APRIL 2020 • INDEPENDENT LIVING Activities Calendar

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	,	be rescheduled or cancelled due to low turn inclement weather.		 April Fool's Day 9:00 Devotions Praise & Worship (EC) 11—1 PM Shredding Day 	2 10:30 Hymn Sing led by the Golden Choir (EC) 2:30 Afternoon Treat Delivered to your Apartments	3 10:30 Mindfulness (Sol) 3:30 Drive-by Happy Hour Delivered to your Apartments	4 1:00 Craft Room (basement) 1:00 Rummikub & Canasta (L) 1:30 <i>Saturday Matinee</i> "The Prize Winner" (EC)
5	Palm Sunday	6	7	8 Passover (begins)	9 Maundy Thursday	10 Good Friday	11
	 Devotion led by Rev. Wilson Boots (EC) Mexican Train Dominos (Bar) 	Let your faith be bigger than your fear. Have faith Success will be near. - Eckhart Tolle 1:30 The Great Courses (EC) ""The Cathedral" 8:00 Houston Symphony on 88.7	10:00 Exercise with Frances (EC)2:30 Afternoon Treat Delivered to your Apartments	 9:00 Devotion led by Mary Cheek (EC) 2:00 Exercise with Lily (EC) 	 10:30 Hymn Sing led by the Golden Choir (EC) 2:00 Exercise with Frances (EC) 	10:30 Mindfulness (Sol) 1:30 Classic Movie (EC) "The Asphalt Jungle" starring Sterling Hayden, Louis Calhern	 1:00 Craft Room (basement) 1:00 Rummikub & Canasta (L) 1:30 Saturday Matinee "Philomena" (EC)
12	Easter Sunday	13 Thomas Jefferson's Birthday	14	15	16 Passover (ends)	17	18
9:00 2:00	Devotion led by Rev. Louise Row (EC) Mexican Train Dominos (Bar)	I BELIEVE, and therefore anything is possible #FearlessSoul - Eckhart Tolle 1:30 The Great Courses (EC) ""The Cathedral" 8:00 Houston Symphony on 88.7	10:00 Exercise with Frances (EC)2:30 Afternoon Treat Delivered to your Apartments	9:00 Devotions (EC) Praise & Worship (EC) 2:00 Exercise with Lily (EC)	 10:30 Hymn Sing led by the Golden Choir (EC) 2:00 Exercise with Frances (EC) 	 10:30 Mindfulness (Sol) 3:30 Drive-by Happy Hour Delivered to your Apartments 	 1:00 Craft Room (basement) 1:00 Rummikub & Canasta (L) 1:30 Saturday Matinee "The Music Man" (EC)
19		20	21	22	23	24	25
9:00 2:00	Devotion led by Rev. Mary Currie (EC) Mexican Train Dominos (Bar)	 The primary cause of unhappiness is never the situation, but your thoughts about it. <i>Eckhart Tolle</i> 1:30 The Great Courses (EC) "The Cathedral" 8:00 Houston Symphony on 88.7 	10:00 Exercise with Frances (EC)2:30 Afternoon Treat Delivered to your Apartments	9:00 Devotions (EC) Praise & Worship (EC) 2:00 Exercise with Lily (EC)	 10:30 Hymn Sing led by the Golden Choir (EC) 2:00 Exercise with Frances (EC) 	 10:30 Mindfulness (Sol) 3:30 Drive-by Happy Hour Delivered to your Apartments 	 I:00 Craft Room (basement) I:00 Rummikub & Canasta (L) I:30 Saturday Matinee "Matchstick Man" (EC)
26		27	28	29	30	Room Legend	
