

# JULY 2020 • INDEPENDENT LIVING Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>July 2020</h1> <p><i>Events may be rescheduled or cancelled due to low turnout or inclement weather. Events may also be cancelled due to CDC recommendations for Senior Living Communities.</i></p>		<p><b>Room Legend</b></p> <p>EC - Event Center L - Lounge 7W - 7th Floor Conf Rm A/L 2R - Assisted Living/Living Rm PVD - Private Dining Room AR - Aerobics Room PR - Prayer Room SOL - Solarium C3 - Channel 3</p>	<p><b>1 Praise Postal Workers Day</b> – In celebration of Postal Workers' Month and the anniversary of the first postage stamps, issued on this day in 1847.</p> <p>9:00 <b>Devotions</b> (EC) Dr. David Sears "Who is my Neighbor?"</p> <p>10:00 <b>Exercise with Lily</b> (EC) 2:00 <b>Walking with Nurse Kathy</b></p>	<p><b>2</b></p> <p>10:00 <b>Exercise with Frances</b> (EC) 2:00 <b>Dance with Lily</b> (AR) 6:30 <b>Patriotic Holiday Performance</b> by: <b>David LaDuca &amp; Philip Hall</b> <i>Our American Melody: Songs of Pride &amp; Patriotism</i> (just outside East Tower Entrance)</p>	<p><b>3 Happy Birthday, Tom Cruise</b> Tom Cruise was born as Thomas Cruise Mapother IV on this day in 1962. He has been acting since the age of 18. He is a steadfast believer of Scientology.</p> <p>10:00 <b>Exercise with Lily</b> (EC) 10:30 <b>Mindfulness w/ Marianne Marcus</b> (Sol) 4:00 <b>GLOW Girls</b> (L)</p>	<p><b>4 Happy 4th of July</b></p> <p>9:30 <b>Exercise with Frances</b> (EC) 10:00 <b>Card Craft</b> (Craft Room) 1:00 <b>Needlework</b> (Craft Room) 1:00 <b>Canasta &amp; Rummikub</b> (L) 1:30 <b>Popcorn &amp; Saturday Matinee</b> (EC) "Stars and Stripes Forever" 4:00 <b>Patriotic Sing-a-Long</b> with <b>Ginny Croft</b> (L) 7:00 <b>Bingo!</b> (EC)</p>
<p><b>5</b></p> <p><b>Secret Service Day</b> – The U.S. Secret Service was created on this day in 1865. The Secret Service wasn't always assigned to protect the U.S. president. In fact, it was originally created to track down counterfeit money and then later to protect the government from fraud. Following President McKinley's assassination in 1901, the Secret Service was assigned to protect the president.</p>	<p><b>6</b></p> <p>10:00 <b>Exercise with Frances</b> (EC) 1:30 <b>The Great Courses</b> (EC &amp; C3) <i>Heroes &amp; Legends</i> 8:00 <b>Houston Symphony</b> on 88.7</p>	<p><b>7</b></p> <p>6:30 <b>Kroger Senior Hours</b> 6 AM—8 AM Daily 8:00 <b>Walgreen's Senior Day</b> 8 AM—9 AM 10:00 <b>Exercise with Frances</b> (EC) 2:30-3:30 <b>Tuesday Treats</b> Delivered to your Apartments</p>	<p><b>8</b></p> <p>9:00 <b>Devotions</b> (EC) Rev. Dr. Wilson Boots "Intercessory Prayer"</p> <p>10:00 <b>Exercise with Lily</b> (EC) 2:00 <b>Walking with Nurse Kathy</b></p>	<p><b>9</b></p> <p>10:00 <b>Exercise with Frances</b> (EC) 10:30 <b>Sing-a-Long with Friends</b> with <b>Susan Alexander</b> (L) 2:00 <b>Dance with Lily</b> (AR)</p>	<p><b>10</b></p> <p>10:00 <b>Exercise with Frances</b> (EC) 10:30 <b>Mindfulness w/ Marianne Marcus</b> (Sol) 1:30 <b>The Great Courses</b> (EC &amp; C3) <i>Heroes &amp; Legends</i> 4:00 <b>GLOW Girls</b> (L)</p>	<p><b>11</b></p> <p>10:00 <b>Card Craft</b> (Craft Room) 1:00 <b>Needlework</b> (Craft Room) 1:00 <b>Canasta &amp; Rummikub</b> (L) 1:30 <b>Popcorn &amp; Saturday Matinee</b> (EC) "Slumdog Millionaire" 7:00 <b>Bingo!</b> (EC)</p>
