




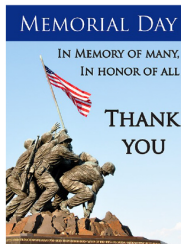


MAY 2020 • INDEPENDENT LIVING Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h2>May 2020</h2> <p>Events may be rescheduled or cancelled due to low turnout or inclement weather.</p>			<div style="border: 2px dashed red; padding: 5px;"> <p>Tune to Channel 103 for daily and upcoming events</p> </div> <div style="border: 1px solid blue; padding: 5px; margin-top: 10px;"> <p>Inside/Outside/Religious Activities</p> </div>	<p>Room Legend</p> <p>EC - Event Center L - Lounge 7W - 7th Floor Conf Rm A/L 2R - Assisted Living/Living Rm PVD - Private Dining Room AR - Aerobics Room PR - Prayer Room SOL - Solarium DR - Discovery Room (Marketing Off) C3 - Channel 3</p>	<p>1 May Day</p> <p>10:00 Exercise with Lily (EC) 10:30 Mindfulness w/ Marianne Marcus (Sol) 1:30 The Great Courses (EC & C3) "The Cathedral" 3:00 Classic Movie "Goodbye, Mr. Chips" Event Center & Channel 3</p>	<p>2</p> <p>1:00 Craft Room (basement) 1:00 Canasta (L) 1:30 Saturday Matinee "Silver Linings Playbook" Event Center 4:00 Pianist, Ginny Croft (L)</p>
<p>3</p> <p>9:00 Devotion led by Virginia Jacoby (EC & Chan 3) 4:00 Pianist, Ava Laing (L)</p>	<p>4</p> <p>Practice SELF-LOVE ... today and always.</p> <p>10:00 Exercise with Frances (EC) 1:30 The Great Courses (EC & C3) "The Cathedral" 3:00 Presentation on using ZOOM Sidney Burrus & Mark Templeton (C3) 8:00 Houston Symphony on 88.7</p>	<p>5 Cinco de Mayo </p> <p>10:00 Exercise with Frances (EC) <i>We will learn how to do the Macarena!</i> 2:30-3:30 Afternoon Treat Delivered to your</p>	<p>6 National Nurses Day</p> <p>9:00 Devotions Praise & Worship (EC) 2:00 Walking with Nurse Kathy 3:00 Dance with Lily (EC) 4:00 Pianist, Susan Alexander (L)</p>	<p>7 </p> <p>10:30 Sing-a-Long with Friends (EC) 2:00 Exercise with Frances (EC)</p>	<p>8</p> <p>10:00 Exercise with Lily (EC) 10:30 Mindfulness w/ Marianne Marcus (Sol) 3:00 Mother's Day Tea Celebrating our BTBM Ladies Door-to-Door</p>	<p>9</p> <p>1:00 Craft Room (basement) 1:00 Canasta (L) 1:30 Saturday Matinee "A Royal Affair" Event Center 4:00 Pianist, Herman Schultz (L)</p>
<p>10 Mother's Day </p> <p>9:00 Devotion led by Skip Britton (EC & Chan 3)</p>	<p>11</p> <p>10:00 Exercise with Lilly (EC) 1:30 The Great Courses (EC & C3) "The Cathedral" 8:00 Houston Symphony on 88.7</p>	<p>12</p> <p>10:00 Exercise with Frances (EC) 2:30-3:30 Afternoon Treat Delivered to your Apartments 6:30—7:30 Live Music, Harpist Ingrid Sevy Moeller (outside in front of the West Tower)</p>	<p>13</p> <p>9:00 Devotions (EC) Praise & Worship (EC) 10:30 Thank you Cards & Posters for our First Responders (EC) 2:00 Walking with Nurse Kathy 3:00 Dance with