9:00 2:00	Devotion led by Virginia Streit (EC) Mexican Train Dominos (Bar)	I am never in control of what happens around me but I am always in control of what happens within me. - <i>Eckhart Tolle</i> I:30 The Great Courses (EC) ""The Cathedral" 8:00 Houston Symphony on 88.7	10:00 Exercise with Frances (EC)2:30 Afternoon Treat Delivered to your Apartments	9:00 Devotions (EC) Praise & Worship (EC) 2:00 Exercise with Lily (EC)	 10:30 Hymn Sing led by the Golden Choir (EC) 2:30 Afternoon Treat Delivered to your Apartments 	EC - Event Center L - Lounge 7W - 7th Floor Conf Rm A/L 2R - Assisted Living/Living Rm PVD - Private Dining Room AR - Aerobics Room PR - Prayer Room SOL- Solarium DR - Discovery Room (Marketing Off)	Tune to Channel 3 for daily and upcoming events Inside/Outside/Religious Activities

APRIL 2020 • ASSISTED LIVING Activities Calendar

Sunda	у	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		April Assisted Livir		1 10:00 Daily Chronicles (Delivered) 10:30 Small Group Exercise (2nd floor only) 11:00 Small Group Exercise (3rd floor only) 11:30 Lunch 2:00 Daily Devotions/Bible Reading 3:00 Movie Showing (AR2) (AR3) April Fools' Day	2 10:00 Daily Chronicles(Delivered) 10:30 Small Group Yoga (2nd floor only) 11:00 Small Group Yoga (3rd floor only) 11:30 Lunch 2:00 Aromatherapy (In Room) Hand Massage/Nails 3:00 Facetime/Skype Families	11:00 Small Group Exercise (3rd floor only) 11:30 Lunch	4 10:00 Daily Chronicles(Delivered) 11:30 Lunch 1:00 Independent Listening (Music) 2:00 Water Room Plants 3:00 Movie Showing (AR2) (AR3)
10:00 Daily Chronicle 11:30 Lunch 2:00 Hymn Sing A Lo 3:00 Daily Devotions Reading Palm Sunday	ong (CD) s/Bible	(2nd floor only) 11:00 Small Group Exercise (3rd floor only)		8 10:00 Daily Chronicles (Delivered) 10:30 Small Group Exercise (2nd floor only) 11:00 Small Group Exercise (3rd floor only) 11:30 Lunch 2:00 Daily Devotions/Bible Reading 3:00 Movie Showing (AR2) (AR3)	9 10:00 Daily Chronicles(Delivered) 10:30 Small Group Yoga (2nd floor only) 11:00 Small Group Yoga (3rd floor only) 11:30 Lunch 2:00 Aromatherapy (In Room) Hand Massage/Nails 3:00 Facetime/Skype Families	(2nd floor only) 11:00 Small Group Exercise (3rd floor only) 11:30 Lunch	11:00 Daily Chronicles(Delivered) 11:30 Lunch 1:00 Independent Listening (Music) 2:00 Water Room Plants 3:00 Movie Showing (AR2) (AR3)
10:00 Daily Chronicle 11:30 Lunch 2:00 Hymn Sing A Lo 3:00 Daily Devotions Reading	ong (CD) s/Bible	(2nd floor only) 11:00 Small Group Exercise (3rd floor only)	14 10:00 Daily Chronicles(Delivered) 10:30 Small Group Yoga (2nd floor only) 11:00 Small Group Yoga (3rd floor only) 11:30 Lunch 2:00 Adult Coloring/WordSearch 3:00 ROOM BINGO	15 10:00 Daily Chronicles (Delivered) 10:30 Small Group Exercise (2nd floor only) 11:00 Small Group Exercise (3rd floor only) 11:30 Lunch 2:00 Daily Devotions/Bible Reading 3:00 Movie Showing (AR2) (AR3)	16 10:00 Daily Chronicles(Delivered) 10:30 Small Group Yoga (2nd floor only) 11:00 Small Group Yoga (3rd floor only) 11:30 Lunch 2:00 Aromatherapy (In Room) Hand Massage/Nails 3:00 Facetime/Skype Families	10:00 Daily Chronicles(Delivered) 10:30 Small Group Exercise (2nd floor only) 11:00 Small Group Exercise (3rd floor only)	10:00 Daily Chronicles(Delivered) 11:30 Lunch 1:00 Independent Listening (Music) 2:00 Water Room Plants 3:00 Movie Showing (AR2) (AR3)