<p><b>12</b></p> <p><b>Anniversary of Panama Canal</b> – The official dedication of the international waterway that connects the Atlantic Ocean to the Pacific Ocean was held on this day in 1920. The Panama Canal had already been in use since 1914, but ceremonies were delayed due to World War I.</p>	<p><b>13</b></p> <p>10:00 <b>Exercise with Frances</b> (EC) 1:30 <b>The Great Courses</b> (EC &amp; C3) <i>End of the Series Heroes &amp; Legends</i> 7:00 <b>Book Club Zoom Meeting</b> "The Train to Crystal City" By Jan Jaboe Russell 8:00 <b>Houston Symphony</b> on 88.7</p>	<p><b>14</b></p> <p>7:00 <b>Kroger Senior Hours</b> 6 AM—8 AM Daily 10:00 <b>Exercise with Frances</b> (EC) 2:30-3:30 <b>Tuesday Treats</b> Delivered to your Apartments</p>	<p><b>15</b></p> <p>9:00 <b>Devotions</b> (EC) Frances Davenport "Peace in the Midst of the Storm"</p> <p>10:00 <b>Exercise with Lily</b> (EC) 2:00 <b>Walking with Nurse Kathy</b></p>	<p><b>16</b></p> <p>10:00 <b>Exercise with Frances</b> (EC) 2:00 <b>Dance with Lily</b> (AR) 5:00 <b>July Birthday Dinner</b> (EC) 6:30 <b>Jazz with Jack</b> Saxophonist (just outside East Tower Entrance)</p>	<p><b>17</b></p> <p>10:00 <b>Exercise with Lily</b> (EC) 10:30 <b>Mindfulness w/ Marianne Marcus</b> (Sol) 3:00 <b>Friday Afternoon Movie</b> "All that Jazz" (EC&amp;C3) 4:00 <b>GLOW Girls</b> (L)</p>	<p><b>18</b></p> <p>10:00 <b>Card Craft</b> (Craft Room) 1:00 <b>Needlework</b> (Craft Room) 1:00 <b>Canasta &amp; Rummikub</b> (L) 1:30 <b>Popcorn &amp; Saturday Matinee</b> (EC) "Inception" 7:00 <b>Bingo!</b> (EC)</p>
<p><b>19</b></p> <p><b>National Zookeeper Week Begins</b> – Each year during the third week of July, we celebrate National Zookeeper Week. The need to protect and preserve our wildlife and vanishing habitats has increased. Zookeepers are educators and wildlife ambassadors,</p>	<p><b>20</b></p> <p>10:00 <b>Exercise with Frances</b> (EC) 1:30 <b>Special Showing</b> <b>National Geographic:</b> "The Photographers" (EC &amp; C3) 8:00 <b>Houston Symphony</b> on 88.7</p>	<p><b>21</b></p> <p>7:00 <b>Kroger Senior Hours</b> 6 AM—8 AM Daily 10:00 <b>Exercise with Frances</b> (EC) 1:30 <b>Beautiful Photography</b> "Frogs, Owls and Night-Herons"(C3) By Robert Flatt 2:30-3:30 <b>Tuesday Treats</b> Delivered to your Apartments</p>	<p><b>22</b></p> <p>9:00 <b>Devotions</b> (EC) Virginia Jacoby "Encouragement"</p> <p>10:00 <b>Exercise with Lily</b> (EC) 2:00 <b>Walking with Nurse Kathy</b></p>	<p><b>23</b></p> <p>10:00 <b>Exercise with Frances</b> (EC) 10:30 <b>Sing-a-Long with Friends</b> with <b>Louise Frowe</b> (L) 2:00 <b>Dance with Lily</b> (AR)</p>	<p><b>24</b></p> <p>10:00 <b>Exercise with Frances</b> (EC) 10:30 <b>Mindfulness w/ Marianne Marcus</b> (Sol) 3:00 <b>Classic Afternoon Movie</b> "Holiday" (EC &amp; C3) 4:00 <b>GLOW Girls</b> (L)</p>	<p><b>25</b></p> <p>10:00 <b>Card Craft</b> (Craft Room) 1:00 <b>Needlework</b> (Craft Room) 1:00 <b>Canasta &amp; Rummikub</b> (L) 1:30 <b>Popcorn &amp; Saturday Matinee</b> (EC) "Wall Street" 7:00 <b>Bingo!</b> (EC)</p>
