devotions (Delivered)</p> <p>10:00 Manicures/Hand Massages (In Room)</p> <p>1:00 Aromatherapy (In Room)</p> <p>2:00 Music and Memory (In Room)</p> <p>3:00 Movie and Popcorn (Delivered)</p>	<p>Thursday Packet of Fun! Are you ready? Tomorrow's Friday! Don't forget to finish your activities.</p> <p>Room Visits and one-on-ones</p> <p>3:00 Town Hall w/Scott (CH 3)</p> <p>3:30 Mail pick-up and Drop-off</p>	<p>Today's the Day!! Are "you" the winner of the fast food meal of your choice?!</p> <p>1:30 The Pleasures of Poetry by Anna Louise Burner (CH 3)</p> <p>2:30 Snack Cart</p> <p>3:30 Mail pick-up and Drop-off</p>		
	30	31					
	<p>Monday Packet of Fun! (Delivered) Earn points by completing each activity in your packet.</p> <p>1:30 The Great Course (CH3) Experiencing America "A Smithsonian Tour through American History"</p> <p>8:00 Houston Symphony on 88.7</p>						

AUGUST 2020 • HEALTH CARE CENTER Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<i>August 2020</i>						1 10:00 Drive-By Visits 1:30 Movie Matinee (EC) 3:00 Ice Cream Treats 3:00 Table Games	
2 9:00 FOX Ch. 5 3:00 Table Games 6:00 PBS Ch. 8	3 9:30 Exercise 10:00 Exercise Devotion Reading 10:00 Current Events 10:00 Password 3:30 Fresh Air	4 9:30 Movement w/ music 10:00 Exercise Devotion Reading 10:00 Current Events 10:15 You Name It 3:30 Fancy Nails	5 9:00 Devotional (EC) 9:30 Exercise) 9:45 Humor Wed. 10:00 Current Events 10:00 Drive-By Visit 3:00 Retirement Detective 6:00 PBS> Ch. 8	6 9:30 Exercise 9:45 Current Events 10:00 Exercise 10:15 Current Events Devotion Reading 3:00 Thursday Theater	7 9:30 Exercise 9:45 Current Events 10:00 Exercise 10:15 Current Events Devotion Reading 3:00 Arts & Craft	8 Quanda Off 1:30 Movie Matinee (EC) 3:00 Ice Cream Treats 3:00 Table Games	
9 9:00 FOX Ch. 5 3:00 Table Games 6:00 PBS Ch. 8	10 9:30 Exercise 10:00 Exercise Devotion Reading 10:00 Current Events 10:15 Password 3:00 Lotion Therapy	11 9:30 Movement w/ music 10:00 Exercise Devotion Reading 10:00 Current Events 10:15 You Name It 3:30 Fancy Nails	12 9:00 Devotional (EC) 9:30 Exercise 9:45 Humor Wed. 10:00 Current Events 10:00 Drive-By Visit 3:00 Dad's Day Detective 6:00 PBS> Ch. 8	13 9:30 Exercise 9:45 Current Events 10:00 Exercise 10:15 Current Events Devotion Reading 3:00 Thursday Theater	14 9:30 Exercise 9:45 Current Events 10:00 Exercise 10:15 Current Events Devotion Reading 3:00 Arts & Craft	15 10:00 Drive-By Visits 1:30 Movie Matinee (EC) 3:00 Ice Cream Treats 3:00 Table Games	
16 9:00 FOX Ch. 5 3:00 Table Games 6:00 PBS Ch. 8	17 9:30 Exercise 10:00 Exercise Devotion Reading 10:00 Current Events 10:00 Password 3:30 Fresh Air	18 9:30 Movement w/ music 10:00 Exercise Devotion Reading 10:00 Current Events 10:15 You Name It 3:30 Fancy Nails	19 9:00 Devotional (EC) 9:30 Exercise 9:45 Humor Wed. 10:00 Current Events 10:00 Drive-By Visit 3:00 Dad's Day Detective 6:00 PBS> Ch. 8	20 9:30 Exercise (2) 9:45 Current Events (2) 10:00 Exercise (3) 10:15 Current Events (3) Devotion Reading 3:00 Thursday Theater (3)	21 9:30 Exercise 9:45 Current Events 10:00 Exercise (3) 10:15 Current Events Devotion Reading 3:00 Arts & Craft (3)	22 Quanda Off 1:30 Movie Matinee (EC) 3:00 Ice Cream Treats 3:00 Table Games	
23 9:00 FOX Ch. 5 3:00 Table Games 6:00 PBS Ch. 8	24 9:30 Exercise 10:00 Exercise Devotion Reading 10:00 Current Events 10:15 Password (2) 3:00 Lotion Therapy	25 9:30 Movement w/ music 10:00 Exercise Devotion Reading 10:00 Current Events 10:15 You Name It 3:30 Fancy Nails	26 9:00 Devotional (EC) 9:30 Exercise 9:45 Humor Wed. 10:00 Current Events 10:00 Drive-By Visit 3:00 Dad's Day Detective 6:00 PBS> Ch. 8	27 9:30 Exercise (2) 9:45 Current Events (2) 10:00 Exercise (3) 10:15 Current Events (3) Devotion Reading 3:00 Thursday Theater (3)	28 9:30 Exercise (2) 9:45 Current Events 10:00 Exercise (3) 10:15 Current Events Devotion Reading 3:00 Arts & Craft (3)	29 10:00 Drive-By Visits 1:30 Movie Matinee (EC) 3:00 Ice Cream Treats 3:00 Table Games	
30 9:00 FOX Ch. 5 3:00 Table Games 6:00 PBS Ch. 8	31 9:30 Exercise 10:00 Exercise Devotion Reading 10:00 Current Events 10:00 Password 3:30 Fresh Air	<p>Ms. Powell Aug. 10</p> <p>Ms. Kappaz Aug. 11</p> <p>Mr. Lindsay Aug. 17</p>				<p>2nd Floor</p> <p>3rd Floor</p> <p>HC Healthcare</p> <p>MC Memory Care</p> <p>EC Event Center</p> <p>PR Prayer Room</p> <p>L Lounge</p> <p>S Solarium</p>	