Lily (EC)</p>	<p>14</p> <p>10:30 Sing-a-long with Friends (EC) 2:00 Exercise with Frances (EC)</p>	<p>15</p> <p>10:00 Exercise with Lily (EC) 10:30 Mindfulness w/ Marianne Marcus (Sol) 1:30 The Great Courses (EC & C3) "The Cathedral" 3:00 Classic Movie "Barefoot in the Park" Event Center & Channel 3</p>	<p>16 Armed Forces Day </p> <p>1:00 Craft Room (basement) 1:00 Canasta (L) 1:30 Saturday Matinee "Patton" Event Center</p>
<p>17</p> <p>9:00 Devotion led by Marjorie Ishee (EC & Chan 3)</p>	<p>18 International Museum Day has been celebrated on this day every year since 1977.</p> <p>10:00 Exercise with Frances (EC) 1:30 The Great Courses (EC & C3) "The Cathedral" 8:00 Houston Symphony on 88.7</p>	<p>19</p> <p>10:00 Exercise with Frances (EC) 2:30-3:30 Afternoon Treat Delivered to your Apartments</p>	<p>20</p> <p>9:00 Devotions (EC) Praise & Worship (EC) 2:00 Walking with Nurse Kathy 3:00 Dance with Lily (EC)</p>	<p>21</p> <p>10:30 Sing-a-Long with Friends (EC) 2:00 Exercise with Frances (EC)</p>	<p>22</p> <p>10:00 Exercise with Lily (EC) 10:30 Mindfulness w/ Marianne Marcus (Sol) 1:30 The Great Courses (EC & C3) "Last in the Series" "The Cathedral" 3:30 Drive-by Happy Hour Delivered to your Apartments</p>	<p>23</p> <p>1:00 Craft Room (basement) 1:00 Canasta (L) 1:30 Saturday Matinee "good night, and good luck" Event Center</p>
<p>24</p> <p>9:00 Devotion led by Harold Rogers (EC & Chan 3)</p>	<p>25 Memorial Day God Bless America! </p>	<p>26</p> <p>10:00 Exercise with Frances (EC) 2:30-3:30 Afternoon Treat Delivered to your Apartments</p>	<p>27</p> <p>9:00 Devotions (EC) Praise & Worship (EC) 2:00 Walking with Nurse Kathy 3:00 Dance with Lily (EC)</p>	<p>28</p> <p>10:30 Sing-a-Long with Friends (EC) 2:00 Exercise with Frances (EC) 3:00 Town Hall w/ Scott (EC & Ch 3)</p>	<p>29</p> <p>10:00 Exercise with Lily (EC) 10:30 Mindfulness w/ Marianne Marcus (Sol) 1:30 The Great Courses (EC & C3) "Heroes & Legends: The Most Influential Characters of Literature" 3:00 Classic Movie "The Last Time I Saw Paris" Event Center & Channel 3</p>	<p>30</p> <p>1:00 Craft Room (basement) 1:00 Canasta (L) 1:30 Saturday Matinee "Legends of the Fall" Event Center</p>
<p>31</p> <p>9:00 Devotion led by Buford Nichols (EC & Chan 3)</p>						


MAY 2020 • ASSISTED LIVING Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday						
<p>Activities Subject to Change.</p> <h2 style="font-size: 2em; font-family: cursive;">May 2020</h2>						<p>10:00 Daily Chronicles (Delivered) 11:00 Exercise (DR3) 11:30 Lunch 2:00 Seasonal Craft (In Room) 3:00 Movie Showing (LR3) W/ Popcorn</p> <p style="text-align: center;">May Day</p>	<p>11:00 Independent Listening (Music) 2:00 Movie Showing (DR3) 4:00 Jennie Croft on Piano</p>					