<p><b>26</b></p> 	<p><b>27</b></p> <p>10:00 <b>Exercise with Frances</b> (EC) 2:00 <b>A Review by Anna Louise Bruner</b> Enjoy excerpts from a book on <b>John Adams</b> augmented by songs from the musical, 1776. (EC &amp; C3) 8:00 <b>Houston Symphony</b> on 88.7</p>	<p><b>28</b></p> <p>7:00 <b>Kroger Senior Hours</b> 6 AM—8 AM Daily 10:00 <b>Exercise with Frances</b> (EC) 2:30-3:30 <b>Tuesday Treats</b> Delivered to your Apartments</p>	<p><b>29</b></p> <p>9:00 <b>Devotions</b> (EC) Virginia Streit "God of all Comfort"</p> <p>10:00 <b>Exercise with Lily</b> (EC) 2:00 <b>Walking with Nurse Kathy</b></p>	<p><b>30</b></p> <p>10:00 <b>Exercise with Frances</b> (EC) 2:00 <b>Dance with Lily</b> (AR) 3:00 <b>Town Hall w/ Scott</b> (Ch 3)</p>	<p><b>31</b></p> <p>10:00 <b>Exercise with Lily</b> (EC) 10:30 <b>Mindfulness w/ Marianne Marcus</b> (Sol) 1:00 <b>WWF's "Water Life"</b> (EC&amp;C3) 3:00 <b>Drive-by Happy Hour</b> Delivered to your Apartments</p>	<p style="text-align: center;"><b>Tune to Channel 103 for daily and upcoming events</b></p> <p style="text-align: center;">Inside/Outside/Religious Activities</p>

# JULY 2020 • ASSISTED LIVING Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
 <h2 style="font-size: 48px; margin: 0;">July 2020</h2>			<p>9:00 <b>Devotions (EC)</b>            10:00 <b>Daily Chronicles (Delivered)</b>            11:00 <b>Music And Movement (LR2)</b>            11:30 Lunch            2:00 <b>Walk with Nurse Kathy</b>            3:00 <b>Movie and Popcorn (LR3)</b></p> <p style="text-align: center;">Canada Day</p>	<p>10:00 <b>Daily Chronicles (Delivered)</b>            11:00 <b>Exercise (LR2)</b>            11:30 Lunch            1:30 <b>The Great Course (C3)</b>            3:00 <b>Hand Massages/Manicures</b>  <b>Drive-By Visits! (9AM-4PM)</b></p>	<p>10:00 <b>Daily Chronicles (Delivered)</b>            11:00 <b>Yoga (LR2)</b>            11:30 Lunch            2:00 <b>Word Search/Sudoku (Delivered)</b>            3:00 <b>BINGO!! (DR3)</b>            3:30 <b>Tuesday Treats</b></p> <p style="text-align: center;">(National Strawberry Sundae Day)</p>	<p>9:00 <b>Devotions (EC)</b>            10:00 <b>Daily Chronicles (Delivered)</b>            11:00 <b>Music And Movement (LR2)</b>            11:30 Lunch            2:00 <b>Daily Devotions (LR3)</b>            3:00 <b>Movie and Popcorn (LR3)</b></p>	<p>10:00 <b>Daily Chronicles (Delivered)</b>            10:30 <b>Sing-a-Long W/ Friends (L)</b>            11:00 <b>Exercise (LR2)</b>            11:30 Lunch            2:00 <b>Brain Games Activity (Delivered)</b>            3:00 <b>Music &amp; Memory (Room)</b></p>	<p>10:00 <b>Daily Chronicles (Delivered)</b>            11:00 <b>Yoga (LR2)</b>            11:30 Lunch            2:00 <b>Arts &amp; Crafts (DR3)</b>            3:00 <b>Movie and Popcorn (LR3)</b></p>	<p>1:30 <b>Popcorn &amp; Saturday Matinee (EC)</b>            4:00 <b>Patriotic Sing-a-Long W Ginny Croft (L)</b></p> <p style="text-align: center;">Puzzles/Games/Books (Pick up in AR3)</p> <p style="text-align: center;"><b>Drive-By Visits! (9AM-2PM)</b></p>