10:00 Daily Chronicle 11:30 Lunch 2:00 Hymn Sing A Lo 3:00 Daily Devotions Reading	ong (CD)	(2nd floor only)	21 10:00 Daily Chronicles(Delivered) 10:30 Small Group Yoga (2nd floor only) 11:00 Small Group Yoga (3rd floor only) 11:30 Lunch 2:00 Adult Coloring/WordSearch 3:00 ROOM BINGO	22 10:00 Daily Chronicles (Delivered) 10:30 Small Group Exercise (2nd floor only) 11:00 Small Group Exercise (3rd floor only) 11:30 Lunch 2:00 Daily Devotions/Bible Reading 3:00 Movie Showing (AR2) (AR3) Earth Day			25 10:00 Daily Chronicles(Delivered) 11:30 Lunch 1:00 Independent Listening (Music) 2:00 Water Room Plants 3:00 Movie Showing (AR2) (AR3)
10:00 Daily Chronicle 11:30 Lunch 2:00 Hymn Sing A Lo 3:00 Daily Devotions Reading	ong (CD)	10:00 Daily Chronicles(Delivered) 10:30 Small Group Exercise (2nd floor only)	28 10:00 Daily Chronicles(Delivered) 10:30 Small Group Yoga (2nd floor only) 11:00 Small Group Yoga (3rd floor only) 11:30 Lunch 2:00 Adult Coloring/WordSearch 3:00 ROOM BINGO	29 10:00 Daily Chronicles (Delivered) 10:30 Small Group Exercise (2nd floor only) 11:00 Small Group Exercise (3rd floor only) 11:30 Lunch 2:00 Daily Devotions/Bible Reading 3:00 Movie Showing (AR2) (AR3)	30 10:00 Daily Chronicles(Delivered) 10:30 Small Group Yoga (2nd floor only) 11:00 Small Group Yoga (3rd floor only) 11:30 Lunch 2:00 Aromatherapy (In Room) Hand Massage/Nails 3:00 Facetime/Skype Families	•	e forecast , ke it's SPRING." -Lilly Pulitzer

APRIL 2020 • MEMORY CARE Activities Calendar

Sunday	Monday	Tuesday	Wednesday		Thursday	Friday	Saturday
	bril 202	0	10:00 Daily Chronicles 11:00 Hymn Sing 11:30 Lunch 1:00 Daily Devotions 3:00 Aromatherapy April Fools' Day	1	2 10:00 Daily Chronicles 11:00 Sorting/Matching 11:30 Lunch 1:00 Instruments 3:00 Relaxing meditation	3 10:00 Daily Chronicles 11:00 Sensory Game 11:30 Lunch 1:00 Assist in Phone Calls 3:00 Facials	4 10:00 Daily Chronicles 11:00 Balloon Toss 11:30 Lunch 1:00 Music 3:00 Table Games
5 10:00 Daily Chronicles 11:00 Hymns 11:30 Lunch 1:00 Movie and Snacks 3:00 Puzzles/Games	10:00 Daily Chronicles 11:00 Sing-a-Long 11:30 Lunch 1:00 Reminiscing 3:00 Hand Massages W/Lotion	7 10:00 Daily Chronicles 11:00 Sensory Materials 11:30 Lunch 1:00 Table Games 3:00 Music	10:00 Daily Chronicles 11:00 Hymn Sing 11:30 Lunch 1:00 Daily Devotions 3:00 Aromatherapy	8	9 10:00 Daily Chronicles 11:00 Sorting/Matching 11:30 Lunch 1:00 Instruments 3:00 Relaxing meditation	10:00 Daily Chronicles 11:00 Sensory Game 11:30 Lunch 1:00 Assist in Phone Calls 3:00 Facials	11 10:00 Daily Chronicles 11:00 Balloon Toss 11:30 Lunch 1:00 Music 3:00 Table Games