3	<p>10:00 Daily Chronicles (Delivered) 11:00 Exercise (DR3) 11:00 Lunch 2:00 Crosswords/Puzzles 3:00 Hand Massages/Manicures with lotion</p>	4	<p>10:00 Daily Chronicles (Delivered) 11:00 Yoga (DR3) 11:30 Lunch 2:00 Adult coloring/Word Search 3:00 ROOM BINGO!! W/ Chips and queso Cinco de Mayo</p>	5	<p>10:00 Daily Chronicles (Delivered) 11:00 Exercise (DR3) 11:30 Lunch 2:00 Daily Devotions (Delivered) 3:00 Movie Showing (LR3) 4:00 Susan Alexander on Piano</p>	6	<p>10:00 Daily Chronicles (Delivered) 11:00 Yoga (DR3) 11:30 Lunch 2:00 Aromatherapy (In Room) 3:00 Facetime/Skype Families 3:00 Music & Memory</p>	7	<p>10:00 Daily Chronicles (Delivered) 11:00 Exercise (DR3) 11:30 Lunch 2:00 Seasonal Craft (In Room) 3:00 Mothers Day Tea 4:00 Movie Showing (LR3)</p>	8	9	<p>11:00 Independent Listening (Music) 2:00 Movie Showing (DR3)</p>
10	<p>10:00 Daily Chronicles (Delivered) 11:00 Exercise (DR3) 11:00 Lunch 2:00 Crosswords/Puzzles 3:00 Hand Massages/Manicures with lotion</p> <p style="text-align: center;">Mother's Day</p>	11	<p>10:00 Daily Chronicles (Delivered) 11:00 Yoga (DR3) 11:30 Lunch 2:00 Adult coloring/Word Search 3:00 ROOM BINGO!! 6:00 Harpist (Live Music)</p>	12	<p>10:00 Daily Chronicles (Delivered) 11:00 Exercise (DR3) 11:30 Lunch 2:00 Daily Devotions (Delivered) 3:00 Movie Showing (LR3)</p>	13	<p>10:00 Daily Chronicles (Delivered) 11:00 Yoga (DR3) 11:30 Lunch 2:00 Aromatherapy (In Room) 3:00 Facetime/Skype Families 3:00 Music & Memory</p>	14	<p>10:00 Daily Chronicles (Delivered) 11:00 Exercise (DR3) 11:30 Lunch 2:00 Seasonal Craft (In Room) 3:00 Movie Showing (LR3) W/ Popcorn</p>	15	16	<p>11:00 Independent Listening (Music) 2:00 Movie Showing (DR3)</p> <p style="text-align: center;">Armed Forces Day</p>
17	<p>10:00 Daily Chronicles (Delivered) 11:00 Exercise (DR3) 11:00 Lunch 2:00 Crosswords/Puzzles 3:00 Hand Massages/Manicures with lotion Victoria Day (Canada)</p>	18	<p>10:00 Daily Chronicles (Delivered) 11:00 Yoga (DR3) 11:30 Lunch 2:00 Adult coloring/Word Search 3:00 ROOM BINGO!!</p>	19	<p>10:00 Daily Chronicles (Delivered) 11:00 Exercise (DR3) 11:30 Lunch 2:00 Daily Devotions (Delivered) 3:00 Movie Showing (LR3)</p>	20	<p>10:00 Daily Chronicles (Delivered) 11:00 Yoga (DR3) 11:30 Lunch 2:00 Aromatherapy (In Room) 3:00 Facetime/Skype Families 3:00 Music & Memory</p>	21	<p>10:00 Daily Chronicles (Delivered) 11:00 Exercise (DR3) 11:30 Lunch 2:00 Operation Gratitude (Letters to Veterans) 3:00 Movie Showing (LR3) 3:30 Happy Hour Drive-By</p>	22	23	<p>11:00 Independent Listening (Music) 2:00 Movie Showing (DR3)</p>