<p>5    <b>Full Moon Day</b></p>	<p>6            10:00 <b>Daily Chronicles (Delivered)</b>            11:00 <b>Exercise (LR2)</b>            11:30 Lunch            1:30 <b>The Great Course (C3)</b>            3:00 <b>Hand Massages/Manicures</b>  <b>Drive-By Visits! (9AM-4PM)</b></p>	<p>7            10:00 <b>Daily Chronicles (Delivered)</b>            11:00 <b>Yoga (LR2)</b>            11:30 Lunch            2:00 <b>Word Search/Sudoku (Delivered)</b>            3:00 <b>BINGO!! (DR3)</b>            3:30 <b>Tuesday Treats</b></p> <p style="text-align: center;">(National Strawberry Sundae Day)</p>	<p>8            9:00 <b>Devotions (EC)</b>            10:00 <b>Daily Chronicles (Delivered)</b>            11:00 <b>Music And Movement (LR2)</b>            11:30 Lunch            2:00 <b>Daily Devotions (LR3)</b>            3:00 <b>Movie and Popcorn (LR3)</b></p>	<p>9            10:00 <b>Daily Chronicles (Delivered)</b>            10:30 <b>Sing-a-Long W/ Friends (L)</b>            11:00 <b>Exercise (LR2)</b>            11:30 Lunch            2:00 <b>Brain Games Activity (Delivered)</b>            3:00 <b>Music &amp; Memory (Room)</b></p>	<p>10            10:00 <b>Daily Chronicles (Delivered)</b>            11:00 <b>Yoga (LR2)</b>            11:30 Lunch            2:00 <b>Arts &amp; Crafts (DR3)</b>            3:00 <b>Movie and Popcorn (LR3)</b></p>	<p>11            1:30 <b>Popcorn &amp; Saturday Matinee (EC)</b>            4:00 <b>Patriotic Sing-a-Long W Ginny Croft (L)</b></p> <p style="text-align: center;">Puzzles/Games/Books (Pick up in AR3)</p> <p style="text-align: center;"><b>Drive-By Visits! (9AM-2PM)</b></p>			
<p>12  <b>Anniversary of Panama Canal</b> - The official dedication of the international waterway that connects the Atlantic Ocean to the Pacific Ocean was held on this day in 1920. The <b>Panama Canal</b> had already been in use since 1914, but ceremonies were delayed due to World War I.</p>	<p>13            10:00 <b>Daily Chronicles (Delivered)</b>            11:00 <b>Exercise (LR2)</b>            11:30 Lunch            1:30 <b>The Great Course (C3)</b>            3:00 <b>Hand Massages/Manicures</b>  <b>Drive-By Visits! (9AM-4PM)</b></p>	<p>14            10:00 <b>Daily Chronicles (Delivered)</b>            11:00 <b>Yoga (LR2)</b>            11:30 Lunch            2:00 <b>Word Search/Sudoku (Delivered)</b>            3:00 <b>BINGO!! (DR3)</b>            3:30 <b>Tuesday Treats</b></p>	<p>15            9:00 <b>Devotions (EC)</b>            10:00 <b>Daily Chronicles (Delivered)</b>            11:00 <b>Music And Movement (LR2)</b>            11:30 Lunch            2:00 <b>Walk with Nurse Kathy</b>            3:00 <b>Movie and Popcorn (LR3)</b></p>	<p>16            10:00 <b>Daily Chronicles (Delivered)</b>            11:00 <b>Exercise (LR2)</b>            11:30 Lunch            2:00 <b>Brain Games Activity (Delivered)</b>            3:00 <b>Music &amp; Memory (In Room)</b>            6:30 <b>Jazz W/ Jack (Outside East Tower Entrance)</b></p>	<p>17            10:00 <b>Daily Chronicles (Delivered)</b>            11:00 <b>Yoga (LR2)</b>            11:30 Lunch            2:00 <b>Arts &amp; Crafts (DR3)</b>            3:00 <b>Movie and Popcorn (LR3)</b></p>	<p>18            1:30 <b>Popcorn &amp; Saturday Matinee (EC)</b></p> <p style="text-align: center;">Puzzles/Games/Books (Pick up in AR3)</p>			