Palm Sunday 12 10:00 Daily Chronicles 11:00 Hymns 11:30 Lunch 1:00 Movie and Snacks 3:00 Puzzles/Games Easter Sunday	13 10:00 Daily Chronicles 11:00 Sing-a-Long 11:30 Lunch 1:00 Reminiscing 3:00 Hand Massages W/Lotion	14 10:00 Daily Chronicles 11:00 Sensory Materials 11:30 Lunch 1:00 Table Games 3:00 Music	Passover Begins 10:00 Daily Chronicles 11:00 Hymn Sing 11:30 Lunch 1:00 Daily Devotions 3:00 Aromatherapy	15	16 10:00 Daily Chronicles 11:00 Sorting/Matching 11:30 Lunch 1:00 Instruments 3:00 Relaxing meditation	Good Friday 10:00 Daily Chronicles 11:00 Sensory Game 11:30 Lunch 1:00 Assist in Phone Calls 3:00 Facials	18 10:00 Daily Chronicles 11:00 Balloon Toss 11:30 Lunch 1:00 Music 3:00 Table Games
19 10:00 Daily Chronicles 11:00 Hymns 11:30 Lunch 1:00 Movie and Snacks 3:00 Puzzles/Games	20 10:00 Daily Chronicles 11:00 Sing-a-Long 11:30 Lunch 1:00 Reminiscing 3:00 Hand Massages W/Lotion	21 10:00 Daily Chronicles 11:00 Sensory Materials 11:30 Lunch 1:00 Table Games 3:00 Music	10:00 Daily Chronicles 11:00 Hymn Sing 11:30 Lunch 1:00 Daily Devotions 3:00 Aromatherapy	22	23 10:00 Daily Chronicles 11:00 Sorting/Matching 11:30 Lunch 1:00 Instruments 3:00 Relaxing meditation Ramadan Begins	24 10:00 Daily Chronicles 11:00 Sensory Game 11:30 Lunch 1:00 Assist in Phone Calls 3:00 Facials Arbor Day	25 10:00 Daily Chronicles 11:00 Balloon Toss 11:30 Lunch 1:00 Music 3:00 Table Games
26 10:00 Daily Chronicles 11:00 Hymns 11:30 Lunch 1:00 Movie and Snacks 3:00 Puzzles/Games Brazos Towers Memory Care A	27 10:00 Daily Chronicles 11:00 Sing-a-Long 11:30 Lunch 1:00 Reminiscing 3:00 Hand Massages W/Lotion	28 10:00 Daily Chronicles 11:00 Sensory Materials 11:30 Lunch 1:00 Table Games 3:00 Music	10:00 Daily Chronicles 11:00 Hymn Sing 11:30 Lunch 1:00 Daily Devotions 3:00 Aromatherapy	29	30 10:00 Daily Chronicles 11:00 Sorting/Matching 11:30 Lunch 1:00 Instruments 3:00 Relaxing meditation		

APRIL 2020 • **HEALTH CARE CENTER Activities Calendar**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2nd Floor 3rd Floor HC Healthcare MC Memory Care EC Event Center PR Prayer Room L Lounge S Solarium	April		1 9:00 Devotional (EC) 9:30 Exercise (2) 9:45 Humor Wed. (2) 10:00 Current Events (2) 10:00 Caring Friends (S) 10:00 Walk Abouts w/ Brazos Angels 3:00 Family Game Drawer Detective (3) 6:00 PBS Ch. 8	2 9:30 Chair Yoga (2) 9:45 Devotion Reading (2) 10:00 Art w/ Lisa (3) 10:30 Golden Choir (L) 3:00 Thursday Theater (3)	3 9:30 Exercise (2) 9:45 Devotion Reading (2) 10:00 Current Events (2) 10:15 Wacky Words (2) 11:00 Grillin' Day 3:00 Patio Talk	4 Quanda Off 10:00 Sing Along (2) 11:00 Caring Friends 1:15 Movie Matinee (EC) 3:00 Table Games 7:00 Bingo (EC)
5 Palm Sunday	6	7	8 Passover begins	9 Maundy Thursday	10 Good Friday	11