24	<p>10:00 Daily Chronicles (Delivered) 11:00 Exercise (DR3) 11:00 Lunch 2:00 Crosswords/Puzzles 3:00</p> <p style="text-align: center;">Memorial Day</p>	25	<p>10:30 Resident Council Meeting (DR3) 11:00 Yoga (DR3) 11:30 Lunch 2:00 Adult coloring/Word Search 3:00 ROOM BINGO!!</p>	26	<p>10:00 Daily Chronicles (Delivered) 11:00 Exercise (DR3) 11:30 Lunch 2:00 Daily Devotions (Delivered) 3:00 Movie Showing (LR3)</p>	27	<p>10:00 Daily Chronicles (Delivered) 11:00 Yoga (DR3) 11:30 Lunch 2:00 Aromatherapy (In Room) 3:00 Facetime/Skype Families 3:00 Music & Memory Shavuot Begins</p>	28	<p>10:00 Daily Chronicles (Delivered) 11:00 Exercise (DR3) 11:30 Lunch 2:00 BINGO STORE!! (DR3) 3:00 Movie Showing (LR3) W/ Popcorn</p>	29	30	<p>11:00 Independent Listening (Music) 2:00 Movie Showing (DR3)</p>
31	<p>May Birthday's Charlotte, Pate 05/31</p>						31	<p>9:00 Devotions on Channel 3 2:00 Water Room Plants 3:00 Hymn Sing A Long (CD)</p>				

MAY 2020 • MEMORY CARE Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h2 style="font-size: 2em; color: #e67e22; text-decoration: underline;">May 2020</h2>					1	2
					10:00 Daily Chronicles 11:00 Sensory Game 11:30 Lunch 1:00 Facetime/Skype families 3:00 Facials 4:00 Enjoy the Sunshine on the Patio May Day	11:00 Balloon Toss 11:30 Lunch 1:00 Music 3:00 Table Games
3	4	5	6	7	8	9
11:00 Hymns 11:30 Lunch 1:00 Movie and Snacks 3:00 Puzzles/Games	10:00 Daily Chronicles 11:00 Sing-a-Long 11:30 Lunch 1:00 Reminiscing 3:00 Hand Massage W/Lotion 4:00 Meditation	10:00 Daily Chronicles 11:00 Sensory Materials 11:30 Lunch 1:00 Table Games 3:00 Music and Memory 3:30 Snack Cart Cinco de Mayo	10:00 Daily Chronicles 11:00 Hymn Songs 11:30 Lunch 1:00 Daily Devotions 3:00 Aromatherapy 4:00 Enjoy the sunshine on the Patio	10:00 Daily Chronicles 11:00 Sorting/Matching 11:30 Lunch 1:00 Instruments 3:00 Relaxing/Meditation 3:30 Snack Cart	10:00 Daily Chronicles 11:00 Sensory Game 11:30 Lunch 1:00 Facetime/Skype families 3:00 Facials 4:00 Enjoy the Sunshine on the Patio	11:00 Balloon Toss 11:30 Lunch 1:00 Music 3:00 Table Games
10	11	12	13	14	15	16
11:00 Hymns 11:30 Lunch 1:00 Movie and Snacks 3:00 Puzzles/Games Mother's Day	10:00 Daily Chronicles 11:00 Sing-a-Long 11:30 Lunch 1:00 Reminiscing 3:00 Hand Massage W/Lotion 4:00 Meditation	10:00 Daily Chronicles 11:00 Sensory Materials 11:30 Lunch 1:00 Table Games 3:00 Music and Memory 3:30 Snack Cart	10:00 Daily Chronicles 11:00 Hymn Songs 11:30 Lunch 1:00 Daily Devotions 3:00 Aromatherapy 4:00 Enjoy the sunshine on the Patio	10:00 Daily Chronicles 11:00 Sorting/Matching 11:30 Lunch 1:00 Instruments 3:00 Relaxing/Meditation 3:30 Snack Cart	10:00 Daily Chronicles 11:00 Sensory Game 11:30 Lunch 1:00 Facetime/Skype families 3:00 Facials 4:00 Enjoy the Sunshine on the Patio	11:00 Balloon Toss 11:30 Lunch 1:00 Music 3:00 Table Games Armed Forces Day