<p>19    <b>Make someone smile week!</b></p>	<p>20            10:00 <b>Daily Chronicles (Delivered)</b>            11:00 <b>Exercise (LR2)</b>            11:30 Lunch            1:30 <b>Special Showing (C3)</b>            3:00 <b>Hand Massages/Manicures</b>  <b>Drive-By Visits! (9AM-4PM)</b></p>	<p>21            10:00 <b>Daily Chronicles (Delivered)</b>            11:00 <b>Yoga (LR2)</b>            11:30 Lunch            2:00 <b>Word Search/Sudoku (Delivered)</b>            3:00 <b>BINGO!! (DR3)</b>            3:30 <b>Tuesday Treats</b></p>	<p>22            9:00 <b>Devotions (EC)</b>            10:00 <b>Daily Chronicles (Delivered)</b>            11:00 <b>Music And Movement (LR2)</b>            11:30 Lunch            2:00 <b>Walk with Nurse Kathy</b>            3:00 <b>Movie and Popcorn (LR3)</b></p>	<p>23            10:00 <b>Daily Chronicles (Delivered)</b>            10:30 <b>Sing-a-Long W/ Friends (L)</b>            11:00 <b>Exercise (LR2)</b>            11:30 Lunch            3:00 <b>Music &amp; Memory (In Room)</b>            4:00 <b>Aromatherapy (In Room)</b></p>	<p>24            10:00 <b>Daily Chronicles (Delivered)</b>            11:00 <b>Yoga (LR2)</b>            11:30 Lunch            2:00 <b>Arts &amp; Crafts (DR3)</b>            3:00 <b>Movie and Popcorn (LR3)</b></p>	<p>25            1:30 <b>Popcorn &amp; Saturday Matinee (EC)</b></p> <p style="text-align: center;">Puzzles/Games/Books (Pick up in AR3)</p> <p style="text-align: center;"><b>Drive-By Visits! (9AM-2PM)</b></p>			
<p>26  </p>	<p>27            10:00 <b>Daily Chronicles (Delivered)</b>            11:00 <b>Exercise (LR2)</b>            11:30 Lunch            2:00 <b>Book Review (C3)</b>            3:00 <b>Hand Massages/Manicures</b>  <b>Drive-By Visits! (9AM-4PM)</b></p>	<p>28            10:00 <b>Daily Chronicles (Delivered)</b>            10:30 <b>Resident Council Meeting (LR2)</b>            11:00 <b>Yoga (LR2)</b>            11:30 Lunch            2:00 <b>Word Search/Sudoku (Delivered)</b>            3:00 <b>BINGO!! (DR3)</b>            3:30 <b>Tuesday Treats</b></p>	<p>29            9:00 <b>Devotions (EC)</b>            10:00 <b>Daily Chronicles (Delivered)</b>            11:00 <b>Music And Movement (LR2)</b>            11:30 Lunch            2:00 <b>Walk with Nurse Kathy</b>            3:00 <b>Movie and Popcorn (LR3)</b></p>	<p>30            10:00 <b>Daily Chronicles (Delivered)</b>            11:00 <b>Exercise (LR2)</b>            11:30 Lunch            2:00 <b>Brain Games Activity (Delivered)</b>            3:00 <b>Town Hall w/ Scott (Ch3)</b>            4:00 <b>Aromatherapy (In Room)</b></p>	<p>31            10:00 <b>Daily Chronicles (Delivered)</b>            11:00 <b>Yoga (LR2)</b>            11:30 Lunch            2:00 <b>Arts &amp; Crafts (DR3)</b>            2:30 <b>BINGO STORE! (AR3)</b>            3:00 <b>Movie and Popcorn (LR3)</b></p>	<p><b>July Birthday's</b>            Ella, Hamm            Michael, Modelski</p>			