10:00 Devotional w/ Marjorie Ishee (2) 11:00 Caring Friends 3:00 Table Games 6:00 PBS Ch. 8	9:30 Morning Stretch (2) 9:45 Devotion Reading (2) 10:00 Current Events (2) 10:15 Password (2) 3:00 Lotion Therapy (3) 3:30 Fancy Nails (3)	 9:30 Movement w/ music (2) 9:45 Devotion Reading (2) 10:00 Resident Council (2) 10:15 You Name It (2) 3:30 Fancy Nails (3) 	 9:00 Devotional (EC) 9:30 Exercise (2) 9:45 Humor Wed. (2) 10:00 Current Events (2) 10:00 Caring Friends (S) 10:00 Walk Abouts w/ Brazos Angels 3:00 Grandparent's Attic Detective (3) 5:00 Candlelight Dinner 	9:30 Chair Yoga (2) 9:45 Devotion Reading (2) 10:00 Current Event (2) 10:30 Golden Choir (L) 3:00 Thursday Theater (3)	 9:30 Exercise (2) 9:45 Devotion Reading (2) 10:00 Arts & Craft (2) 3:00 Patio Talk 3:30 Shabbat (S) 	10:00 Sing Along (2) 11:00 Caring Friends 3:00 Ice Cream Treats 7:00 Bingo (EC)
12 Easter Sunday	13 Quanda Off	14	15	16 Passover ends	17	18 Quanda Off
10:00 Devotional w/ Louise Row (2) 11:00 Caring Friends 3:00 Table Games 3:30 Caring Critters 6:00 PBS Ch. 8	9:30 Morning Stretch (2) 9:45 Devotion Reading (2) 10:00 Current Events (2) 10:15 Password (2) 3:00 Lotion Therapy (3)	9:30 Movement w/ music (2) 9:45 Devotion Reading (2) 10:00 Current Events 2) 10:15 You Name It (2) 3:30 Fancy Nails (3)	 9:00 Devotional (EC) 9:30 Exercise (2) 9:45 Humor Wed. (2) 10:00 Current Event (2) 10:00 Walk Abouts w/ Brazos Angels 3:00 School's Out Detective (3) 	9:30 Chair Yoga (2) 9:45 Devotion Reading (2) 10:00 Current Events (2) 10:30 Golden Choir (L) 3:00 Thursday Theater(3)	 9:30 Exercise (2) 9:45 Devotion Reading (2) 10:00 Current Events (2) 10:15 Hardware Store Shopping 3:00 Patio Talk 	10:00 Sing Along (2) 11:00 Caring Friends 3:00 Table Games 7:00 Bingo (EC)
19	20	21	22	23	24 Arbor Day	25
10:00 Devotional w/ Louise Row (2) 11:00 Caring Friends 3:00 Table Games 6:00 PBS Ch. 8	9:30 Morning Stretch (2) 9:45 Devotion Reading (2) 10:00 Current Events (2) 10:15 Password (2) 3:00 Lotion Therapy (3) 3:30 Fancy Nails (3)	 9:30 Movement w/ music (2) 9:45 Devotion Reading (2) 10:00 Current Events (2) 10:15 You Name It (2) 3:30 Fancy Nails (3) 	 9:00 Devotional (EC) 9:30 Exercise (2) 9:45 Humor Wed. (2) 10:00 Current Event (2) 10:00 Walk Abouts w/ Brazos Angels 3:00 Texas Road Trip Detective (3) 6:00 PBS Ch. 8 	 9:30 Chair Yoga (2) 9:45 Devotion Reading (2) 10:00 Current Events (2) 10:30 Golden Choir (L) 3:00 Thursday Theater (3) 	 9:30 Exercise (2) 9:45 Devotion Reading (2) 10:00 Current Events (2) 10:15 Five Clue what is IT? 3:00 End of the month Bornday Celebration (P) 	10:00 Sing Along (2) 11:00 Caring Friends 1:15 Movie Matinee (EC) 3:00 Ice Cream Treats 7:00 Bingo (EC)
26	27 Quanda Off	28	29	30		Ms. Golden April 12 Ms. Coller April 29
10:00 Devotional (2) w/Nancy Sauer 11:00 Caring Friends 3:00 Table Games 6:00 PBS Ch. 8	 9:30 Morning Stretch (2) 9:45 Devotion Reading (2) 10:00 Current Events (2) 10:15 Password (2) 3:00 Lotion Therapy (3) 	9:30 Movement w/ music (2) 9:45 Devotion Reading (2) 10:00 Current Events (2) 10:15 You Name It (2) 3:30 Fancy Nails (3)	 9:00 Devotional (EC) 9:30 Exercise (2) 9:45 Humor Wed.(2) 10:00 Current Event (2) 10:00 Walk Abouts w/ Brazos Angels 3:00 Grandparent's Attic Detective (3) 6:00 PBS Ch. 8 	 9:30 Chair Yoga (2) 9:45 Devotion Reading (2) 10:00 Current Events (2) 10:30 Golden Choir (L) 3:00 Thursday Theater (3) 		Ms. Koehl April 29