17	18	19	20	21	22	23
11:00 Hymns 11:30 Lunch 1:00 Movie and Snacks 3:00 Puzzles/Games	10:00 Daily Chronicles 11:00 Sing-a-Long 11:30 Lunch 1:00 Reminiscing 3:00 Hand Massage W/Lotion 4:00 Meditation Victoria Day (Canada)	10:00 Daily Chronicles 11:00 Sensory Materials 11:30 Lunch 1:00 Table Games 3:00 Music and Memory 3:30 Snack Cart	10:00 Daily Chronicles 11:00 Hymn Songs 11:30 Lunch 1:00 Daily Devotions 3:00 Aromatherapy 4:00 Enjoy the sunshine on the Patio	10:00 Daily Chronicles 11:00 Sorting/Matching 11:30 Lunch 1:00 Instruments 3:00 Relaxing/Meditation 3:30 Snack Cart	10:00 Daily Chronicles 11:00 Sensory Game 11:30 Lunch 1:00 Facetime/Skype families 3:00 Facials 4:00 Enjoy the Sunshine on the Patio	11:00 Balloon Toss 11:30 Lunch 1:00 Music 3:00 Table Games
24	25	26	27	28	29	30
11:00 Hymns 11:30 Lunch 1:00 Movie and Snacks 3:00 Puzzles/Games	 Memorial Day	10:00 Daily Chronicles 11:00 Sensory Materials 11:30 Lunch 1:00 Table Games 3:00 Music and Memory 3:30 Snack Cart	10:00 Daily Chronicles 11:00 Hymn Songs 11:30 Lunch 1:00 Daily Devotions 3:00 Aromatherapy 4:00 Enjoy the sunshine on the Patio	10:00 Daily Chronicles 11:00 Sorting/Matching 11:30 Lunch 1:00 Instruments 3:00 Relaxing/Meditation 3:30 Snack Cart Shavuot Begins	10:00 Daily Chronicles 11:00 Sensory Game 11:30 Lunch 1:00 Facetime/Skype families 3:00 Facials 4:00 Enjoy the Sunshine on the Patio	11:00 Balloon Toss 11:30 Lunch 1:00 Music 3:00 Table Games
31						
11:00 Hymns 11:30 Lunch 1:00 Movie and Snacks 3:00 Puzzles/Games						

MAY 2020 • HEALTH CARE CENTER Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<i>May 2020</i>						1 9:30 Exercise (2) 9:45 Current Events (2) 10:00 Exercise (3) 10:15 Current Events (3) Devotion Reading 3:00 Wacky Words (3) May Day	2 Quanda Off 1:30 Movie Matinee (EC) 3:00 Table Games
3 9:00 Devotion led by Virginia Jacoby (Ch. 3) 3:00 Table Games 6:00 PBS Ch. 8	4 9:30 Exercise (2) 10:00 Exercise (3) Devotion Reading (2) 10:00 Current Events (2) 3:30 Fresh Air	5 9:30 Movement w/ music (2) 10:00 Exercise (3) Devotion Reading (2) 10:15 You Name It (2) 3:30 Fancy Nails (3) Cinco de Mayo	6 9:00 Devotional (EC) 9:30 Exercise (2) 9:45 Humor Wed. (2) 10:00 Current Event (2) 10:00 Drive-By Visits 3:00 School's Out Detective (3) 6:00 PBS Ch. 8	7 9:30 Exercise (2) 9:45 Current Events (2) 10:00 Exercise (3) 10:15 Current Events (3) Devotion Reading 3:00 Thursday Theater (3)	8 9:30 Exercise (2) 9:45 Current Events (2) 10:00 Exercise (3) 10:15 Current Events (3) Devotion Reading 3:00 Arts & Craft (3)	9 1:30 Movie Matinee (EC) 10:00 Drive-By Visits 3:00 Ice Cream Treats	