# JULY 2020 • MEMORY CARE Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h2 style="text-align: center;">July 2020</h2>			<p>10:00 <b>Daily Chronicles (AR)</b>                      11:00 <b>Hymn Sing-a-Long</b>                      11:30 Lunch                      1:00 <b>Daily Devotions (LR)</b>                      3:00 <b>Aroma Therapy (LR)</b>                      6:00 <b>Evening Meditation on Patio</b></p> <p style="text-align: center;">Canada Day</p>	<p>10:00 <b>Daily Chronicles (AR)</b>                      11:00 <b>Sorting/Matching</b>                      11:30 Lunch                      1:00 <b>Instruments</b>                      3:00 <b>Music and Memory</b>                      3:30 <b>Snack Cart</b></p>	<p>10:00 <b>Daily Chronicles (AR)</b>                      11:00 <b>Sensory Games</b>                      11:30 Lunch                      1:00 <b>Facetime/Skype Families</b>                      3:00 <b>4th of July Treats!!</b>                      6:00 <b>Evening Meditation on Patio</b></p>	 <p style="text-align: center;">Independence Day (US)</p>
			<p>10:00 <b>Daily Chronicles (AR)</b>                      11:00 <b>Hymn Sing-a-Long</b>                      11:30 Lunch                      1:00 <b>Daily Devotions (LR)</b>                      3:00 <b>Aroma Therapy (LR)</b>                      6:00 <b>Evening Meditation on Patio</b></p>	<p>10:00 <b>Daily Chronicles (AR)</b>                      11:00 <b>Sorting/Matching</b>                      11:30 Lunch                      1:00 <b>Instruments</b>                      3:00 <b>Music and Memory</b>                      3:30 <b>Snack Cart</b></p>	<p>10:00 <b>Daily Chronicles (AR)</b>                      11:00 <b>Sensory Games</b>                      11:30 Lunch                      1:00 <b>Facetime/Skype Families</b>                      3:00 <b>Facials</b>                      6:00 <b>Evening Meditation on Patio</b></p>	<p>9:00 <b>Patio Time</b>                      11:00 <b>Music and Movement</b>                      11:30 Lunch                      3:00 <b>Table Top Games</b></p> <p style="text-align: center;"><b>Drive-by Visits (9AM-2PM)</b></p>
<p>10:00 <b>Daily Chronicles (Patio)</b>                      11:00 <b>Sing-a-Long (AR)</b>                      11:30 Lunch                      1:00 <b>Reminiscing Group (AR)</b>                      3:00 <b>Hand Massages W/lotion</b>                      4:00 <b>Meditation W/Relaxing CD (AR)</b></p> <p style="text-align: center;"><b>Drive-By Visits! (9AM-4PM)</b></p>	<p>9:00 <b>PatioTime</b>                      10:00 <b>Daily Chronicles (AR)</b>                      11:00 <b>Sensory Materials</b>                      11:30 Lunch                      1:00 <b>Table Top Games</b>                      3:00 <b>Music and Memory</b>                      3:30 <b>Tuesday Treats!