10 9:00 Devotion led by Skip Britton (Ch. 3) 6:00 PBS Ch. 8 Mother's Day	11 9:30 Exercise (2) 10:00 Exercise (3) Devotion Reading 10:00 Current Events (2) 10:15 Password (2) 3:00 Lotion Therapy (3)	12 9:30 Movement w/ music (2) 10:00 Exercise (3) Devotion Reading (2) 10:00 Current Events (2) 10:15 You Name It (2) 3:30 Fancy Nails (3)	13 9:00 Devotional (EC) 9:30 Exercise (2) 9:45 Humor Wed. (2) 10:00 Current Events (2) 10:00 Drive-By Visit 3:00 Grandparent's Attic Detective (3) 6:00 PBS Ch. 8	14 9:30 Exercise (2) 9:45 Current Events (2) 10:00 Exercise (3) 10:15 Current Events Devotion Reading 3:00 Thursday Theater (3)	15 9:30 Exercise (2) 9:45 Current Events (2) 10:00 Exercise (3) Devotion Reading 10:00 Current Events (2) 10:15 Hardware Store Shopping 3:00 Arts & Craft (3)	16 Quanda Off 1:30 Movie Matinee (EC) 3:00 Table Games Armed Forces Day	
17 9:00 Devotion led by Marjorie Ishee (Ch. 3) 3:00 Table Games 6:00 PBS Ch. 8	18 9:30 Exercise (2) 10:00 Exercise (3) Devotion Reading 10:00 Current Events (2) 10:15 Password (2) 3:30 Fresh Air Victoria Day (Canada)	19 9:30 Movement w/ music (2) 10:00 Exercise (3) Devotion Reading (2) 10:00 Current Events (2) 10:15 You Name It (2) 3:30 Fancy Nails (3)	20 9:00 Devotional (EC) 9:30 Exercise (2) 9:45 Humor Wed. (2) 10:00 Current Event (2) 10:00 Drive-By Visits 3:00 Texas Road Trip Detective (3) 6:00 PBS Ch. 8	21 9:30 Exercise (2) 9:45 Current Events (2) 10:00 Exercise (3) 10:15 Current Events Devotion Reading (2) 3:00 Thursday Theater (3)	22 9:30 Exercise (2) 9:45 Current Events (2) 10:00 Exercise (3) 10:15 Current Events (3) Devotion Reading 3:00 Shopping List Game	23 10:00 Drive-By Visits 1:30 Movie Matinee (EC) 3:00 Ice Cream Treats	
24 9:00 Devotion led by Harold Roger (Ch. 3) 3:00 Table Games 6:00 PBS Ch.	25 9:30 Morning Stretch (2) 10:00 Exercise (3) Devotion Reading 10:00 Current Events (2) 10:15 Password (2) 3:30 Fresh Air Memorial Day	26 9:30 Movement w/ music (2) 10:00 Exercise (3) Devotion Reading (2) 10:00 Current Events (2) 10:15 You Name It (2) 3:30 Fancy Nails (3)	27 9:00 Devotional (EC) 9:30 Exercise (2) 9:45 Humor Wed. (2) 10:00 Current Event (2) 10:00 Drive-By Visits 3:00 Grandparent's Attic Detective (3) 6:00 PBS Ch. 8	28 9:30 Chair Yoga (2) 9:45 Current Events (2) 10:00 Exercise (3) 10:15 Current Events (3) 3:00 Thursday Theater (3)	29 9:30 Exercise (2) 9:45 Current Events (2) 10:00 Current Events (2) 10:15 Five Clue what is IT? 3:00 End of the month Bornday Celebration (P)	30 Quanda Off 1:30 Movie Matinee (EC) 3:00 Table Games	
31 9:00 Devotion led by Buford Nichols (Ch.3) 3:00 Table Games 6:00 PBS Ch. 8	 Mrs. Parker May 16						