</b></p>	<p>10:00 <b>Daily Chronicles (AR)</b>                      11:00 <b>Hymn Sing-a-Long</b>                      11:30 Lunch                      1:00 <b>Daily Devotions (LR)</b>                      3:00 <b>Aroma Therapy (LR)</b>                      6:00 <b>Evening Meditation on Patio</b></p>	<p>10:00 <b>Daily Chronicles (AR)</b>                      11:00 <b>Sorting/Matching</b>                      11:30 Lunch                      1:00 <b>Instruments</b>                      3:00 <b>Music and Memory</b>                      3:30 <b>Snack Cart</b></p>	<p>10:00 <b>Daily Chronicles (AR)</b>                      11:00 <b>Sensory Games</b>                      11:30 Lunch                      1:00 <b>Facetime/Skype Families</b>                      3:00 <b>Facials</b>                      6:00 <b>Evening Meditation on Patio</b></p>	<p>9:00 <b>Patio Time</b>                      11:00 <b>Music and Movement</b>                      11:30 Lunch                      3:00 <b>Table Top Games</b></p> <p style="text-align: center;"><b>Drive-by Visits (9AM-2PM)</b></p>	
<p>10:00 <b>Daily Chronicles (Patio)</b>                      11:00 <b>Sing-a-Long (AR)</b>                      11:30 Lunch                      1:00 <b>Reminiscing Group (AR)</b>                      3:00 <b>Hand Massages W/lotion</b>                      4:00 <b>Meditation W/Relaxing CD (AR)</b></p> <p style="text-align: center;"><b>Drive-By Visits! (9AM-4PM)</b></p>	<p>9:00 <b>PatioTime</b>                      10:00 <b>Daily Chronicles (AR)</b>                      11:00 <b>Sensory Materials</b>                      11:30 Lunch                      1:00 <b>Table Top Games</b>                      3:00 <b>Music and Memory</b>                      3:30 <b>Tuesday Treats!</b></p>	<p>10:00 <b>Daily Chronicles (AR)</b>                      11:00 <b>Hymn Sing-a-Long</b>                      11:30 Lunch                      1:00 <b>Daily Devotions (LR)</b>                      3:00 <b>Aroma Therapy (LR)</b>                      6:00 <b>Evening Meditation on Patio</b></p>	<p>10:00 <b>Daily Chronicles (AR)</b>                      11:00 <b>Sorting/Matching</b>                      11:30 Lunch                      1:00 <b>Instruments</b>                      3:00 <b>Music and Memory</b>                      3:30 <b>Snack Cart</b></p>	<p>10:00 <b>Daily Chronicles (AR)</b>                      11:00 <b>Sensory Games</b>                      11:30 Lunch                      1:00 <b>Facetime/Skype Families</b>                      3:00 <b>Facials</b>                      6:00 <b>Evening Meditation on Patio</b></p>	<p>9:00 <b>Patio Time</b>                      11:00 <b>Music and Movement</b>                      11:30 Lunch                      3:00 <b>Table Top Games</b></p> <p style="text-align: center;"><b>Drive-by Visits (9AM-2PM)</b></p>	
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# JULY 2020 • HEALTH CARE CENTER Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h2>July 2020</h2>			1 9:00 Devotional (EC) 9:30 Exercise (2) 9:45 Humor Wed. (2) 10:00 Current Events (2) 10:00 Drive-By Visit 3:00 Dad's Day Detective 6:00 PBS> Ch. 8 <small>Canada Day</small>	2 9:30 Exercise (2) 9:45 Current Events (2) 10:00 Exercise (3) 10:15 Current Events (3) Devotion Reading 3:00 Thursday Theater (3)	3 9:30 Exercise (2) 9:45 Current Events 10:00 Exercise (3) 10:15 Current Events Devotion Reading 3:00 Arts & Craft (3)	4 1:30 Movie Matinee (EC) 3:00 Ice Cream Treats 3:00 Table Games  <small>Independence Day (US)</small>
5 9:00 FOX Ch. 5 3:00 Table Games 6:00 PBS Ch. 8	6 9:30 Exercise 10:00 Exercise (3) Devotion Reading (2) 10:00 Current Events 3:30 Fresh Air	7 9:30 Movement w/ music 10:00 Exercise (3) Devotion Reading (2) 10:15 You Name It (2) 3:30 Fancy Nails (3)	8 9:00 Devotional (EC) 9:30 Exercise (2) 9:45 Humor Wed. (2) 10:00 Current Events (2) 10:00 Drive-By Visit 3:00 Jolly July Detective 6:00 PBS> Ch. 8	9 9:30 Exercise (2) 9:45 Current Events (2)) 10:00 Exercise (3) 10:15 Current Events Devotion Reading 3:00 Thursday Theater (3)	10 9:30 Exercise (2) 9:45 Current Events 10:00 Exercise (3) 10:15 Current Events Devotion Reading 3:00 Arts & Craft (3)	11 <b>Quanda Off</b>  10:00 Drive-By Visits 1:30 Movie Matinee (EC) 3:00 Table Games
12 9:00 FOX Ch. 5 3:00 Table Games 6:00 PBS Ch. 8	13 9:30 Exercise (2) 10:00 Exercise (3) Devotion Reading 10:00 Current Events 10:15 Password (2) 3:00 Lotion Therapy	14 9:30 Movement w/ music 10:00 Exercise (3) Devotion Reading (2) 10:00 Current Events 2) 10:15 You Name It (2) 3:30 Fancy Nails (3)	15 9:00 Devotional (EC) 9:30 Exercise (2) 9:45 Humor Wed. (2) 10:00 Current Events (2) 10:00 Drive-By Visit 3:00 Summer Vacation Detective 6:00 PBS> Ch. 8	16 9:30 Exercise (2) 9:45 Current Events (2)) 10:00 Exercise (3) 10:15 Current Events Devotion Reading 3:00 Thursday Theater (3)	17 9:30 Exercise (2) 9:45 Current Events (2)) 10:00 Exercise (3) Devotion Reading 10:00 Current Events (2) 3:00 Arts & Craft (3)	18 1:30 Movie Matinee (EC) 3:00 Ice Cream Treats 3:00 Table Games
19 9:00 FOX Ch. 5 3:00 Table Games 6:00 PBS Ch. 8	20 9:30 Exercise (2) 10:00 Exercise (3) Devotion Reading 10:00 Current Events 10:15 Password (2) 3:30 Fresh Air	21 9:30 Movement w/ music 10:00 Exercise (3)) Devotion Reading (2) 10:00 Current Events (2) 10:15 You Name It (2) 3:30 Fancy Nails (3)	22 9:00 Devotional (EC) 9:30 Exercise (2) 9:45 Humor Wed. (2) 10:00 Current Events (2) 10:00 Drive-By Visit 3:00 Doing laundry Detective 6:00 PBS> Ch. 8	23 9:30 Exercise (2) 9:45 Current Events (2)) 10:00 Exercise (3) 10:15 Current Events Devotion Reading 3:00 Thursday Theater (3)	24 9:30 Exercise (2) 9:45 Current Events (2) 10:00 Exercise (3) 10:15 Current Events (3) Devotion Reading 3:00 Arts & Craft (3)	25 <b>Quanda Off</b>  10:00 Drive-By Visits 1:30 Movie Matinee (EC) 3:00 Table Games
26 9:00 FOX Ch. 5 3:00 Table Games 6:00 PBS Ch. 8	27 9:30 Morning Stretch 10:00 Exercise (3) Devotion Reading 10:00 Current Events 10:15 Password (2) 3:30 Lotion Therapy	28 9:30 Movement w/ music 10:00 Exercise (3) Devotion Reading (2) 10:00 Current Events (2) 10:15 You Name It (2) 3:30 Fancy Nails (3)	29 9:00 Devotional (EC) 9:30 Exercise (2) 9:45 Humor Wed. (2) 10:00 Current Events (2) 10:00 Drive-By Visit 3:00 Backyard Campers Detective 6:00 PBS> Ch. 8	30 9:30 Exercise (2) 9:45 Current Events (2)) 10:00 Exercise (3) 10:15 Current Events Devotion Reading 3:00 Thursday Theater (3)	31 9:30 Exercise (2) 9:45 Current Events (2) 10:00 Exercise (3) 10:15 Current Events (3) Devotion Reading 3:00 Arts & Craft (3)	<p>2nd Floor 3rd Floor HC Healthcare MC Memory Care EC Event Center PR Prayer Room L Lounge S Solarium P Patio</p>

Have Questions or Suggestions Contact your Activity Coordinator Quanda @ (346) 571-2222